



Post Adoption Resource Guide Regions 5 & 6

We hope you find our Resource Guide helpful. Please let us know if you find any resources that are no longer available or applicable. Likewise, if you know of resources that would be of assistance to other adoptive/guardian families, please let us know so that we may add them to help other families as well.

Please note: This list does not represent an association, endorsement, recommendation, or preference by the Judson Center or the Michigan Department of Health and Human Services of any company, organization, individual or group listed; or their services, ideology, treatment, or support practices. You are encouraged to fully investigate to determine what is most appropriate for you and your family’s needs.

This entire guide is available on our website (www.parc-judson.org) and includes information for the counties listed below.

To “jump” to a section, hold the “CTRL” button while clicking on the selected county.

Region 5	Region 6	Surrounding Counties
<u>Click on your County</u>	<u>Click on your County</u>	<u>Click on your County</u>
<u>Barry</u>	<u>Genesee</u>	<u>Allegan</u>
<u>Branch</u>	<u>Huron</u>	<u>Bay</u>
<u>Calhoun</u>	<u>Lapeer</u>	<u>Berrien</u>
<u>Eaton</u>	<u>Sanilac</u>	<u>Cass</u>
<u>Hillsdale</u>	<u>St. Clair</u>	<u>Clinton</u>
<u>Ingham</u>	<u>Tuscola</u>	<u>Ionia</u>
<u>Jackson</u>		<u>Kent</u>
<u>Kalamazoo</u>		<u>Macomb</u>
<u>Lenawee</u>		<u>Oakland</u>
<u>Livingston</u>		<u>Saginaw</u>
<u>Monroe</u>		<u>Shiawassee</u>
<u>St. Joseph</u>		<u>Van Buren</u>
<u>Washtenaw</u>		<u>Wayne</u>

Other sections:

- [State and National Resources \(including camps\)](#)
- [Books, General Online Resources for Parents](#)
 - [Online Articles](#)

Allegan County:

Crisis Helpline

Allegan County CMH Authority.....(269) 673-0202
Or (888) 354-0596

Counseling

Allegan County Community Mental Health.....(269) 673-6617
• 3285 122nd Ave., Allegan, MI 49010

Bethany Christian Services..... (616) 396-0623
• Specialized trauma treatment for children 3-18 who have been adopted
• Most insurance accepted, ability to pay scale
• Location: 12048 James St., Holland, MI 49428
• Website: <http://www.bethany.org/holland>

Betty Jo Bell, LLP..... (616) 355-7720
• Location: 375 Fairbanks Suite 102, Holland, MI 49423
• Email: bjbell@tds.net

Catholic Charities of West Michigan..... (616) 356-6247
• Website: <https://ccwestmi.org/what-we-do/counseling-services/>
• Multiple locations along the west coast of Michigan

Ottagan Addictions Recovery..... (616) 396-5284
• Location: 483 Century Lane, Holland, MI 49423
• Website: <http://www.oar-inc.org/>

Pat Crum Lubben.....(616) 540-0149
• Parent Educator/Counselor with the Child Protection Team
• Certified in brain-based learning, responding to trauma and loss in children, gender-based learning differences.
• Email: fnemi@yahoo.com
• Holland, MI

Pathways of Michigan..... (616) 396-2301
• Website: <http://www.pathwaysmi.org/>

WMU Clinic for Counseling and Psychological Services..... (616) 771-4171
• Location: WMU-Grand Rapids, Downtown. 200 Ionia Ave SW. Grand Rapids, MI 49503
• Website: <http://www.wmich.edu/grandrapids/counseling/>

Support Groups

- Bethany Christian Services..... (616) 396-0623
- Free support groups

Psychiatrists

- Allegan County Community Mental Health..... (269) 673-0202
- Location: 3285 122nd Avenue, P.O. Drawer 130, Allegan, MI 49010

Respite

- Allegan County Community Mental Health..... (269) 673-0202
- Location: 3285 122nd Avenue, P.O. Drawer 130, Allegan, MI 49010

Barry County:

Crisis Helpline

- Barry County Mental Health Authority.....(866) 266-4781
- Location: 500 Barfield Drive, Hastings, MI 49058

Counseling

- Family and Children Services.....(269) 948-4096
- Pine Rest Christian Mental Health Services.....(616) 891-8770
- Location: 450 Meadow Run, Suite 300, Hastings, MI 49058
 - Website: <http://www.pinerest.org/home>
- Berry County CMH Authority.....(269) 948-8041
- Location: 500 Barfield Drive, Hastings, MI 49058

Bay County:

Crisis Helpline

- *Bay-Arenac Behavioral Health Authority (CMH)(989) 895-2300
24/7 (800) 327-4693

Counseling

- Bay-Arenac Behavioral Health Authority (CMH)..... (989) 895-2300
- Location: 201 Mulholland, Bay City, MI 48708

Support Groups

- ARC of Bay County..... (989) 893-1346
- Monthly support group for family, parents, friends, and advocates of the mentally disable at 7:00pm
 - ARC office location: 708 Columbus Ave., Bay City, MI 48708

Psychiatrists

- Sachin B. Nagarkar..... (989) 684-7977
- Location: 126 Washington Ave., Bay City, MI 48708
 - Accepts Aetna, Blue Cross/ Blue Shield, CIGNA, MultiPlan, and Principal Financial insurance
- Talasila & Talasila Mds.....(989)799-5440
- Location: 200 S. Wenona St., Ste. G29, Bay City, MI 48706
 - Medicare, Medicaid Accepted

Respite

- Family Support..... (800) 448-5498
- Family Support provides case coordination, counseling, and respite to children (and their families) who have a developmental disability such as Mental Retardation, Autism, Epilepsy, or Cerebral Palsy).
 - Services may be requested by calling
 - Website: <http://www.babha.org>

Parenting Classes

- Building Strong Families.....(989) 895-4026
- A 15-week parenting education series offered to parents who have young children age birth to three years.
 - A trained parenting staff person from the MSU Extension visits families 1:1 in their home to discuss parenting, child development, child safety, nutrition, reading to your child, connecting with community resources, handling difficult behavior, etc.
 - Contact Ann Arnold or Karen Gentle

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Family Enrichment Classes.....(989) 686-4800

- An 8-week parenting series offered by the YWCA of Bay County throughout the year
- Classes meet in the evening and include dinner
- Assistance with childcare and transportation is provided
- No charge for the group

Parenting Angry and Defiant Kids.....(989) 895-2240

- An 8-week series for parents to learn how to cope with and effectively parent angry and defiant kids
- Contact Bay Arenac Behavioral Health

Parenting with Love and Logic.....(989) 677-9661

- A 7-week parenting series, offered by MPA Group Ltd. throughout the year.
- Educational course that offers fun and easy to use parenting techniques to use with children of all ages
- Free for those with Medicaid
- Scholarships available
- Contact Michelle Richards

Post Adoption Services

Catholic Family Services of the Diocese of Saginaw..... (989) 892-1923

Berrien County:

Crisis Helpline

*Berrien County Community Mental Health Authority(269) 445-2451

Counseling

Barrien Mental Health Authority (CMH).....(269)934-1602

- Location: 1485 M 139, P.O. Box 547, Benton Harbor, MI 49023

Anne Carpenter, PhD.....(269) 795-6778

- Works with families, couples, and individuals
- Specializes in depression, relationship issues, and eating disorders.
- No sliding scale, but BlueCross/BlueShield is accepted
- Location: 3408 Niles Rd., Saint Joseph, Michigan 49085

*Harold Smith..... (269) 409-1914

- Works with couples, families, and individuals

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- Specializes in ADD/ADHD, child/adolescent depression, loss, trauma and PTSD, and relationship issues
 - A sliding scale is available for payment and a wide range of insurance is accepted
 - Location: 9067 US Highway 31, Suite 203, Berrien Springs, MI 49103
- *Lutheran Social Services of Michigan..... (855) 444-3911
- Meet mental health needs of children and adults involved with CPS, protect Michigan families, foster care, SIL, voluntary young adult foster care, and post
 - Adoption or Guardianship
 - Outpatient or outreach counseling services in an individual, family or group capacity
 - Therapeutic parent coaching to enhance parenting skills
 - Gain understanding of life experiences within the Child Welfare System
 - Assist with emotion regulation
 - Decrease negative behaviors
 - Accepts Medicaid and bills them directly
 - Location: 1803 Whites Road, Suite 5, Kalamazoo, MI 49008
 - Email: CFtherapy@lssm.org
- Margo Runkle..... (269) 245-0409
- Specializes in anger management, anxiety, and depression.
 - Accepts a wide variety of insurances
 - Location: Peace of Mind Counseling Center, Saint Joseph, MI 49085
- *John Berez..... (269) 795-6310
- Works with couples, families, and individuals
 - Specializes in adoption and family conflict
 - Uses a sliding scale for payment and insurance is accepted
 - Location: 2117 Grange Road, Buchanan, MI 49107
- *Kandyce K. Brink.....(269) 205-6650
- Works with families, couples, and individuals
 - Specializes in adoption, mood disorders, anxiety, and self-esteem
 - Offers a sliding scale for payment and accepts a wide range of insurance
 - Location: 1804 Colfax Avenue., St. Joseph Charter Township, Benton Harbor, MI 49022
- *Kristine Proctor, LMSW..... (269) 205-6386
- Works with families and individuals
 - Specializes in adoption, child/adolescent developmental disorders, and ADD/ADHD

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- Average cost per session is \$110, no sliding scale is offered, and BlueCross/BlueShield is accepted
- Location: NatureWorks, LLC, 3408 Niles Road, Saint Joseph, MI 49085

*Kurt Michael Hanus..... (312) 409-4819

- Works with couples and individuals
- Specializes in adoption, anxiety, depression, and relationship issues
- A sliding scale is available and insurance is accepted
- Location: 1030 Miners Road, Saint Joseph, MI 49085

Mark Rankin..... (231) 981-8982

- Works with adolescents/teens and adults
- Specializes in loss or grief, anger management, depression, domestic abuse, and relationship issues
- Average cost per session is \$50-\$100. A sliding scale is available and several insurances are accepted.
- Location: Shoreline Consultation Services, 435 Peck Street, Muskegon, MI 49441

Riverwood Center of Berrien Mental Health Authority/ Community Mental Health

- Phone Contact: (269) 925-0585 or (800) 336-0341
- Offers psychiatry, psychiatric nursing, psychology, social work, counseling, education, rehabilitation, speech therapy, occupational therapy, and physical therapy.
- Services include assessment, crisis intervention, individual, family, marital, and group counseling, psychiatric services, information/referral and self-help, vocational services, respite care, home-based services, and referral for hospitalization.
- Accepts Medicaid, Medicare, and some other insurances. They also treat people who don't have insurance. Payment for services is based on your ability to pay, which is determined during your visit.
- If you have private insurance you may need to use one of your insurer's providers before receiving services from the Riverwood Center. Please check with your insurance to see what behavioral or mental health services are covered and what copays or fees you may have. Depending on your insurance plan, there may be no cost.
- Location: 1485 M-139, Benton Harbor, MI 49022
- Website: www.riverwoodcenter.org

*Yojana Veeramasuneni..... (269) 408-1688

- Works with families, couples, and individuals
- Specializes in adoption, depression, relationship issues, and personality disorders
- Average cost per session is \$130-\$170, but a sliding scale is available

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- BlueCross/BlueShield is accepted
- Location: Psychiatric Specialties, 1030 Miners Road, St. Joseph, MI 49085

Family Therapy and Development Center..... (269) 982-3832

- Provides short-term treatment with long-term results for children, couples, families and adults utilizing a multimodal, holistic treatment approach tailored to the individual's needs. Has staff that works with adoption and foster care adjustment issues.
- Location: 2460 Lakeshore Drive, St. Joseph, MI 49085 or 4384 Laurel Drive St. Joseph, MI 49085
- Website: <http://www.familytherapydevelopmentcenters.com/contact.html>

Support Groups

Berrien Connect

- A support group for foster, kinship, and adoptive parents
- Meets every 2nd Thursday each month. Family dinner served at 5:30pm.
- Kids activities (0-teen) and adult support group from 6:30-7:30 pm.
- Location: Pioneer Memorial Church, Andrews University, 8655 University Blvd., Berrien Springs, MI.
- For more information or to RSVP, contact Carol at godshands4kids@gmail.com.

Divine Divas..... (269) 985-0111

- A support group for women with developmental disabilities
- Meets every 2nd Friday of every month from 11:00am-1:30pm
- Location: Riverview Park Christian Church, 2929 Niles Road, St. Joseph, MI 49085
- Contact Cindy Gray at the phone number listed above for more information

National Alliance on Mental Illness Southwestern MI..... (269) 463-7061

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- Location: P.O. Box 23, Sodus, MI 49126
- Website: <http://www.namiswmi.org/>

Psychiatrists

- Dennis Peter Padla..... (269) 983-3885
- Location: 211 Hilltop Rd., Ste. H, St. Joseph, MI 49085
 - Accepts many different kinds of insurance, including Medicare
- John Joseph Taglia..... (269) 925-0585
- Location: 1485 M-139, Benton Harbor, MI 49022
 - Accepts Blue Cross/ Blue Shield insurance
- Larry Brian Feldman..... (269) 921-0531
- Specializes in neuropsychiatry
 - Location: 8800 Blackhawk Dr., Lakeside, MI 49116
 - Accepts Medicare
- Lucien P Tamer..... (269) 925-0585
- Location: Riverwood Treatment Center, 1485 M-139, Benton Harbor, MI 49022
 - Accepts Blue Cross/Blue Shield, Humana, Medicaid, and Medicare insurance
- Matthew L. Davis..... (269) 982-7844
- Location: 2500 Niles Rd. Ste. 7, St. Joseph, MI 49085
 - Accepts Medicare, Medicaid, CIGNA, Aetna, Health Alliance, Humana, Wellcare, Blue Cross/Blue Shield, and United Healthcare insurance
- Michael Stephen Larson..... (269) 925-0585
- Location: 1485 M-139, Benton Harbor, MI 49022
 - Accepts Blue Cross/Blue Shield, Humana, Medicaid, and Medicare insurance
- Raghu Ram Veeramasuneni..... (269) 408-1688
- Specializes in child and adolescent psychiatry
 - Location: 1030 Miners Rd., St. Joseph, MI 49085
 - Accepts Blue Cross/Blue Shield, Aetna, Health Alliance, and Humana insurance
- Sita Rama Prasad Sajja..... (269) 556-2288
- Specializes in pediatrics.
 - Location: 3906 Stonegate Park. Saint Joseph, MI 49085
 - Accepts Blue Cross/ Blue Shield, Humana, and Medicaid insurance

Children with Special Needs

- Children's Special Health Care Services..... (269) 926-7121

PARC Resource Guide

- Location: 769 Pipestone. P.O. Box 706, Benton Harbor, MI 49023
- Coverage and referral for specialty services based on the person's health problems
- Family-centered services to support you in your role as primary caretaker of your child
- Community-based services to help you care for your child at home and maintain normal routines
- Culturally competent services which demonstrate awareness of cultural differences
- Coordinated services to pull together the services of many different providers who work within different agencies

Disability Network of Southwest Michigan..... (269) 985-0111

- Location: 517 E. Crosstown Parkway, Kalamazoo, MI 49001
- We provide services to people who have a variety of disabilities, including physical, neurological, psychiatric, learning, cognitive, and sensory disabilities.
- Whether you were born with a disability or acquired a disability later in life through accident, illness or through the aging process, you are welcome here. We are a resource for friends and family members of people with disabilities, as well as community professionals and other human service providers.
- Website: <http://www.dnswm.org/home>

Respite

Riverwood Center..... (800) 336-0341

- Location: 1485 M-139, Benton Harbor, MI 49022
- Services available for individuals with developmental disabilities or emotional impairments
- Covered by Medicaid
- To receive respite service, an individual and their caregiver must first complete an intake and talk with a therapist at the Riverwood Center to construct a treatment plan. The therapist will then assign a given number of hours per week that the individual is eligible for respite. The hours given can be used whenever or saved up to use for an extended period of time.
- The Riverwood Center has one respite provider agency, but families are welcome to hire their own caregiver and work with the Riverwood Center to arrange payment.

Nutrition

Berrien County Health Department..... (269) 927-5646

InterCare Community Health Network..... (855) 869-6900

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- Location: 800 M-139, Benton Harbor, MI 49022 or 6270 W. Main Street, Eau Claire, MI 49111
- Accepts most kinds of insurance, including Medicaid and Medicare. They will bill your insurance as a service to you, but you must have correct and current insurance information with you when you check in at the front desk. Without this, they may not be able to bill your insurance company, and you could be billed for the visit or be asked to reschedule your appointment.
- Also has a sliding fee program. Eligibility for the program is based on family size and income.

Crisis Prevention

The Link.....927-1422
24-Hour Hotline..... (800) 310-5454

- Location: Youth Crisis Center, 2480 M-139, Benton Harbor, MI

Branch County

Crisis Helpline

Branch County Mental Health Authority.....(888)725-7534

- Aka Pines Behavioral Health

Counseling Services

Community Mental Health Center of Branch.....(517)279-5347

- Offers a variety of outpatient counseling services
- Call for insurance and payment information
- Location: 274 E. Chicago St., Coldwater, MI 49036
- Visit their website at www.chcbc.com

Pines Behavioral Health.....(517) 279-8404

- Individual and family therapy, accepts children and adult clients
- Sliding scale based on insurance and income
- Location: 200 Orleans Blvd., Coldwater, MI 49036

Mrs. Jackie A Teunessen.....(269) 804-6193

- Individual and family/couple therapy, accepts children and adults
- Experience with 11-13 year old children
- Sliding scale payments, also accepts Medicaid
- Location: Theodore Carl Dream Center, 5 Enwood Battle Creek, Michigan 49014

Support Groups

Branch County Adoptive Parent Book Club.....(517) 462-5009

- Contact Karen Hawkins at the number listed or at (517) 667-2595
- Email: karen.annhawkins@gmail.com

Branch County Commission on Aging.....(517) 279-6565

- Kinship support group
- Meets 2nd Tuesday of each month from 5:30-7:00pm, RSVP required
- Location: First Baptist Church, 102 Bishop Ave., Coldwater MI 49036
- Contact Amy Duff at the number listed above or at aduff@burnsidecenter.com

Community Health Center of Branch County.....(517) 279-5420

- Passages Grief Support Group
- Meets every other Monday from 10:00am-11:30am, free and open to the public
- Location: 274 E. Chicago St., Coldwater, MI 49036
- Contact Karen or Barbara at the number listed above

Pines Behavioral Health.....(517) 279-8404

- Support groups for active clients only, anger management, and parenting groups
- Location: 200 Orleans Blvd., Coldwater, MI 49036

Psychiatrists

Fernando Castro-urrutia.....(517) 279-0248

- Specializes psychiatry
- Accepts Guardian and Medicaid insurance
- Location: Lugo & Castro MDs, 259 E. Chicago St., Coldwater, MI 49036

James Hudson Briggs.....(517) 278-6942

- Location: Lake Land Correctional Facility, 141 1st St., Coldwater, MI 49036

Suzette Lugo-medina.....(517) 279-0248

- Specializes in psychiatry
- Accepts Guardian, Blue Cross/Blue Shield, Wellpoint, Aetna, and Medicaid insurance
- Location: Lugo & Castro MDs, 259 E. Chicago St., Coldwater, MI 49036

Children with Special Needs

Children's Special Health Care Services.....(800) 482-9561

Or..... (517) 279-9561

- Coverage and referral for specialty services based on the person's health problems

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- Family-centered services to support you in your role as primary caretaker of your child
- Communit- based services to help you care for your child at home and maintain normal routines
- Culturally competent services which demonstrate awareness of cultural differences
- Coordinated services to pull together the services of many different providers who work within different agencies
- Location: 570 N. Marshall Rd., Coldwater, MI 49036

Respite

Michigan Department of Human Services, Branch County..... (517) 279-4200

- Location: 388 Keith Wilhelm Dr., Coldwater, MI 49036

Calhoun County:

Crisis Helpline

Summit Pointe (Serving Calhoun County).....(269) 441-5945

Mental Health Counseling/Treatment

Battle Creek Mission (The Haven).....(269) 965-1148

- Location: 11 Green St., Battle Creek, MI

Foster Adoptive Family Resource and Support Center.....(269) 660-0448

Starr Commonwealth.....(269) 832-6011

Support Groups

Family and Children Services, Inc.-Battle Creek.....(269) 965-3247

- Location: 778 Columbia, Battle Creek, MI 49015

Family Enrichment Center.....(269) 660-0448

- The Family Enrichment Center is a non-profit organization serving Calhoun County of Michigan. They provide training, support, mentoring and services to all families, with an emphasis on adoptive, foster and kinship families.
- Battle Creek Kinship Support Group
 - Meets 1st Tuesday of each month from 12:30-2:00pm
 - Location: Family Enrichment Center Choir Room, 415 S. 28th St., Battle Creek, MI 49015

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- Contact: Becky Brinks or Kim Harris at the number listed above or bbrinks@fecfamily.com
- Monthly Adoptive Support Group
 - Meets 3rd Saturday of each month, 9:00am-12:00pm
 - Location: Family Enrichment Center Choir Room, 415 S. 28th St., Battle Creek, MI 49015
 - Contact: Becky Brinks or Kim Harris at the number listed above or bbrinks@fecfamily.com
- Parenting the High Needs Child Support Group
 - Meets 3rd Monday of each month from 6:30-8:30pm
 - Location: Family Enrichment Center Choir Room, 415 S. 28th St., Battle Creek, MI 49015
 - Contact: Becky Brinks or Kim Harris at the number listed above or bbrinks@fecfamily.com
- Visit their website at <http://www.fecfamily.com/index.html>

National Alliance of Mental Illness of Kalamazoo, MI.....(269)349-8444

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- Location: P.O. Box 51693, Kalamazoo, MI 49005-1693
- Visit their website at <http://www.namikalamazoo.org/>

North American Council on Adoptable Children.....(616) 660-0448

- Location: 23891 Bedford Rd., Battle Creek, MI 49017

WillowsEdge, LLC: Counseling and Art Center..... (248) 707-1894

- 6-week social skills group series of peer group programs for early childhood through adolescent aged children, who demonstrate difficulties with social skill awareness, social interactions and social behaviors

Youth Guidance Foster Care & Adoption Center.....(269) 969-9438

- Location: 70 Calhoun St., Battle Creek, MI 49017
- Visit their website at http://www.citylinc.org/foster_care.html

Parent and Family Support Services

Family Enrichment Center.....(269) 660-0448

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- Family advocacy for families in crisis including families in the midst of special inquiries regarding abuse and neglect
- One-on-one parent support for struggling and stressed out parents
 - Support groups for foster parents, kinship care providers, caregivers for children with Reactive Attachment Disorder
 - Parent training addressing a range of subjects such as child-rearing, bullying, finding educational services for special needs children, relationships between foster and birth families, suicide prevention and healthy family meals.
 - Visit their website at www.fecfamily.com

Psychiatrists

Bangalore Krishna Ramesh.....(269) 657-5574

- Accepts Guardian, Wellcare Blue Cross/Blue Shield, and United Healthcare insurance
- Location: Van Buren Community Mental Health Authority, 801 Hazen St., Ste. C, Paw Paw, MI 49079

James W. Gandy.....(269) 979-8333

- Behavioral Health Resources, specializes in psychiatry and geriatric psychiatry
- Accepts Aetna, Blue Cross Blue Shield, Cigna, Humana and United Healthcare
- Location: 3630 Capital Ave., Suite 1, Battle Creek, MI 49015

Joseph Matthew Gluski.....(269) 781-4271

- Specializes in neuropsychiatry
- Accepts Aetna, Blue Cross Blue Shield, Confinity, Medicare and United Healthcare
- Location: Oaklawn Hospital, 200 N. Madison St., Marshall, MI 49068

Marjaneh Rouhani.....(269) 969-6108

- Specializes in geriatric psychiatry and psychosomatic medicine
- Accepts Blue Cross/ Blue Shield insurance, Humana, Medicare, Aetna and United Healthcare
- Location: Behavioral Health Care PC, 363 Fremont St., Ste. 300, Battle Creek, MI 49017

Michael Cupp.....(269) 979-8333

- Specializes in psychology.
- Location: Behavioral Health Resources, 3630 Capital Ave., Suite 1, Battle Creek, MI 49015

Ravinder K Sharma.....(269) 964-1300

- Specializes in psychiatry

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- Accepts Blue Cross/Blue Shield, Medicare, Humana, Cigna, United Healthcare and Aetna
- Location: 601 S. Shore Dr., Unit 330, Battle Creek, MI 49014

Sidney Heisler.....(269) 781-9119

- Specializes in forensic psychiatry, psychosomatic medicine, geriatrics, and addictions
- Accepts Blue Cross/ Blue Shield Insurance
- Location: Oaklawn Psychological Services, 15209 W. Michigan Ave., Marshall, MI 49068

Children with Special Needs

Children's Special Health Care Services.....(269) 969-6390

- Location: 190 East Michigan Ave., Battle Creek, MI 49014
- Coverage and referral for specialty services based on the person's health problems
- Family-centered services to support you in your role as primary caretaker of your child
- Community-based services to help you care for your child at home and maintain normal routines
- Culturally competent services which demonstrate awareness of cultural differences
- Coordinated services to pull together the services of many different providers who work within different agencies

Mental Health Resources

Behavioral Mental Health Resources.....(269) 979-8333

- Provides services for children, adolescents, young adults, and adults
- Offers a variety of treatments for the diagnosis of ADD, ADHD, ODD, bipolar disorder, depression and post-traumatic stress disorder. In the treatment of mood and anxiety disorders they offer individual and group therapy options.
- Website: www.bcbhr.org/

Summit Pointe Community Mental Health.....(800)632-5449

- Location: 140 West Michigan Ave., Battle Creek, MI 49017
- Website: www.summitpointe.org/

Child Care

Family Enrichment Center..... (269) 660-0448

- Drop-in childcare at Take-A-Break Childcare Center (no monthly or weekly commitment of hours for preschool and school age care, availability of childcare on short notice, etc.)
- Preschool program through Take-A-Break Childcare Center each weekday from 9am to 3pm

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- Free or discounted respite care for families in crisis
- Childcare for children suspended from school
- Childcare for children with special needs whether they be physical, behavioral or emotional
- Childcare for newly placed foster children who are transitioning from their biological family and home into a foster family
- Website: www.fecfamily.com

Respite

Take a Break Child Care..... (269) 660-0448

- Provides respite services to Kinship Care, Adoptive and Foster Care families, as well as children with special needs.
- Location: Family Enrichment Center, 415 South 28th Street, Battle Creek, MI 49015
- Website: <http://takeabreak.fecfamily.com/>

Summer Camps

Family Enrichment Center.....(269) 660-0448

- Specialized summer camps designed for teens and children, including self-esteem building programs and job skills training for teens

Nutrition

Calhoun County Health Department..... (269) 966-1230

Cass County:

Counseling

Bruce A Heustis..... (269) 244-5818

- Couple, family, and individual therapy available.
- Insurance accepted
- Average cost per session: \$80-90
- Location: 11017 Herring Street, Marcellus, MI 49067

Cass County Community Mental Health Authority..... (269) 445-2451

- Website: www.woodlandsbhn.org/

Support Groups

Adoptive Families of Southwestern Michigan..... (616) 424-3531

PARC Resource Guide

Domestic and Sexual Abuse Services..... (269) 273-6154

- Support Groups: Groups meet weekly for survivors or family members to help with the healing process and receive support from DASAS staff and other survivors—childcare is available.
- Location: 125 W. Main Street, P.O. Box 189, Centreville, MI 49032

National Alliance on Mental Illness of Kalamazoo, MI..... (269) 349-8444

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- Location: P.O. Box 51693, Kalamazoo, MI, 49005-1693
- Website: <http://www.namikalamazoo.org/>

Psychiatrists

Dr. Mehta.....(269) 445-2451

- Sees children with severe emotional disturbances
- Client must first go through the intake process with Cass County Community Mental Health
- Psychiatric service must be paired with other services
- Location: 960 M-60 East, Cassopolis, MI 49031

Children with Special Needs

Children's Special Health Care Services.....(269) 445-5280

- Family-centered services to support you in your role as primary caretaker of your child.
- Community-based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.
- Coverage and referral for specialty services based on the person's health problems.
- Location: 201 M-62 North, Cassopolis, MI 49031

PARC Resource Guide

The Link.....927-1422
24 Hour Hotline..... (800) 310-5454

- Youth crisis center.
- Location: 2480 M139. Benton Harbor
- Website: <http://www.cfsswmi.org/our-programs/link-center.html>

Woodland Behavioral Health Care Center..... (269) 455-2451
Or..... (800)323-0355

- Location: 960 M-60 East, P.O. Box 97, Cassopolis, MI 49031
- Website: <http://www.woodlandsbhn.org/>

Respite

Michigan Department of Human Services..... (269) 445-0200

- Location: 325 M-62, Cassopolis, MI 49031

Woodlands Behavioral Health Network..... (269) 445-2451

- Authorize respite on a case by case basis for children who qualify with developmental disabilities and refer to a contract provider who provides the respite in the family's home.
- Website: <http://www.woodlandsbhn.org/>

Clinton County:

Crisis Helpline

*CMH Authority of Clinton-Eaton-Ingham.....(517) 346-8008
Or 517 346-8640

Counseling Services

Clinton-Eaton-Ingham Community Mental Health.....(517) 346-8200

- Location: 812 E. Jolly Rd., Lansing, MI

Highfields.....(517) 783-4250

- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- A traditional counseling approach is used in providing this service. Counseling services are home & office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.

PARC Resource Guide

- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- Website: <http://highfields.org/>

*Jacqueline Himelright..... (517) 292-4530

- Location: 13980 Schavey Rd., Dewitt, MI 48820
- Specializes in relationship issues, parenting, and adoption
- Accepts insurance and uses a sliding scale

Support Groups

Clinton County Foster/Adoptive Support Group..... (517) 668-0185

National Alliance on Mental Illness (NAMI).....(517) 484-3404

- Family Support Group
 - Meets every Tuesday from 7-8:30pm
 - Location: Sparrow Behavioral Health, First Floor, 1210 W. Saginaw, Lansing, MI
- Support Group for Spouses of Persons with Mental Illness
 - Meets the first Monday of the month from 7-8:30pm
 - Location: Sparrow Behavioral Health – First Floor, St. Lawrence Campus of Sparrow Health System, 1210 W. Saginaw, Lansing. Go to Behavioral Health first floor, partial hospitalization room
- Website: <http://www.namilansing.org/>

Work of Heart.....(989) 224-8525

- Parent support group with children activities, dinner is provided.
- Meets the 4th Monday of each month, 6:00-7:30pm
- Location: CC Resa Building, 1013 Old US 27, St., Johns, MI 48879
- Contact Brenda Martinez at the number listed or brendagil88@yahoo.com

Mentoring

Big Brothers/Big Sisters of St. Johns.....(989) 227-5360

Psychiatrists

Zulfiqar Ahmed..... (517) 618-0934

- Location: Healthy Minds, 240 S. Bridge St., Suite 220, Dewitt, MI 48820
- Accepts several types of insurance

Children with Special Needs

Children's Special Health Care Services..... (989) 348-7800

- Family-centered services to support you in your role as primary caretaker of your child
- Community-based services to help you care for your child at home and maintain normal routines
- Culturally competent services which demonstrate awareness of cultural differences
- Coordinated services to pull together the services of many different providers who work within different agencies
- Location: 1307 E. Townsend Road, St. Johns, MI 49738
- Coverage and referral for specialty services based on the person's health problems

Project Find.....(800) 252-0052

Respite

LAP Respite Center.....(517) 372-6671

- In-Home Program
 - Services are provided in the family home. The family does not have to be at home during this time or depending on the service agreement, the LAP care provided may take the child out of the home for an activity. These hours are prescheduled to the family's wishes / needs. The hours can be as little as 3 hours per week to as many as 24 hours per day.
- Respite House Program
 - Services are provided at the LAP Respite House located near the LAP administrative office. Care can be provided for up to 6 children during non-school days, or 4 children on the weekends. LAP provides two trained care providers to be on staff for every hour a child is scheduled. This is a very popular program and fills up very quickly. LAP provides supervisors for on-call duties while children are on site. The Respite House carries a State of Michigan license as a daycare facility and is inspected regularly.
- After School Program
 - Services are provided at the Beekman Center, which is part of the Lansing School District. The program is open whenever Beekman Center is open, including summer school. The hours during the regular school year are 3:00 p.m. until 6:00 p.m. The summer hours are 12:45pm until 6:00pm. This program holds a State of Michigan daycare license for up to 16 children, ages 5 years to 26 years, for any child in special education

classes. The program director ensures there is a 3 to 1, Student - to - care provider ratio.

- Payment for services can be made in several different ways; the Department of Community Mental Health, the Department of Human Services, Insurance, or Private Pay.
- Location: 840 E. Mt. Hope, Suite 101, Lansing, MI 48910

Clothing, Furniture and/or Emergency Needs

St. Vincent DePaul (St. Johns).....(989) 224-8994

Emergency Shelters

RAVE (Relief After Violent Encounter).....(989) 224-7283

Child Abuse/Neglect and Prevention

Clinton County Family Resource Center.....(989) 224-1173

Clinton County Protective Services.....(989) 224-5500
24 Hour Line..... (989) 224-7684

Eaton County:

Crisis Helpline

CMH Authority of Clinton, Eaton and Ingham.....(517) 346-8008
or (517) 346-8460

Counseling

Community Mental Health.....(517) 543-5100

- Early crisis intervention for at-risk children
- Inpatient treatment
- Individual, group, and family therapy
- Location: 551 Courthouse Dr., Charlotte, MI 48813

Delta Waverly Psychology and Counseling Associates.....(517) 323-4099

- Couple, family, and individual therapy available

PARC Resource Guide

- Most insurances accepted
- Location: 5123 W. St. Joseph, Suite 103, Lansing, MI 48917
- Website: <http://www.deltawaverly.com/>

*Elizabeth Sawyer Danowski.....(517) 618-9187

- Adoption sensitive
- Location: Play. Build. Grow. 913 West Holmes Road, Suite 179, Lansing, MI 48910
- Accepts Blue Care Network, Blue Cross/Blue Shield, Aetna, Alliance, and United.
- Website:http://www.playbuildgrow.com/PlayBuildGrow/Play._Build._Grow_PLC.html

Highfields.....(517)783-4250

- A traditional counseling approach is used in providing this service. Counseling services are home & office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- Website: <http://highfields.org/>

*Nurtured Heart Path.....(517) 719-1523

- Annie Lange provides counseling, consultation, parent coaching and training to individuals, families, agencies and school systems throughout Michigan. She specializes in working with both adults and children, many of whom are challenged with ADD, ADHD, ODD, substance abuse, depression, anxiety, relationship and adoption issues
- Call for upcoming classes and workshops
- Location: 2487 S. Michigan Road, Eaton Rapids, MI 48827
- Website: annie@nurturedheartpath.com

Prevention & Training Services (PATS)..... (517) 323-8149

- Provides numerous prevention services such as: Marijuana & Alcohol Intervention Program, Domestic Abuse Intervention Program, Assaultive Behavior Change, Alcohol Insight, Relapse Prevention, Outpatient Substance Abuse Treatment, Women's Specific Outpatient Treatment, Intensive Outpatient Treatment
- No insurance is accepted, clients must pay for services

PARC Resource Guide

- Location: 4601 W. Saginaw Hwy., Suite C, Lansing, MI 48917
- Website: <http://www.patslansing.com/>

*Ruth E Charles Edwards.....(517) 292-4133

- Adoption sensitive
- Location: 2535 E. Mount Hope Ave., Lansing, MI 48910
- Accepts Blue Care Network, Blue Cross/Blue Shield, Aetna, Humana, McLaren, PHP Plus, Cofinity, Magellan Behavioral Health, Medicare and ValueOptions

*Shana Bombrys..... (517) 618-0579

- Extensive training surrounding childhood trauma
- Location: 913 W. Holmes Rd., Suite 179, Lansing, MI 48910
- Aetna, BlueCross and/or BlueShield, Humana, Magellan Behavioral Health, Medicare, Michigan Health Plan, TRICARE, Behavioral Health Systems, Cofinity, MHN, McLaren, Meridian Health Plan, PHP

Support Groups

Child and Family Charities..... (517) 882-4000

- Location: 4287 Five Oaks Dr., Lansing, MI 48911

Children's Charter of the Courts of Michigan.....(517) 482-7533

- Location: 324 N. Pine St. #1, Lansing, MI 48933

Gift of Heart Eaton County Supper Group

- Support for parents of foster or adopted children. Free childcare provided.
- Contact amyn115@yahoo.com

CASC Head Start Foster, Adoptive, and Kinship Support Group.....(989) 224-8525

- Monthly support group that offers knowledge and resources to families. Light snack and childcare provided.
- Meets the 4th Thursday of each month at 5:30-7:00pm
- Location: CASC Charlotte Classrooms, 1370 N. Clinton Trail, Charlotte, MI
- Contact Brenda Martinez at the number listed or brendagil88@yahoo.com

National Alliance of Mental Illness Lansing.....(517) 484-3404

- Family Support Group
 - Meets every Tuesday from 7 -8:30pm
 - Location: Sparrow Behavioral Health, First Floor, 1210 W. Saginaw, Lansing.
 - Call for more information
- Support Group for Spouses of Persons with Mental Illness
 - Meets the first Monday of the month from 7-8:30pm

PARC Resource Guide

- Location: Sparrow Behavioral Health – First Floor, St. Lawrence Campus of Sparrow Health System, 1210 W. Saginaw, Lansing. Go to Behavioral Health first floor, partial hospitalization room.
- Website: <http://www.namilansing.org/>

St. Vincent Catholic Charities..... (517) 323-4734

- Location: 2800 W. Willow St., Lansing, MI 48917
- Website: <http://www.stvcc.org/STVCC/>

Runaway and Homeless Youth Services

Gateway Community Services.....(517) 351-4000

- Crisis-based services available to youth between the ages of 12 and 17, their siblings and families
- Location: 2875 Northwind Dr., Ste. 105., E. Lansing, MI 48823
- Website: www.gatewayservices.org

Psychiatrists

David Samuel Sprague.....(517) 628-2737

- Location: 5305 Ferris Rd., Eaton Rapids, MI 48827
- Accepts Blue Cross/Blue Shield and Medicaid

Children with Special Needs

Center for Educational Networking..... (517) 541-1318

- Offers products and services that respond to the information needs of families, educators, community services providers of individuals with disabilities
- Location: 224 S. Cochran Ave., Charlotte, MI 48813

Children's Special Health Care Services..... (269) 945-9516 ext. 115

- Location: 330 W. Woodlawn, Hastings, MI 49058
- Family-centered services to support you in your role as primary caretaker of your child
- Community-based services to help you care for your child at home and maintain normal routines
- Culturally competent services which demonstrate awareness of cultural differences
- Coordinated services to pull together the services of many different providers who work within different agencies
- Coverage and referral for specialty services based on the person's health problem.
-

Child Care Financial Assistance & Resources

DHS (FIA) Child Day Care Services..... (517) 543-0860

Respite

LAP Respite Center.....(517) 372-6671

- In-Home Program
 - Services are provided in the family home. The family does not have to be at home during this time or depending on the service agreement, the LAP care provided may take the child out of the home for an activity. These hours are prescheduled to the families wishes / needs. The hours can be as little at 3 hours per week to as many as 24 hours per day.
- Respite House Program
 - Services are provided at the LAP Respite House located near the LAP administrative office. Care can be provided for up to 6 children during non-school days, or 4 children on the weekends. LAP provides two trained care providers to be on staff for every hour a child is scheduled. This is a very popular program and fills up very quickly. LAP provides supervisors for on-call duties while children are on site. The Respite House carries a State of Michigan license as a daycare facility and is inspected regularly.
- After School Program
 - Services are provided at the Beekman Center, which is part of the Lansing School District. The program is open whenever Beekman Center is open, including summer school. The hours during the regular school year are 3:00 p.m. until 6:00 p.m. The summer hours are 12:45 p.m. until 6:00 p.m. This program holds a State of Michigan daycare license for up to 16 children ages 5 years to 26 years for any child in special education classes. The program director ensures there is a 3 to 1, Student - to - care provider ratio.
- Payment for services can be made in several different ways; the Department of Community Mental Health, the Department of Human Services, Insurance, or Private Pay
- Location: 840 E. Mt. Hope, Suite 101, Lansing, MI 48910

Food and Nutrition

Barry-Eaton District Health Department..... (517) 541-2630

Or..... (517) 485-7110

PARC Resource Guide

WIC Program..... (517) 541-2630

- The special supplemental nutrition program for Women, Infants, and Children (WIC) is a federally-funded program that serves low and moderate income pregnant, breastfeeding, and postpartum women, infants, and children up to age 5.

General Health Services

Public Health Nursing..... (517) 541-2654

Multi-Service Agencies

Capital Area Community Services.....(517) 393-7077

- Location: 1301 Rensen St., Lansing, MI 48910

Lansing Human Relations & Community Services..... (517) 483-4477

- Location: 4th Floor, City Hall, 124 W. Michigan Ave., Lansing, MI 48933

Parenting Resources

Building Strong Families.....(517) 543-2310

Service Information and Assistance

Barry Eaton County DHS.....(269) 948-3242

- Information and Referral. Able to provide families information on where to seek services. Able to assist with applying for medical subsidies.
- Barry Eaton County DHS is able to be a resource to children and families who were not placed through their program.
- Contact person: Katie S. Mika (Mikak@Michigan.gov)
- Location: 430 Barfield Drive, Hastings, MI 49058

Transportation

EATRAN (Charlotte).....(517) 543-4087

Genesee County:

Crisis Helpline

*Genesee Health System.....(810) 257-3740

*Behavioral Health Urgent Care.....

Counseling

Genesee County Health Systems/Community Mental Health.....(810) 257-3705

- Programs include: emergency and diagnostic service, inpatient & outpatient services, residential services, day program services, habilitation & rehabilitation services and a crisis clinic.
- Substance use disorder assessment and treatment services for people who are uninsured, under-insured, Adult Benefit Waiver, Medicaid, or MIChild recipients.

Catholic Charities.....(810) 232-9950

- Most insurances are accepted. Sliding fee scale is available for underinsured or uninsured.
- Many counselors with various specialties

Ennis Center for Children.....(810) 233-4031

- Individual therapy for children, teens, and adults, family therapy, and marriage counseling.
- Several insurances accepted including: Blue Cross Blue Shield, Blue Care Network, HealthPlus (private and as a Medicaid health plan), McLaren Health Plan (private and as a Medicaid health plan), and Medicare.
- Location: 129 E. Third St., Flint, MI 48502
- Website: <http://www.enniscenter.org/>

*Lauren Peabody.....(810) 931-5354

- Location: Nature Family Center. 2325 W. Shiawassee Suite 103. Fenton, MI 48430
- Website: www.nurturefamilycenter.com

*Dr. Elizabeth Rose.....(810) 355-4654

- Specialties include: Anxiety, Mood Disorders, Relationship Issues
- Location: 12765 S. Saginaw Street. Suite #301. Grand Blanc, Michigan 48439
- Aetna, BlueCross and/or BlueShield, Cofinity, HealthPlus, Magellan Behavioral Health, Multiplan, Behavioral Health Systems, Cigna, ComPsych, Humana, McLaren Health Plan, ValueOptions

PARC Resource Guide

*Dr. Harold S. Sommerschild.....(810) 643-1995

- Specialty includes Relationship Issues, Depression, Anxiety
- Location: 12809 S. Saginaw St., Suite 208. Grand Blanc, Michigan 48439
- Aetna, BlueCross and/or BlueShield, Cofinity, HealthPlus, Magellan Behavioral Health, Multiplan, Behavioral Health Systems, Cigna, ComPsych, Humana, McLaren Health Plan, ValueOptions

*Dr. Yvonne Makidon..... (810) 659-7242

- Couples, family, and individual therapy
- Certified Advanced Alcohol and Drug Counselor
- Accepts the following insurance: Blue Cross/Blue Shield, Value Options-Commercial, Medicare, McLaren, and Magellan insurances
- Location: Grand Blanc Therapy. 8240 Embury Road, Suite A, Grand Blanc, Michigan 48439
- Website: <http://www.grandblanctherapy.com/index.html>

Family Service Agency.....(810) 767-4014

- Individual, Couples, and Family Counseling is offered along with Behavioral Health, Family Mediation, and Workshops.
- Accepts the following insurance plans: Blue Cross Blue Shield Traditional, McLaren Health Plan, McLaren Health Plan-Medicaid and Medicare. Employee Assistance and Managed Care Programs provided by employers are also accepted.
- For those without insurance we offer a Sliding Fee Scale, which is based on family income. **No one is denied services because of an inability to pay.**
- Location: 1422 W. Court St., Flint, MI 48503
- Website: <http://www.fsamich.org/>

*Foster Family Services.....(734)-276-7906

- Sheryl Foster, LMSW
- In-home counseling service for adoptive families
- Experienced with attachment disorders
- Trauma informed
- Accepts Medicaid, medical subsidy and private insurance
- Website: fosterfamilysvc@yahoo.com

*Lutheran Social Services of Michigan.....(855) 444-3911

- Outpatient or Outreach counseling services in an individual, family or group capacity
- Therapeutic Parent Coaching to enhance parenting skills
- Gain Understanding of Life Experiences within the Child Welfare System
- Assist with Emotion Regulation
- Decrease Negative Behaviors
- Meet Mental Health Needs of Children and Adults involved with CPS, Protect

PARC Resource Guide

MI Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post Adoption or Guardianship

- Accepts Medicaid and Medical Subsidy
- Location: 1803 Whites Road, Suite 5, Kalamazoo, MI 49008
- Email: CFtherapy@lssm.org

Mott Children's Health Center.....(810)768-7561

- Health Plus Partners/PPOM/Champus and other insurers reimburse for our services. Clients will not be turned away for inability to pay
- Mental health treatment including psychiatric evaluations, medication management, psychological testing for children, groups for children with ADHD, grief & loss support groups for children, and mental health prevention and education
- Location: 806 Tuuri Place. Flint, MI 48503

*Rachelle McGarry.....(810) 395-5044

- She has extensive training and expertise in play therapy, sand-tray therapy, rapid trauma resolution, and family therapy
- Accepts most insurance but doesn't accept Medicaid
- Location: Hillside Behavioral Center, 8435 Holly Road, Grand Blanc, MI 48439

REACH & Traverse Place.....(810) 233-8700

- Services for families include crisis intervention, counseling, safe shelter, family counseling to reunite young people and their parents, and resource assistance to find other programs that may offer additional help.
- If a home situation is dangerous, a "cooling off" period is needed, or a young person has already run from home, they offer placement in their licensed shelter.
- Available 24 hours a day, 7 days a week, to offer immediate assistance to young people and their families. Licensed REACH facility is open all day and night to offer shelter for youth 10 to 17 years old who need a safe place to stay.
- Website: <http://www.reach-traverseplace.org/>

*Sherry Daniels.....(810) 207-1672

- Family Counselor
- Accepts a wide range of insurance including Aetna, Cigna, Coventry, Humana, McLaren, United, Behavioral Health Systems, Cofinity, Great-West, Magellan Behavioral Health, Multiplan, ValueOptions
- Location: Ascend Counseling Services. 2325 W. Shiawassee Ave., Suite 105 Fenton, Michigan 48430

*Equine Escape Inc. Equine Therapy..... (810) 287-0519

- Children with Special needs
- Children with mental health issues
- Children with emotional issues

PARC Resource Guide

- Children of all ages and abilities
- Sessions range from \$30-\$40 each.
- Location: 5880 Brigham Rd., Goodrich, MI 48438
- Contact Person: Rachael Gilmore

Support Groups

Adoptive/Guardianship Family Support Group.....(734) 528-2004

- The Post Adoption Resource Center (PARC) invited families to join other adoptive/guardian parents at a monthly adoptive family meeting
- Meets the 1st Thursday of each month; 6-8pm
- Potluck dinner at arrival; please bring a dish to pass if you are able, but there is plenty of food if you cannot.
- Fellowship and support meetings for adults to follow dinner. Childcare and activities provided for kids ages 5 and up with RSVP.
- Location: South Baptist Church, 4091 Van Slyke Rd., Flint, MI 48507
- RSVP by email to loren_sanders@judsoncenter.org

Catholic Charities..... (810) 232-9950 ext. 378

- Kinship support group
- Meeting Location: Bunche Elementary, Flint, MI
- Time: 3rd Wednesday of each month
- Contact: Gregory Wilson at the number listed above

National Alliance on Mental Illness, Genesee Chapter.....(810) 232-6498

- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- Support Groups meets on the 4th Tuesday of the month
- Location: McLaren Community Medical Center, 1314 South Linden Road, Flint, MI 48532. Enter through the door for Radiology. Contact phone number is (810) 232-6498
- Website: <http://www.namigenesee.org/>

Runaway and Homeless Youth Services

Carriage Town Ministries..... (810) 233-8787

Genesee County Youth Corporation.....(810) 233-8700

- Crisis-based services available to youth between the ages of 12 and 17, their siblings, and families
- Location: 914 Church St., Flint, MI 48502

PARC Resource Guide

My Brother's Keeper.....(810) 234-1163

REACH & Traverse Place.....(810) 233-8700

- Services for families include crisis intervention, counseling, safe shelter, family counseling to reunite young people and their parents, and resource assistance to find other programs that may offer additional help.
- If a home situation is dangerous, a "cooling off" period is needed, or a young person has already run from home, they offer placement in their licensed shelter.
- Available 24 hours a day, 7 days a week, to offer immediate assistance to young people and their families. Licensed REACH facility is open all day and night to offer shelter for youth 10 to 17 years old who need a safe place to stay.
- Website: <http://www.reach-traverseplace.org/>

YMCA (women and children).....(810) 238-7621

Psychiatrists

Ellen Johnson.....(810) 232-9950

- Child and adolescent psychiatrist
- Location: Catholic Charities, 901 Chippewa St., Suite , Flint, MI 48503
- Accepts Aetna & CIGNA insurance

Janet G. Warner.....(810) 391-0662

- Child and adolescent psychiatrist
- Location: Consumer Services Psychiatric Clinic. 4400 S Saginaw St Suite 1400 Flint, MI 48507
- Accepts a wide variety of health insurance

Nikhil K. Vora.....(810) 230-3370

- Child and adolescent psychiatrist
- Location: 1125 S. Linden Rd., Suite 210, Flint, MI 48532
- Accepts a wide variety of insurances.

Children with Special Needs

Children's Special Health Care Services.....(810) 257-3146

- Location: 630 S. Saginaw St., Ste. 4, Flint, MI 48502
- Coverage and referral for specialty services based on the person's health problems
- Family-centered services to support you in your role as primary caretaker of your child
- Community-based services to help you care for your child at home and maintain normal routines

PARC Resource Guide

- Culturally competent services which demonstrate awareness of cultural differences
- Coordinated services to pull together the services of many different providers who work within different agencies

Respite

Genesee County CMH Child & Adolescent Services.....(810) 257-3676

- Location: 1102 Mackin Rd., Flint, MI 48503

Employment Services

Job Corps.....(810) 232-9102

- Free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job
- Must be 16 years of age or older that qualify as low income
- Location: 2400 N. Saginaw Street, Flint, MI 48505
- Website: <http://flintgenesee.jobcorps.gov>

Michigan Works, Career Alliance.....(810) 233-5974

Food Assistance

Bread of Life.....(810) 785-6911

Bristol Road Church of Christ.....(810) 238-3627

Carriage Town Ministries.....(810) 233-8787

Catholic Outreach.....(810) 234-4693

Crossover Downtown.....(810) 234-2479

East Side Mission.....(810) 767-5312

First Presbyterian Church.....(810) 234-8673

GCCARD (Neighborhood Services).....(810) 768-4675

Genesee County Health Department.....(810) 237-4537

Greater Flint Outreach Center.....(810) 767-4064

Holy Angels.....(810) 785-6911

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PARC Resource Guide

Love, Inc.....	(810) 235-4990
My Brother's Keeper.....	(810) 234-1163
North End Soup Kitchen.....	(810) 785-6911
Outreach East.....	(810) 653-7711
Salvation Army Beecher Corps Kids Café.....	(810) 789-4003

Health Needs

American Red Cross.....	(810) 232-1401
Flint V.A. Outpatient Clinic.....	(810) 720-2913
Genesee County Free Medical Clinic.....	(810) 235-4211
Genesee County Health Department.....	(810) 257-3612
Burton Health Center.....	(810) 742-2255
McCree Health Center.....	(810) 257-3612
Genesee County Health Plan.....	(810) 232-7710
Hamilton Health Network.....	(810) 406-4246
MI Child Health Insurance.....	(888) 988-6300
Mott Children's Health Center.....	(810) 767-5750
Beecher Teen Health Center.....	(810) 591-9333
Northwestern Wellness Center.....	(810) 760-5076

Housing Assistance

Affordable Living Services.....	(810) 238-2970
Catholic Outreach.....	(810) 234-4693
Disability Network.....	(810) 742-1800
Flint Housing Commission.....	(810) 736-3050

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PARC Resource Guide

GCCARD.....(810)762-4913
GCCARD(Neighborhood Service).....(810)768-4675
Homes for Hope.....(810)288-7787
Human Relations Commission.....(810)288-7787
Metro Community Development.....(810)767-4622
Mission of Peace.....(810)232-0104
Outreach East.....(810)653-7711
Salvation Army.....(810)232-2196
UAW Labor Rep. At United Way.....(810)762-5831

Financial Aid

Department of Human Services

- 125 E. Union Street.....(810) 760-2200
- 630 S. Saginaw Street.....(810) 760-7300
- 4100 W. Pierson Road.....(810) 787-7101

Catholic Outreach.....(810) 234-4693
GCCARD (Neighborhood Services).....(810) 768-4675
Salvation Army.....(810) 232-2196

Material Goods

Bristol RD Church of Christ.....(810) 238-3627
Carriage Town Ministries.....(810) 233-8787
Eastside Mission.....(810) 767-5312
Greater Flint Outreach Center.....(810)767-4064
Heartbeat.....(810)232-3101
Love, Inc.....(810)235-4990

St. Vincent DePaul.....(810)780-4071

Legal Services

Lawyer Referral Service.....(810) 232-6000

Legal Services of Eastern Michigan.....(810) 762-5831

Hillsdale County:

Crisis Helpline

*LifeWays.....(800) 284-5538

Counseling

*Barbara Corbett.....(517)437-5538

- Able to work on adoption issues
- Location: 55 Barry St., Hillsdale, MI 49242
- Sliding Scale
- AETNA Health, Alliance Network, CIGNA HealthCare, Health Plan, and Medicare insurance are accepted

Family Counseling Center.....(805) 495-4226

- Location: 11 E Carleton Rd., Hillsdale, MI 49242

Highfields.....(517)783-4250

- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- A traditional counseling approach is used in providing this service. Counseling services are office & home based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- Website: <http://highfields.org/>

*Integro.....(517) 439-2609

- Several adoption sensitive therapists on staff.

PARC Resource Guide

- Accepts a wide variety of insurance

Lifeways Community Mental Health.....(517) 439-2641

- Hours: M-F 8am-6pm
- Location: 25 Care Drive. Hillsdale, MI 49242

*Hillsdale Psychological Institute.....(517) 439-4596

- Dr. Marianne Osentoski, PhD.
- Adoption sensitive
- Accepts Blue Cross/Blue Shield.

Richard Ennis, PhD.....(517) 439-5537

- Specializes in Clinical Psychology.
- Location: 79 N. Howell St., Suite B., Hillsdale, MI 49242
- Accepts Aetna, BCBS Illinois, Blue Cross/Blue Shield, CIGNA, Confinity, Coventry Health Care and MultiPlan

Support Groups

Healthy Beginnings.....(517) 437-7395

- Programs offered include: Parents as Teachers, Love and Logic, Parent Groups, STEP
- Location: Community Health Agency, 20 Care Dr., Hillsdale, MI 49242
- For information on parenting schedules, please contact Andrea Bricker, Coordinator (517) 437-7395, ext. 116.

Hillsdale County Support Group.....(517) 932-8801

- All caregivers welcome, kinship, general etc.
- Potluck dinner/agency dinner, Childcare is provided through DHHS.
- Meets on 3rd Monday of each month at 5:30-7:30/8:00 (group does not meet during June, July, or August)
- Location: Hillsdale United Brethren Church, 240 S. Howell St., Hillsdale, MI
- Contact Rebecca Belcher at the number listed above or belcherr2@michigan.gov

Hillsdale County Down Syndrome Support Group.....(517) 439-8351

- A support group for parents of children who have Down Syndrome
- Meet on a monthly or bi-monthly basis
- Family events throughout the year in order to get to know each other and celebrate special events
- For more information, contact Paula Hayne (phayne@hillsdale-isd.org).

National Alliance of Mental Illness of Jackson & Hillsdale.....(517) 782-1164

PARC Resource Guide

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- Location: 5032 Harriett Dr., Jackson, MI 49203-5241
- Website: <http://namimi.org/nami-jackson-hillsdale>

Psychiatrists

Anjali J. Mehta.....(517) 796-4540

- Location: Lifeways Community Mental Health. 25 Care Dr. Hillsdale, MI 49242
- Accepts Aetna insurance

Satish K. Cham.....(517) 796-4540

- Locations: Lifeways Community Mental Health. 25 Care Dr. Hillsdale, MI 49242
- Accepts most insurances

Children with Special Needs

Children's Special Health Care Services.....(800) 482-9561

Or..... (517) 279-9561

- Location: 570 N. Marshall Rd. Coldwater, MI 49036
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Camps

St. Francis Camp.....,(517) 688-9212

- Respite weekend retreats

PARC Resource Guide

- Weeklong camp
- Day camp
- Ages 8 and up
- Location: 10120 Murrey. Jerome, MI 49249

Nutrition

Branch-Hillsdale-St. Joseph District Health Department.....(517) 437-7395
Or.....(888)544-7395

Housing

Training and Treatment Innovations, Inc.....(800) 741-1682

- Hillsdale/Jackson and Oakland Counties
- Housing services include: Outreach, housing search, counseling, training, tenant/landlord mediation, and subsidized support
- 2301 E. Michigan Ave, Ste. 219, Jackson, MI 49202

Huron County:

Crisis Helpline

*Huron Behavioral Health.....(800) 356-5568

Counselors

Huron County Community Mental Health Services.....(989) 269-8452

- Location: 1108 S Van Dyke Rd. Bad Axe, MI 48413

Linda Sarigiannis.....(989)856-7855

- Specializes in depression and family conflict
- Location: 7041 Main St. Caseville, Michigan 48725
- Accepts a wide variety of insurances.

*Tammy L. McPherson.....(989) 269-5180

- Location: 117 S. Port Crescent Bad Axe, MI 48413

*Trevor Grice.....(989) 975-0651

- Special interests include skill training for parents struggling with behavioral issues, marital/relationship issues, and ADHD/learning disorder training.
- Location: List Psychological Services. 7484 West Michigan Avenue, Suite C Pigeon, MI 48755

PARC Resource Guide

- Accepts a wide variety of insurance
- Website: <http://www.listpsych.com/>

Support Groups

Adoption, Foster Care, and Kinship Support Group.....(989)550-2807

- Time and locations vary
- Contact Amy Van Tifflin at the number listed

Caseville United Methodist Church.....(517) 856-4009

- Depression support group
- First and third Tuesday of every month at 7pm
- Location: 6490 Main St. Caseville, MI 48725

Psychiatrists

Barbara Mary Davenport.....(989) 269-9293

- Location: Huron Behavioral Health. 1108 S Van Dyke Rd. Bad Axe, MI 48413

Javed Haque.....(989) 269-9293

- Specializes in child and adolescent psychiatry
- Location: Huron Behavioral Health. 1108 S Van Dyke Rd. Bad Axe, MI 48413
- Accepts a variety of insurances and Medicare

Yolanda C Edler.....(989) 269-9293

- Location: Huron Behavioral Health. 1108 S Van Dyke Rd. Bad Axe, MI 48413
- Accepts Aetna, BCBS Illinois, Blue Cross/Blue Shield and Cofinity

Children with Special Needs

Children's Special Health Care Services.....(989) 269-9721

- Location: 1142 S. Van Dyke. Bad Axe, MI 48413
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.

PARC Resource Guide

- Coordinated services to pull together the services of many different providers who work within different agencies.

Respite

Michigan Department of Human Services, Huron County.....(989) 269-9201
• Location: 1911 Sand Beach Rd. Bad Axe, MI 48413

Ingham County:

Crisis Helpline

CMH Authority of Clinton, Eaton and Ingham.....(517) 346-8008
or (517) 346-8460

Counseling

*Amy M Miller.....(517) 325-9932
• Trauma informed therapist
• Location: 780 W Lake Lansing Rd. Suite 700 East Lansing, MI 48823
• Accepts Aetna, Magellan Behavioral Health, Medicare, United, Blue Cross/Blue Shield, McLaren, and Tricare.

Behavioral Health Services (Sparrow-St. Lawrence).....(517) 364-7650
• Outpatient clinic can be reached at (517) 364-7700
• Website: www.sparrow.org/behavioralhealth

Christina Johnson.....(517) 882-6159
• Individual therapy, Family therapy, Children, teens, adults, trauma, Play therapy, anxiety, EMDR, depression, behavior issues
• Insurance (PHP, Aetna, McLaren, Magellan, EAP) and Medicaid accepted. Medical Subsidy accepted and willing to bill directly

Community Mental Health(517) 346-8200
• Children’s Services direct line: (517) 346-8000
• Website: www.ceicmh.org

Karen Goldner.....(517) 268-8057
• Specializes in adoption and anxiety and self-esteem.
• Medicaid accepted.
• Location: Psychological and Behavioral Consultants. Lansing, Michigan 48910

* Starr, Rebecca LMS, RPT-S.....(616)275-2015

PARC Resource Guide

- Trauma Informed
- Play Therapy, TBRI (Trust Based Relational Intervention) and other modalities.
- Lansing Area
- Email: rebecca@theplaycounselor.com

*Elizabeth Waies.....(517) 292-4177

- Specializes in trauma/PTSD, school concerns, and anxiety
- Location: Executive Office Park and Conference Center. 4790 Northwind Drive. Suite 210 East Lansing, Michigan 48823
- Accepts Blue Cross/Blue Shield, Magellan Behavioral Health, McLaren, and Medicare insurance.

*Jennifer K Ogle.....(517) 376-3732

- Specializes in child and adolescent behavioral issues and trauma/PTSD
- Location: 4123 Okemos Road. Eastbrook Plaza. Okemos, Michigan 48864
- Accepts insurance

Kay Janet Pratt.....(517) 376-4926

- Specializes in depression, relationship issues, and anxiety
- Location: 3640 E Arbutus Drive. Okemos, Michigan 48864
- Accepts many types of insurance and uses a sliding scale

Highfields.....(517) 887-2762

- A traditional counseling approach is used in providing this service. Counseling services are home & office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- Website: <http://highfields.org/>

*Lois Dean.....(517) 349-4360

- Trauma informed therapist
- Location: 2198 Commons Parkway. Okemos, MI 48864

MSU Psychological Clinic.....(517) 355-9564

- Website: Psychology.msu.edu/clinic

PARC Resource Guide

PAR Rehab Services.....(517)-887-9801

- Provides a variety of psychological and rehabilitation services for the purpose of accurate diagnosis and successful treatment. These services are offered to individuals with medical, neurologic, and psychological conditions including traumatic brain injuries, cerebrovascular accidents, learning disabilities, attention deficit disorders, psychological adjustment disorders, dementia, industrial injuries, and automobile injuries.
- PAR Rehab Services offers a Substance Abuse Disorder Program for adults and adolescents. This new program includes substance abuse assessment, diagnosis, and outpatient treatment services in individual and group modalities
- Location: 3960 Patient Care Drive. Suite 104 Lansing, MI 48911
- Website: www.parrehab.org

Prevention & Training Services (PATs).....(517) 323-8149

- Provides numerous prevention services such as: Marijuana & Alcohol Intervention Program, Domestic Abuse Intervention Program, Assaultive Behavior Change, Alcohol Insight, Relapse Prevention, Outpatient Substance Abuse Treatment, Women's Specific Outpatient Treatment, Intensive Outpatient Treatment
- No insurance is accepted
- Location: 4601 W. Saginaw Hwy., Suite C Lansing, MI 48917
- Website: <http://www.patslansing.com/>

Psychological Services of East Lansing.....(517) 599-4934

- Location: 1650 Kendale Blvd. Suite 95 East Lansing, MI 48823

Shana Bombrys.....(517) 882-6159

- Individual therapy, Family therapy, Substance abuse
- Accepts private insurance, Medicare, Medicaid, and accepts and willing to bill medical subsidy
- Contact: Shana Bombrys, LMSW, CADC, ADS (shanabombrys@gmail.com)

Auburn Hills Psychological Services(517) 750- 3869

- Performs assessments for psychological evaluations for parents
- Adoption and Foster care sensitive
- Accepts Aetna and Cofinity insurance
- Location: 6692 Spring Arbor Rd, Jackson, MI 49201

*Dr. Shannon Lowder, PsyD, LLP.....(517) 998-4673

*Karen Dunham, LMSW.....(517) 321-4775

- Location: 836 Centennial Way, Suite 140, Lansing, MI. 48917

Perspectives Therapy Services(517) 993-5474

- Location: 908 East Mount Hope, Lansing, MI, 48910

Support Groups

Adoption Associates, Inc.....(517) 327-1388

- Offers support groups for parents, children, and children with special needs. Also offers parenting skills classes.
- Location: 800 Thomas L. Parkway, Suite 1 Lansing, MI 48917
- Visit their website at www.adoptionassociates.net.

CACS Head Start Adoptive, Foster, and Kinship Support Group.....(989)224-8525

- Support group that provides knowledge and resources to families. Light snack and childcare provided.
- Meets once per month times TBD
- Location: 101 E. Willow St Lansing, MI 48906
- Contact Brenda Martinez at the number listed or at brenda.martinez@cacsheadstart.org

Child and Family Services of Michigan Support Group

- Location: 2157 University Park Drive, Okemos, MI 48805
- Contact: (517)349-6226 or toll free (800)878-6587

Foster and Adoptive Parent Support Group (open to adoptive parents as well)

- Meets 3rd Thursday of each month, from 6:00 to 8:00pm. 6:00 to 6:30 parents only, 6:30 to 7:30 training, 7:30 to 8:00 time to mingle.
- Location: 5303 S. Cedar Street, Lansing, MI 48911
- Free childcare provided. One hour of training is earned towards licensure requirements for each meeting.
- Contact: Christina Redmond, 517-775-2693 or redmondc2@michigan.gov

Dr. Larisa K. Hutchins.....(517) 628-6573

- Parenting from a Life Coaching Perspective: An alternative to traditional parenting classes where the presenter is the "expert" this group views the parents as the experts and the coach as a guide to help achieve the goals desired. Covers ages from infancy through adolescence. Breakout groups for various ages are available.

Michigan Foster and Adoptive Parent Association.....(517) 694-1056

- Location: 2450 Delhi Commerce Dr., #10, Holt, MI 48842

National Alliance of Mental Illness Lansing.....(517) 484-3404

- NAMI Lansing offers: support groups, educational opportunities, and a healthy living program.
- Family Support Group
 - Meets every Tuesday from 7 -8:30pm

PARC Resource Guide

- Location: Sparrow Behavioral Health, First Floor, 1210 W. Saginaw, Lansing.
- Call for more information.
- Support Group for Spouses of Persons with Mental Illness
 - Meets the First Monday of the month from 7:00 to 8:30 p.m.
 - Location: Sparrow Behavioral Health – First Floor, St. Lawrence Campus of Sparrow Health System, 1210 W. Saginaw, Lansing. Go to Behavioral Health first floor, partial hospitalization room.
- Website: <http://www.nami-lansing.org/>

Open Arms Monthly Community Support Group for Foster and Adoptive Parents

- Every 3rd Sunday of the month at 9:15AM
- Location: Trinity Church 3355 Dunckel Rd, Lansing MI 48911 Room 163
- Contact: Ryan and Carla Kelley (517)699-2877 or trinityopenarms@gmail.com

RAD Support Group.....(517) 882-4000 Ext. 133

- Contact person: Korey Wheeler
- Free childcare provided for those who register in advance
- Meets every 4th Monday of the month 6:30-8:30 pm
- Location: Child and Family Services, 4287 Five Oaks Dr., Lansing, MI 48911

Transracial Adoption Group

- Meets the 4th Wednesday of each month from 6:00-8:00PM
- Location: Willow Tree Family Center, 3333 S. Pennsylvania Ave. Ste 101, Lansing, MI. 48910
- Contact Betsy at Elisabeth.banghart@gmail.com or the group Facebook link at <https://www.facebook.com/groups/109411256401347/>

*Child and Family Services of Michigan.....(800)878-6587

- Location: 2157 University Park Drive, Okemos, MI 48805
- Contact: (517)349-6226

*Foster Parent Support Group (open to adoptive parents as well.)

- Meets the 3rd Thursday of each month from 6:00-8:00PM
- 6:00 to 6:30 parents only, 6:30 to 7:30 training, 7:30 to 8:00 time to mingle. Free childcare.
- Location: 5303 S. Cedar Street, Lansing, MI
- Contact: Christina Redmond at 517-775-2693 or redmondc2@michigan.gov

*Michigan Foster and Adoptive Parent Association.....(517)694-1056

- Location: 2450 Delhi Commerce Dr., #10, Holt, MI 48842

Community Education Programs & Community Centers

Foster Community Center.....(517) 483-4233

Updated 10/27/2021

PARC Resource Guide

- Location: 200 N. Foster Lansing MI 48912
- Website: www.lansingmi.gov/foster_community_center???

Kinship Care Resource Center.....(517) 355-9600

- School of Social Work at MSU supports Michigan kinship families by utilizing research to provide education and outreach for communities, agencies, and individuals involved in supporting kinship families.

Mentoring

Big Brothers/ Big Sisters of Greater Lansing.....(517) 372-0160

- Location: 330 Marshall St., Suite 103Lansing, MI 48912

Psychiatrist

Zulfiqar Ahmed.....(517) 618-0934

- Location: Healthy Minds. 240 S Bridge St. Suite 220
Dewitt, Michigan 48820
- Accepts several types of insurance

Children with Special Needs

Association for Children's Mental Health.....(517) 381-5125

- Location: 6017 W. St. Joseph Hwy. Suite 200 Lansing, MI 48917
- Website: www.acmh-mi.org

Children's Special Health Care Services..... (517) 887-4309

- Location: 5303 S. Cedar. P.O. Box 30161Lansing, MI 48909
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.
- Website: www.michigan.gov/chscs

Ingham Intermediate S.D. (Project Find) Early On.....(517) 244-4514

- Website:
www.inghamisd.org/academic_services/earlychildhoodeducation/earlyon

Child Care Financial Assistance & Resources

DHS (FIA) Child Day Care Services.....(517) 887-9400

- Website: www.michigan.gov/michildcare

Respite

LAP Respite Center.....(517) 372-6671

- In-Home Program
 - Services are provided in the family home. The family does not have to be at home during this time or depending on the service agreement, the LAP care provided may take the child out of the home for an activity. These hours are prescheduled to the family's wishes / needs. The hours can be as little at 3 hours per week to as many as 24 hours per day.
- Respite House Program
 - Services are provided at the LAP Respite House located near the LAP administrative office. Care can be provided for up to 6 children during non-school days, or 4 children on the weekends. LAP provides two trained care providers to be on staff for every hour a child is scheduled. This is a very popular program and fills up very quickly. LAP provides supervisors for on-call duties while children are on site. The Respite House carries a State of Michigan license as a daycare facility and is inspected regularly.
- After School Program
 - Services are provided at the Beekman Center, which is part of the Lansing School District. The program is open whenever Beekman Center is open, including summer school. The hours during the regular school year are 3:00 p.m. until 6:00 p.m. The summer hours are 12:45 p.m. until 6:00 p.m. This program holds a State of Michigan daycare license for up to 16 children ages 5 years to 26 years for any child in special education classes. The program director ensures there is a 3 to 1, Student - to - care provider ratio.
- Payment for services can be made in several different ways; the Department of Community Mental Health, the Department of Human Services, Insurance, or Private Pay.
- Location:201HillsideCourtEast Lansing, MI 48823

General Health Services

Public Health Nursing.....(517) 887-4322

Or (989) 224-2195

Emergency Shelters

PARC Resource Guide

Gateway Community Services.....(877) 833-3689

- Emergency shelter, counseling and support services for runaway, homeless and at-risk youth.
- Location: 2875 Northwind Drive, Suite 105 East Lansing, MI 48823

End Violent Encounters.....(517) 372-5572

- Emergency shelter and counseling services for survivors of domestic violence.
- Website: www.eveinc.org

Living Support

Giving Tree Farm, Inc. (Services)(517)485-4395
or (517) 490-1396

- Living support/respite care services with a target population being adoptive care (Medicaid approved provider).
- Employment opportunities for persons with disabilities
- Long term residential care for the neurologically impaired.
- Family shared information and blog.
- Visit their website at www.givingtreeservices.org or email at givingtreeserv5644@att.net.

Faith Based Resources

Trinity Church/Open Arms.....(517) 969-3292

- Offers support groups and other resources for adoptive families.
- Location: 3355 Dunckel Rd. Lansing, MI 48911
- Contact Carrie Feitl: openarms@trinitywired.com

Parent Resources

Michael R. Whitehead.....(517) 325-3638

- Parenting skills classes, couple communication classes, therapeutic assessments
- Insurance not accepted
- Contact: Michael Whitehead, MS in MFT, LMFT
(ourfamilytherapist@gmail.com)

Preschool Related Professional Organizations

Office for Young Children (Regional 4C).....(517) 887-4319

Youth and Teen

PARC Resource Guide

- Christian Services.....(517) 394-5411
- Pregnancy Services.....(517) 580-8185
- Website: www.pregnancylansing.com
- Shared Pregnancy Women’s Center.....(517) 484-1882
- Website: <http://www.sharedpregnancy.org/>
- Cristo Rey Community Center.....(517) 372-4700
- Variety of programs for the community and youth including an after-school drop off clinic, 4-6pm
 - Counseling, substance abuse treatment, parenting classes, Women/Living Free, and domestic violence prevention/counseling.
 - Location: 1717 North High Street Lansing, MI 48906

Ionia County:

Crisis Helpline

- * The Right Door for Hope, Recovery and Wellness(616) 527-1790
Or 888-527-1790

Counseling

- *Douglas W. Bentley.....(616) 777-7735
- Specializes in depression and trauma/PTSD
 - Location: Inner Access Therapy Center, LLC. 112 S Depot Ionia, Michigan 48846
 - Accepts a wide variety of insurance
- Ionia County Community Mental Health.....(616) 527-1790
- Location: 375 Apple Tree Dr. Ionia, MI 48846
- Psychotherapy Services of Rockford, LLP.....(616)439-0891
- Location: 16 N Monroe Street. Rockford, Michigan 49341
 - Accepts a wide variety of insurance

Support Groups

- Anderson Psychology Center.....(248) 688-0695
- Friendship Group: works with children on development of their friendship and social skills

PARC Resource Guide

- Cost: \$40-50
- Every other Saturday from 10am-11am
- Location: 29260 Franklin Road. Suite 110 Southfield, Michigan 48034

Foster, Adoptive, Grandparents, Kinship Parent Support Meeting.....(616)902-9923

- One hour training provided. Bring snacks to pass, childcare not available.
- Location: Ionia DHS, 920 E. Lincoln Ave., Ionia, MI 48846
- Contact Linda Schrauben at the number listed

Ionia/Montcalm County Foster Care and Adoptive Family Support Group

- Meets every 3rd Wednesday each month (No meetings in July, August and December)
- Location: The Right Door, 375 Appletree Dr., Ionia, MI 48846
- Contact Jamie Schafer at (517)712-0502 or Tim Schafer at (517)712-0498

National Alliance on Mental Illness Lansing.....(517) 484-3404

- NAMI Lansing offers: support groups, educational opportunities, and a healthy living program.
- Family Support Group
 - Meets every Tuesday from 7 -8:30pm
 - Location: Sparrow Behavioral Health, First Floor, 1210 W. Saginaw, Lansing.
 - Call for more information.
- Support Group for Spouses of Persons with Mental Illness
 - Meets the First Monday of the month from 7:00 to 8:30 p.m.
 - Location: Sparrow Behavioral Health – First Floor, St. Lawrence Campus of Sparrow Health System, 1210 W. Saginaw, Lansing. Go to Behavioral Health first floor, partial hospitalization room.
- Website: <http://www.namilansing.org/>

Psychiatrists

Inner Access Therapy Center.....(616) 527-2619

- Location: 227 W Main St Ste 235 Ionia, MI 48846
- Accepts most insurance and HMO/PPO/POS plans in Michigan
- Reduced fee services are available on a limited basis
- Cash, check and all major credit cards are accepted for payment

Children with Special Needs

Children's Special Health Care Services.....(616) 527-5341

- Location: 175 E. Adams. Ionia, MI 48846
- Coverage and referral for specialty services based on the person's health problems.

PARC Resource Guide

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Respite Services

- Michigan Department of Human Services.....(616) 527-5200
- Location: 920 E Lincoln Ionia, MI 48846

Jackson County:

Crisis Helpline

- LifeWays.....(800) 284-5538

Counseling/Therapy

- Henry Ford Allegiance Behavioral Health..... (517) 205-4730
- 205 N East Ave Jackson, MI 49201
 - https://www.henryford.com/locations/allegiance-health/behavioral-health?utm_campaign=website-link&utm_source=local-listing&utm_medium=organic

- Highfields.....(517)783-4250

- A traditional counseling approach is used in providing this service. Counseling services are home & office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- Location: 1206 Clinton Rd. Jackson MI 49202
- Website: <http://highfields.org/>

- Integro, LLC.....(517) 789-1234

PARC Resource Guide

- Out Patient counseling and case management services for both adults and children including: Individual, family and play therapy, integrated treatment for adults with co-occurring mental health and substance use issues.
- Home-based services including: Multisystemic Therapy, 0 to 3 infant mental health and Trauma Focused Cognitive Behavioral Therapy.
- Most private insurances are accepted as well as Medicaid.
- Location: 1200 N West Ave Suite 300 Jackson, MI 49202-2174

Jackson County Department on Aging.....(517) 788-4364

- Individual therapy for caregivers age 55 years of age and older, Kinship support group for Kinship Caregivers age 55 years of age and older
- No charge for services

LifeWays Community Mental Health.....(517)780-3332

- LifeWays contracts with a wide variety of behavioral health providers to deliver services and supports to those with developmental disabilities, serious mental illness, serious emotional disturbance, and substance use disorders.
- Location:1200 N. West Avenue. Jackson MI 49202

Cipriano-Galbreath, Sharon(269) 382-5343

- Adoption, foster care, anxiety, compulsive behaviors, depression, dissociation, grief in children and young adults, Attachment issues and testing; Spiritual Mentoring; and energy medicine to include Auriculotherapy and EFT Procedure.
- Location: 148 N. Riverview Dr. Parchment, MI 49004

LG Gallagher PSYD and Associates.....(517) 414-0697

- Location: 451 Marshall St. Brooklyn, Michigan 49230
- Has multiple workers to fit an individual's preference.
- Works in a broad range of specialties ranging from individual to blended families
- Accepts many types of insurance

Solutions 2 Wellbeing.....(517) 787-9474

- Offers a variety of services-individual counseling, family counseling, marriage counseling, parenting classes, and trainings
- Staff are trained in the Nurtured Heart Approach which is integrated into it services
- Location: 200 N. West Ave., Suite 400, Jackson, MI 49202

Zolman, Larry.....(517) 936-7580

- Individual and family therapy
- Specializes in behavioral therapy for children and adolescents.
- Provides applied behavior analysis for children on the autism spectrum or who are lower functioning.
- 2301 E. Michigan Ave. #215c Jackson, MI 49202

PARC Resource Guide

- Accepts Confinity and Humana

Windham, Theresa LMSW LLC.....(517)798-5555

- 569 Wildwood Ave, Unit #4, Jackson, MI 49201
- theresa.windham@live.com

Legiski, David MSW.....(517)205-2161

- 3235 E Michigan Ave, Jackson, MI 49202
- 2200 Springport Rd, Jackson, MI 49202
- <https://www.henryford.com/physician-directory/l/ligeski-david>

Schweda, Brad MA, LLP..... (517)937-0523

- 4611 County Farm Rd, Jackson, MI 49201

Geisler, Elizabeth LMSW..... (517)787-7920

- Family Service and Children's Aid
- 330 W. Michigan Jackson, MI 49201

Support Groups

Post Adoption Resource Center(734)794-2988

- 1st Monday of each month, 6 to 8pm
- Currently being held via Zoom

Foster Parent Support Group.....(517) 787-7920

- Meets 2nd Monday of each month from 5:30-7:30PM
- Location: Immanuel Lutheran Church, Michigan Ave., Jackson MI
- Contact licensing agency for more information

Jackson County Department on Aging.....(517) 768-8652

- Kinship support group
- Time: 12 - 1:30 PM
- Contact: Jennifer Guthrie

National Alliance of Mental Illness of Jackson & Hillsdale, MI.....(517) 782-1164

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- Location: 5032 Harriett Dr. Jackson, MI, 49203-5241

- <http://namimi.org/nami-jackson-hillsdale>

Runaway and Homeless Youth Services

DO'CHAS II.....(517)788-4605

- Crisis based services available to youth between the ages of 12 and 20, their siblings and families.
- Location: 304 Alpine Lane Jackson, MI 49203
- <https://dochasmi.wordpress.com/>

Psychiatrists

Aleksandra Wilanowski.....(517) 879-1952

- Location: 3333 Spring Arbor Rd Suite 300 Jackson, MI 49203
- Accepts Aetna, Blue Cross/Blue Shield, and CIGNA insurance

Christina I. Zachar.....(517) 782-7133

- Location: 2301 E Michigan Ave Suite 100 Jackson, MI 49202
- Accepts most insurances

John S. Mogerman.....(517) 788-4730

- Location: Allegiance Outpatient Bhvr Health. 205 N East Ave. Jackson, MI 49201
- Accepts most insurances.

Children with Special Needs

Children's Special Health Care Services.....(517) 788-4422

- Location: 1715 Lansing Ave. Suite 221 Jackson, MI 49202
- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Nutrition

Jackson County Health Department.....(517)788-4484

Or.....(888)781-4420

Parent Resources

Solutions 2 Wellbeing.....(517) 787-9474

- Offers a variety of services-individual counseling, family counseling, marriage counseling, parenting classes, and trainings
- Location: 200 N. West Ave., Suite 400, Jackson, MI 49202

Housing

Training and Treatment Innovations, Inc.....(800) 741-1682

- Hillsdale/Jackson and Oakland Counties
- Housing services include: Outreach, housing search, counseling, training, tenant/landlord mediation, and subsidized support
- 2301 E. Michigan Ave, Ste. 219, Jackson, MI 49202

Kalamazoo County:

Crisis Helpline

*Kalamazoo Community Mental Health(269) 373-6000

- Substance Abuse Services.....(888) 373-6200

Mental Health Counseling/Treatment

*Bethany Christian Services.....(269) 372-8800

- Individual therapy, ADOPTS support group.
- Insurance not accepted. Medical subsidy accepted and can be billed directly
- Location: 6687 Seeco Drive Kalamazoo, MI 49009
- Contact person: Sarah Richards
- Visit their website at www.bethany.org

Bill LaValley.....(269) 382-0064

- Works well with teenage boys
- Location: 914 S. Westnedge Ave. Kalamazoo, MI 49008

Bridgeways.....(269) 552-3440

- Location: 1606 S Burdick Kalamazoo, MI

Catholic Family Services.....(269) 381-9800

- Location: 1819 Gull Rd. Kalamazoo, MI
- Sliding scale offered

PARC Resource Guide

*Children's Trauma Assessment Center.....(269)387-7073

- Assess the impact to children following exposure to traumatic events and/or suspected fetal alcohol exposure.
- Children, ages three months to 17 years, entering foster care due to experiences of child abuse and/or neglect.
- Children with other traumatic experiences are also considered for assessment
- They do not bill private insurance companies.
- Location: Unified Clinics of Western Michigan University.1000 Oakland Drive Kalamazoo, MI 49008
- Email: chhs-ctac@wmich.edu
- Website: <http://www.wmich.edu/traumacenter>

Ms. Stephanie Cole.....(269) 742-4706

- Specializes in adoption, family conflict and anxiety.
- Medicaid accepted.
- Location: Kanous and Associates Counseling. 3030 S 9th St Suite 3E Kalamazoo, Michigan 49009

Elizabeth Upjohn Community Healing Center.....(269)343-1651

- Mental health, children's services, addiction treatment
- Location: 2615 Stadium Drive, Kalamazoo, MI 49008

*Family Attachment Center and Therapeutic Respite (FACTR).....(269)343-0646

- Geared specifically towards adoptive families
- Location: 605 Howard St. Kalamazoo, MI 49008
- Website: myfactr@gmail.com

GFM: The Synergy Center.....(269) 323-1954

- Culturally sensitive counseling, recovery and wellness services to children ranging from infants to mature adulthood.
- Accepts Blue Cross Blue Shield PPOs, most Medicaid Plans, Sliding scale fee for families who do not have insurance.
- Location: 625 Harrison St, Kalamazoo, MI 49007
- Website: <http://www.gfmisc.org/>

Dr. Robert R Gurl.....(269) 503-8916

- Experience with children as young as 3 years old.
- Experience with behavioral issues, ADHD, Asperger's, trauma.
- Works with local schools, both public and parochial.
- Location: 2019 Rambling Rd Kalamazoo, Michigan 49008

PARC Resource Guide

*Interpretive Arts Counseling, LLC (Schau House).....(269) 382-5343

- Parenting skills classes, individual therapy, family therapy, art and sand tray therapy
- Private insurance, adoption subsidy and medical subsidy accepted.
- Location: 148 N. Riverview Dr. Parchment, MI 49004

Jennifer Lennen.....(269) 501-8235

- Parenting skills classes, Individual therapy, Family therapy
- Support Groups: Professionally run parent, children, teen, ADD, Autism groups
- Insurance, Medicaid and Medical Subsidy accepted
- Location: 605 Howard St. Kalamazoo, MI 49008

Jomie George.....(269) 343-3511

- Works with children and adolescents using primarily play therapy.
- Has experience evaluating and treating children with autism spectrum disorders.
- In network with Blue Cross Blue Shield, Meridian Health Plan, Magellan, Priority Health, and Humana
- Location: 605 Howard St. Kalamazoo, MI 49008

Kalamazoo Community Mental Health.....(269) 373-6000

- Walk in hours Monday-Friday from 8:00am-5:00pm
- Location: 2330 Portage Street Kalamazoo, MI 49001

KCMHSAS Youth and Family Services.....(269) 553-8060

- Location: 432 W Crosstown Pkwy, Kalamazoo, MI
- Fees are based upon your ability to pay or your health insurance coverage. While no one is denied services based on their financial situation, there may be a waiting list in place to receive non-Medicaid covered services.

Kalamazoo Child and Family Counseling, PLLC.....(269) 615-7637

- Provides child and family counseling. We specialize in providing therapy to children with anxiety, post-traumatic stress disorder (PTSD), grief and loss and behavioral disorders like oppositional defiant disorder
- Location: 605 Howard St. Kalamazoo, MI 49008
- Email: jlaponsie@kzoofamilycounseling.com
- Website: www.kzoofamilycounseling.com
- Insurances accepted include Meridian Medicaid, Blue Cross Blue Shield, Optums (formerly United Health)

*Lutheran Social Services of Michigan.....(855) 444-3911

- Outpatient or Outreach counseling services in an individual, family or group capacity
- Therapeutic Parent Coaching to enhance parenting skills

PARC Resource Guide

- Gain Understanding of Life Experiences within the Child Welfare System
- Assist with Emotion Regulation
- Decrease Negative Behaviors
- Meet Mental Health Needs of Children and Adults involved with CPS, Protect Mi Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post Adoption or Guardianship
- Accepts Medicaid and Medical Subsidy
- Location: 1803 Whites Road, Suite 5 Kalamazoo, MI 49008
- Email: CFtherapy@lssm.org

*Mark Scheffers.....(269)350-6324

- Specializes in children/teens and their families who have experienced relational trauma, adoption, and/or multiple placements.
- Addresses traumatic stress in children that may cause aggression/violence, defiance, stealing, lying, running away, etc.
- Enhances parent responsiveness to children in distress
- Skilled in several intervention techniques.
- Offers individual, parent-child, couple, and group therapy in addition to parent coaching and assessment.
- Location: 605 Howard St. Kalamazoo, MI 49008
- Email: markscheffers1@gmail.com

Neuropsychology Associates.....(269) 375-2222

- Location: 4328 West Michigan Ave. Kalamazoo, MI

*Pediatric Counseling Center, LLC.....(269) 372-6500

- Shelly Woertink is a certified loss and trauma specialist.
- Specializes in services to children 2-17
- Location: 950 N. 10th St. Suite 200 Kalamazoo, MI 49009

*Renee Sanderson.....(269) 377-1045

- Trauma informed therapist
- Location: 5985 W. Main St., Suite 206 Kalamazoo, MI 49009

Strong Families Safe Children.....(269) 372-8800

- For families who adopted through foster care and live in Kalamazoo County
- Assessment, referrals, therapy, home management, parent education
- Contact: Sarah Richards, LMSW, srichards@bethany.org

*Trauma Recovery Associates.....(269) 381-8917
or (269)873-8829

- Trauma Recovery Associates (TRA) is comprised of mental health professionals with experience in treating adult survivors of childhood abuse and neglect.
- Location: 1333 W. Lovell St. Kalamazoo, MI 49006

- Website: <http://www.traumarecoveryassociates.com/index.html>

Support Groups

Bethany Christian Services.....(269) 372-8800

- Kalamazoo Adoption Support group, ADOPTS support group.
- Insurance not accepted. Medical subsidy accepted and can be billed directly
- Visit their website at www.bethany.org
- Location: 6687 Seeco Drive Kalamazoo, MI 49009

Big Brothers Big Sisters.....(269) 382-6800

- Location: 3501 Covington Rd, Kalamazoo, MI 49001

CHADD.....(269)626-5651

- Presentations and support group meetings for both Parents/Caregivers of Children with ADHD and Adults with ADHD living in the Washtenaw County area
- Meets: 2nd Tuesday of every month at 7:00 pm - 8:30 pm
- Location: Kalamazoo Regional Educational Service Agency (KRESA) 1819 E. Milham Ave., Portage, MI 49002
- Meetings are FREE

Child & Family Psychological Services.....(269) 372-4140

- Professionally led group for adults with anxiety and/or depression.
 - Meets Mondays from 6-7:30pm.
- Professionally led trauma recovery group for adults.
 - Meets Wednesdays 1:15-3:30pm.
- Professionally led group for middle school aged boys and girls with social anxiety.
 - Meets Wednesday evenings.
- Professionally led self-esteem building group for girls ages 8-12.
 - Meets Thursdays at 4pm.
- Groups are \$65 per session, billed to insurance.
- Accept a wide variety of insurance types and a sliding scale may be used depending on the family's income.

Foster/Adoptive Parent Support Group.....(269) 373-5053

Interpretive Arts Counseling, LLC (Schau House).....(269) 382-5343

- Professional-led attachment focused support groups
- Private insurance, adoption subsidy and medical subsidy accepted.

Jennifer Lennen.....(269) 501-8235

- Professionally run parent, children, teen, ADD, Autism groups

PARC Resource Guide

- Insurance, Medicaid and Medical Subsidy accepted

Kalamazoo Area Adoptive Parent Support Group

- Meets every other Tuesday from 6:30-8:00PM, childcare is available
- RSVP by emailing Jillayne at bjkrogel@live.com

Kalamazoo Area Fetal Alcohol Spectrum Disorder Support Group (KAFASD)

- KAFASD is a parent/caregiver local closed Facebook network with social events, trainings and meetings
- Contact Robin at (269)731-4577 or Kathy at (269)303-1402 or join the Facebook group at <http://www.facebook.com/groups/KAFASD/>

K-First Foster Care/Adoption Ministry Support Group

- Meets the 4th Sunday of each month from 12:00-2:00PM, childcare is available
- Location: 5550 Oakland Dr., Portage, MI
- Contact Katie at 23shank@gmail.com or the Facebook page called KFAM

National Alliance of Mental Illness of Kalamazoo, MI..... (269)349-8444

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- All programs are not available with all NAMI chapters. Please contact your local chapter to see what is available.
- Website: <http://www.namikalamazoo.org/>

Singles for Adoption.....(616) 381-2581

Runaway and Homeless Youth Services

Catholic Family Services.....(800) 873-TEEN

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- Location: 990 West Kilgore Rd Kalamazoo, MI 49008
- The Ark

Crisis Intervention

Mobile Crisis Response.....(269)373-6000

- Crisis service for families at no cost.

PARC Resource Guide

- Available 24/7
- Website: <http://mobilecrisisresponse.com/index.htm>

Psychiatrists

Arles R. Stern.....(269) 375-2222

- Location: Neuropsychology Associates. 4328 W Michigan Ave. Kalamazoo, MI 49006

DeLano Clinic

- Website: <http://www.borgess.com/default.aspx?pld=553>
- Accepts Medicaid

Marilyn Mittenthal.....(269) 544-1590

- Pediatric and adolescent psychiatrist
- Location: 5380 Holiday Terrace #36 Kalamazoo, MI 49009
- Accepts CIGNA, Medicaid, and United Health Care insurance

Roger Apple.....(269)612-4322

- Recommended for psychological testing
- No sliding scale
- Accepts Blue Cross/Blue Shield, Cofinity, Medicare, Priority Health, Aetna, Cigna, Mesa, Meridian and ValueOptions.
- Location: 5955 W. Main St. Kalamazoo, MI 49009
- Website: <http://www.appleandassociatesllc.com/>

Velre L. Bell.....(269) 343-6700

- Location: Pine Rest Christian Mental Health. 1530 Nichols Rd. Kalamazoo, MI 49006
- Accepts Aetna, Blue Cross/Blue Shield, and MultiPlan insurance

Children with Special Needs

Children's Special Health Care Services.....(269) 373-5200

- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

PARC Resource Guide

Great Lakes Center for Autism Treatment and Research(269) 250-8200

- At our autism treatment center, caring professionals will help your child achieve his or her personal best
- Location: Lawrence Autism Center (LAC) 1800 South 35th Street, Galesburg, MI 49053
- Kalamazoo Autism Society located at 9616 Portage Rd, Portage, MI 49002
- Website: www.autismtreatmentresearch.org

MCR Industries

- MRC's mission is to encourage and support individuals living with a disability to achieve their fullest potential through employment, skill building, and active community involvement.
- Website: <http://www.mrcindustries.org/index.php>
- MRC McKercher
 - Location: 2538 S. 26th St. Kalamazoo, MI 49048
 - Contact at 269-343-0747
- MRC BridgeWays Case Management
 - Location: 1606 S. Burdick Street Kalamazoo, MI 49001
 - Contact at 269-552-3440
- MRC Pathways Clubhouse
 - Location: 119 W. Vine Kalamazoo, MI 49001
 - Contact at 269-342-0173

Reach For Kids.....(269)384-2270

Or (269) 207-2527

- Contact: Linda Casper (lscasper@ameritech.net)
- Provides Special Education Advocacy, Consultant and Tutorial Services for Southwestern Michigan.
- Location: 4341 S. Westnedge Ave., Suite 2101, Kalamazoo, MI 49008

Respite

ARC.....(269)342-9801

- Help with alternatives to guardianship and provide educational advocacy
- Location: 814 S Westnedge Ave. Kalamazoo, MI 49008

Ark.....(800) 873-8336

- Location: 990 W Kilgore Rd. Kalamazoo, MI 49008

Family & Children Services.....(877) 296-2062

- Day and overnight respite care for children/adolescents
- Location: 1608 Lake Street Kalamazoo, MI 49001

PARC Resource Guide

- Family Attachment Center and Therapeutic Respite (FACTR).....(269)343-0646
- Geared specifically towards adoptive families
 - Assessments for current foster children
 - Location: 605 Howard St., Kalamazoo, MI 49008
 - Email: myfactr@gmail.com

Clothing and Other Basic Needs

- American Red Cross.....(269) 353-6180
- Location: 5640 Venture Ct Kalamazoo, MI
- Deacons Conference.....(269) 344-7333
- Location: 1010 North Westnedge Kalamazoo, MI
- Portage Community Outreach Center.....(269) 323-1942
- Location: 325 East Center Portage, MI
- Salvation Army.....(269) 344-6119
- Location: 1700 South Burdick Kalamazoo, MI
- St. Vincent De Pauls.....(269) 388-4544
- Location: 513 Eleanor St. Kalamazoo, MI

Food and Nutrition

- Department of Human Services.....(269) 337-4900
- Location: 322 East Stockbridge Kalamazoo, MI
- Family Health Center.....(269) 349-2647
- Location: 117 West Paterson St. Kalamazoo, MI 49007
- Goodwill.....(269) 382-0490
- Location: 420 Alcot Kalamazoo, MI
- Gospel Mission.....(269) 345-2974
- Breakfast served at 7am
 - Dinner served at 7pm
- Kalamazoo County Human Services Department..... (269)373-5002
- Loaves and Fishes.....(269) 343-3663
- Location: 420 Alcot Kalamazoo MI

WIC.....(269) 373-5002

Housing Resources

Alpha and Omega.....(269) 345-5100

- Housing services for men.
- Location: 829 Rose Ct. Kalamazoo, MI

ARK.....(269) 343-8765

- Serves youth ages 12-17
- Location: 990 West Kilgore Kalamazoo, MI

Bethany House.....(269) 366-4468

- Location: 722 S. Rose. Kalamazoo, MI 49007

Department of Human Services.....(269) 337-4900

- Location: 322 East Stockbridge Kalamazoo, MI

Emergency Overnight Shelter.....(269) 532-1210

- Location: 440 ½ North Church Kalamazoo, MI

Parent Resources

Parent to Parent

- Website: <http://www.p2pswmi.org/index.html?>

Amy Embury, MA.....(269) 673-6617

Supervisor, Children’s Services/Certified AT NHA Consultant

County Resources

Kalamazoo Resource Search Engine.....(269)673-6617

- Website: <http://www.referweb.net/Gryphon/?>

Kent County:

Counseling

*Barbara Clayton Price.....(616)920-0244

- Adoption sensitive
- Location: BD Price Professional Services.1500 East Beltline. Suite 105 Grand Rapids, MI 49506
- Accepts Aetna, Blue Cross/Blue Shield, Cigna, Cofinity, Magellan Behavioral Health, Priority Health, ValueOptions, ChoiceCare, Messa, Medicare and BS Federal

PARC Resource Guide

*Bethany Christian Services.....(248) 581-7847

- The counseling includes birthparents, domestic infant families, licensing families etc.
- Lindsay Gray, LMSW Child & Adolescent Therapist/Adoption Specialist Foster Care Adoption
- Location: 30685 Barrington St.-Suite 140 Madison Heights, MI 48071-5116

*Brandon Lyon.....(616) 920-0043

- Adoption sensitive therapist for adolescents and teenagers.
- Location: 3351 Eagle Park Dr. NE. Suite C Grand Rapids, MI 49525
- Accepts Aetna, Ceridian, Cofinity, Humana, Medicare, ValueOptions, Blue Cross/Blue Shield, Cigna, ComPsych, Tricare and Magellan Behavioral Health

Community Mental Health-Grand Rapids.....(616)336-3765

- Location: 790 Fuller Avenue NE Grand Rapids, MI 49503

DA Bloggett-St. Johns.....(616) 451-2021

- Individual therapy, family therapy, and home-based services
- Parent and professional run support groups, and special needs.
- Insurance accepted. Does not accept medical subsidy

Family Outreach Center.....(616) 247-3815

- Provide quality outpatient mental health, substance use disorder, education, prevention and support services for children, youth and families
- Trauma-Focused Cognitive Behavioral Therapy, Parenting Classes and one taught in Spanish, Anger Management classes, Substance Use Prevention, Juvenile Court Parent Workshops, School Based Outreach
- Eligibility: Children enrolled in a school providing these services, who meet criteria for outpatient mental health and/or substance use services based on a clinical assessment.
- Funding: Funding is provided through insurance carriers and/or Network 180 based on eligibility.
- Website: <http://www.focgr.org/>

Greater Hopes Family Services, Inc.....(616) 451-0245

- Family and individual counseling.
- Parent Support Groups
- Website: <http://www.greaterhopes.org/>

*Joseph Kohley, MSW, ACSW, CACIL.....(616) 261-0888

- Location: 2976 Ivanrest Avenue, Suite 205 Grandville, MI 49418
- Accepts BCBS Illinois and Blue Cross/Blue Shield

PARC Resource Guide

- *Dr. Katie Bozek.....(616)541-5812
- Specialties include adoption-related issues, couple concerns, parenting concerns, and issues related to trauma.
 - Location: 4403 Cascade Rd Suite 6 Grand Rapids, MI 49546
 - Accepts Aetna, Cofinity and Priority Health POS
- *Laura Hockenberry.....(616)818-1345
- Specializes in PTSD, sexual abuse, and traumatic loss
 - Location: 983 Spaulding Ave SE Ada, MI 49301
 - Accepts cash and check for payment. No insurance accepted. No sliding scale
- *Leah Brouwers, MA.....(616) 949-3335
- Email: thetherapyclinic@aol.com
 - Location: 2882 Thornhills Ave Grand Rapids, MI 49546
- *Miriam Engler.....(616) 920-0891
- Specializes in adoption issues and Fetal Alcohol Spectrum Disorder issues in the family system.
 - Location: 4519 Cascade SE Grand Rapids, MI 49546
 - Accepts a variety of insurances. Offers sliding scale fees. Accepts Mastercard and Visa
- *Dr. Robert J. Baird.....(616) 458-0692
- Offers counseling to victims of sexual abuse.
 - Location: Human Resource Associates. 161 Ottawa Avenue NW. Waters Building Suite 300C. Grand Rapids, MI 49503
 - Accepts ASR, Cofinity, First Health, Guardian, Medicare, ValueOptions, Blue Cross/Blue Shield, ComPsych, Great West, Magellan Behavioral Health, and PHCS
 - No sliding scale. Cash, check, Mastercard and Visa are accepted for payment
- *Ruth Kohley, MSW.....(616) 261-0888
- Location: 2976 Ivanrest Avenue, Suite 205. Grandville, MI 49418
 - Accepts BCBS Illinois and Blue Cross/Blue Shield
 - Website: <http://www.kohleycounseling.com/>
- Wedgwood Christian Services.....(616) 942-7294
- Parenting skills classes, individual therapy, family therapy, home-based services, referral to mentors such as Big Brothers Big Sisters, and resource library.
 - Professional-run support groups for parents, children and attachment needs on an as-needed basis for enrollee's only
 - Location: 3300 36th Street SE. Grand Rapids, MI 49512
 - Website: <http://www.wedgwood.org/>

Support Groups

Adoptive Family Support Network.....(616) 458-7945

- Offering parent to parent support, in person and online support groups, trainings, seminars and more.
- Location: 805 Leonard St. NE, Grand Rapids, MI 49503
- Contact Shelley Garcia at the number listed or afsn@dabsj.org
- Raising Healthy Family Support Group
 - Meets 3rd Tuesday of every month from 6:00-8:00PM
 - Childcare provided with RSVP
 - Location: St. Andrews Church 1025, 3Mile Rd., Grand Rapids MI
 - Contact Carrie Burrows at the number listed or at cburrows@afsn.org
- Transracial Adoptive Parent Group
 - Meets periodically and for events
 - Contact Carrie Burrows at the number listed or at cburrows@afsn.org
- Caledonia Adoptive Parent Support Group
 - Meets 3rd Tuesday of every month from 6:00-8:00PM
 - Location: 9669 Kraft Ave. SE Caledonia, Mi 49316
 - Contact Shelley Garcia at (616) 308-9033 or at sgarcia@afsn.org
- Cedar Springs Adoptive Parent Support Group
 - Meets various times and locations
 - Contact Deidra Artecki at (616) 458-7945 or at darecki@afsn.org

ADOPTS Program.....(248) 414-4080

- Specialized therapy program for pre and post-adoptive children ages 8-17, that have experienced some type of trauma in their lives
- Contact Pamela O’Berry at the number provided

Families for International Children (FFIC).....(616) 485-8592

- Parent, Children, Transracial, Attachment focused, self-help support group, no charge for services
- Contact Jessica Lyons, President at pres@fficgr.org

FASD Parent and Self-Advocates Group.....(616) 648-9259

- Meets the 3rd Wednesday of each month from 7:00-8:30pm, Group does not meet in December
- Location: Westminster Presbyterian Church, 47 Jefferson Ave. Grand Rapids
- Contact Sandy Kezenius at the number listed or at sandnkez@hotmail.com or Corry Tait (616)648-9259 taitville@comcast.net or Barbara Wybrecht (616)485-8665 or bmwybrecht@gmail.com.

Self Advocates with FASD in Action.....616-901-5980

- Generally meets on the 3rd Wednesday of each month, meeting is for adults 18 and up who have an official FASD diagnosis.

PARC Resource Guide

- Contact Rob Wybrecht at the number listed or at rob1195@yahoo.com or moc.liamg@634wbor

Foster Parent Support Group.....(616) 281-4601 Ex. 260

- Dinner and childcare provided
- Location: 1715 Sutherland Dr. SE, Kentwood, MI 49508
- Contact Jennifer Schepers at the number listed or jschepers@wellspringlutheran.com

Grandparents Raising Grandchildren Educational Support Group.....(616) 234-3483

- Meets the 2nd Tuesday of each month from 9:00 to 11:00 AM
- Location: Wealthy (1154 Wealthy St. SE, Grand Rapids MI 49506
- Contact Michael Faber at 616-234-3483 or at mfaber@grcc.edu

Grandparents Raising Grandchildren..... (616) 464-2946 ext. 194

- Kinship support group, childcare not provided
- Meets 1st teen Monday (for example, if there was a Monday Oct. 12 or Mon. Oct.19, the meeting would be on the 19th. 12 is not a teen) of the month at 6:00-8:00PM
- Location: St. Andrews Episcopal 1025 Three Mile Rd. N.E. Grand Rapids, MI. 49505
- Contact Sharon Briggs at the number listed or at sharonbriggs@cherryhealth.com

National Alliance on Mental Illness of Kent.....(616) 942-1088

- We provide information and support for people with mental illness and their families.
- Meets the 3rd Tuesday of each month at 7:00pm
- Location: Network 180 building at 90 Fuller Avenue NE, Grand Rapids, MI 49503 on the Access Center on the first floor. Enter thru the Access entrance on the West side and someone there will guide you to our meeting room.
- Visit the website at <http://namiofkentcounty.wordpress.com/>

Singles Adopting from Everywhere..... (616) 285-9979

Teen Adoptee Group

- Visit <https://adopteen.org/AdopteenHangouts.aspx>

The Clark Institute..... (616) 755-8929

- Child and Adolescent Group, Cost: \$30-\$40
- Groups throughout the week at various times.
- Location: 600 Broadway Ave NW, C-5, Grand Rapids, Michigan 49504

Runaway and Homeless Youth Services

Arbor Circle: The Bridge.....(616) 451-3001

PARC Resource Guide

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- Location: 1115 Ball Avenue NE Grand Rapids, MI 49505
- Website: www.arborcircle.org

Psychiatrists

- Clinical Psychiatric Medical Practice.....(616) 457-1889
- Location: 4565 Wilson Ave SW Ste. 4, Grandville, MI 49418
 - Accepts Blue Cross/Blue Shield, Aetna, CIGNA, and Humana insurance.
- Pine Rest Christian Health(616) 455-5000
- Location: 300 68th St Se Grand Rapids, MI 49548
 - Accepts Wellpoint, Blue Cross/Blue Shield, Aetna, and Magellan insurance
- Pine Rest Southwest Clinic.....(616) 530-9711
- Location: 4211 Parkway Pl SW Ste 100 Grandville, MI 49418
 - Website: <http://www.pinerest.org/southwest-clinic>
- Psychiatric Associates.....(616)719-4488
- Location: 1403 60th St Se Grand Rapids, MI 49508
 - Accepts Blue Cross/ Blue Shield, Aetna, and Humana insurance
 - Website: <http://www.pawm.net/index.htm>
- Spectrum Community Services.....(616) 454-7077

Children with Special Needs

- Children's Special Health Care Services.....(616) 632-7066
- Family centered services to support you in your role as primary caretaker of your child.
 - Community based services to help you care for your child at home and maintain normal routines.
 - Culturally competent services which demonstrate awareness of cultural differences.
 - Coordinated services to pull together the services of many different providers who work within different agencies.
 - Location: 700 Fuller Ave. NE Grand Rapids, MI 49503
 - Coverage and referral for specialty services based on the person's health problems.

Respite

- Smith Regional Respite.....(616) 895-7104
- Location: 9656 68th Ave Allendale, MI
 - Generally receive most client referrals from Community Mental Health (CMH) agencies and contract with them for direct payment. However, they

PARC Resource Guide

also accept private pay and have even set up payment contracts with individual insurance companies in the past.

- Website: <http://smithrespite.weebly.com/>

Employment Services

Job Corps.....(616) 243-6877

- Free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job.
- Must be 16 years of age or older that qualify as low income
- Location: 110 Hall Street S.E., Grand Rapids, MI 49507
- Website: <http://geraldrford.jobcorps.gov>

Post Adoption Services

Families Through Adoption, Inc.....(616)242-9696

ADOPTS Program.....(248) 414-4080

- Location: 3353 Lousma Dr. SE, Grand Rapids, MI 49548
- Accepts Value Options insurance

Lapeer County

Crisis Helpline

*Lapeer County CMH Services.....(810) 667-0500

Counseling

*Abundant Life Counseling.....(810)-252-1315

- Location: 456 N. Main St., Lapeer, MI 48446
- Visit their website at <http://luanjackson.com/>

*Amy Bolton.....(734)726-0406

- Adoption sensitive therapist, offers sliding scale fees, accepts a variety of insurances
- Location: 2242a W. Jefferson, Trenton, MI 48183

*Catholic Social Services (Auburn Hills).....(248)537-3300
(Waterford).....(248) 666-8870

- Licensed/certified therapists can treat conditions including, but not limited to, anxiety, stress, depression, eating disorders, child and teen behavior issues, marital and relationship issues, family conflict, post-trauma, anger management, grief & loss, and alcohol & drug addiction.

*Christine Fisk.....(248) 561-7308

PARC Resource Guide

- Location: 85 Crestfield Ave, Troy, MI 48085
- Contact at cfisk@wideopenwest.com

*Clifford Stevens.....(810) 844-1939

- Personal Professional Counseling, accepts a wide variety of insurances
- Specializes in PTSD, emotional, physical and sexual abuse, adjustment to life changes, family relationships, ADHD, RAD and parenting education and support
- Location: 325 N. Main St, Suite A Davison, Michigan 48423
- Visit their website at <http://www.persprof counseling.com/index.html>

*Dr. Jill Castro.....(248) 721-9601

- Adoption sensitive
- Location: Betz King & Associates, 26105 Orchard Lake Rd, Suite 204, Farmington Hills, MI 48336

*Kimberly Owen.....(810) 538-0229

- Concepts in Counseling
- Accepts BCBS Illinois, Blue Cross/Blue Shield, CIGNA, Cofinity, Humana, MultiPlan
- Location: 608 Fox Street, Lapeer, MI 48446

*KKT Counseling, LLC.....(248) 563-7288

- Adoption and foster care sensitive
- Location: 3563 Summit Ridge, Rochester Hills, MI 48306
- Contact at karolteetor@gmail.com

Lapeer County Community Mental Health.....(810) 667-0500

- Location: 1570 Suncrest Dr., Lapeer, MI 48446

*Liz Grazioli Talbot.....(888)245-3115

- Adoption sensitive.
- Offers sliding scale fees, Accepts Blue Cross/Blue Shield and Ceridian
- Location: Kairos Counseling Center. 71 N. Livernois Ave, Suite F, Rochester Hills, MI 48307

*Lynn Hartung.....(248) 681-0018

- Adoption sensitive
- Office located in Waterford
- Offers sliding scale fees, accepts a variety of insurance, only accepts cash or checks

PARC Resource Guide

*Dr. Marshall Maldaver.....(248)567-2265

- Adoption sensitive
- Offers sliding scale fees. Accepts a variety of insurance. Accepts Mastercard and Visa
- Location: The Center for Psychological Services. 4950 Highland Rd, Waterford, MI 48328

*Dr. Natasha Kendal.....(248) 716-5392

- Adoption sensitive
- Office located in West Bloomfield
- Accepts Aetna, Cigna, ValueOptions and Blue Cross/Blue Shield. Accepts Mastercard and Visa. No sliding scale

*Randall Cripe.....(248)763-6490

- Trauma informed therapist, Adoption sensitive
- Location: Clear Life Services. 33634 W 8 Mile Rd, Suite 31, Farmington Hills, MI 48335
- Offers sliding scale fees. Accepted payment methods are cash, check, Mastercard, Visa and PayPal. Doesn't participate with any insurance providers

REACH & Traverse Place.....(810)233-8700

- Services for families include crisis intervention, counseling, safe shelter, family counseling to reunite young people and their parents, and resource assistance to find other programs that may offer additional help.
- If a home situation is dangerous, a "cooling off" period is needed, or a young person has already run from home, they offer placement in their licensed shelter.
- Available 24 hours a day, 7 days a week, to offer immediate assistance to young people and their families. Licensed REACH facility is open all day and night to offer shelter for youth 10 to 17 years old who need a safe place to stay.
- Visit their website at <http://www.reach-traverseplace.org/>

*Tina Marie Balla-Cyman.....(810) 545-8967

- Specializes in working with children, teens and families
- Doesn't participate with any insurance providers, offers sliding scale fees
- Location: Simon Says Services. 4683 Water Street, Suite 1, P.O. Box 247, Columbiaville, Michigan 48421

*Dr. Wendy Essenburg.....(248) 955-5909

- Adoption sensitive
- No sliding scale. Accepts Blue Cross/Blue Shield. Accepts Mastercard and Visa
- Location: Agape Family Counseling. 1460 Walton Boulevard, Suite 218, Rochester Hills, MI 48309

Support Groups

Adoptive, Foster, and Kinship Parent Support Group.....(810) 577-4067

- Meets at 6:30-8:30PM on the 2nd Monday of the month
- Light snack provided, childcare not provided.
- Location: St. Pauls Lutheran Church 90 Millville Rd. Lapeer Rd, Lapeer, MI

New Beginnings Foster and Adoptive Parent to Parent Support Group

- Meets the 3rd Saturday of every month from 10-11 AM
- Location: Tim Horton's 624 S. Main St. Lapeer, MI 48446
- Contact Krystal Anderson at 810-701-2672

Grandparent or Relative Caregiver Support Meeting

- Meets the 2nd Wednesday of each month 9:45-1:45
- Location: Commissioner's Chamber, Court House, Lapeer
- Contact Joe Schulte at 810-245-4845

Families Anonymous (West Bloomfield)..... (248) 363-8235

(Birmingham)..... (248) 542-2178

Or (248) 225-7989

Or (248) 763-3080

Youth Resources

REACH & Traverse Place.....(810)233-8700

- Services for families include crisis intervention, counseling, safe shelter, family counseling to reunite young people and their parents, and resource assistance to find other programs that may offer additional help.
- If a home situation is dangerous, a "cooling off" period is needed, or a young person has already run from home, they offer placement in their licensed shelter.
- Available 24 hours a day, 7 days a week, to offer immediate assistance to young people and their families. Licensed REACH facility is open all day and night to offer shelter for youth 10 to 17 years old who need a safe place to stay.
- Website: <http://www.reach-traverseplace.org/>

Starfish Family Crisis Shelter.....(313)-563-5005

24 Hour Crisis Line.....(866)-672-4357

- The Starfish Family Services Crisis Shelter (formerly known as Counterpoint) helps families work through sensitive problems in a safe environment while offering temporary shelter and other counseling services to teens to help resolve family issues.
- The centers services

PARC Resource Guide

- A shelter to provide youth with a safe place to stay for two weeks when they or their families experience crisis, abuse or homelessness
- Individual and group counseling to help youth understand and cope with their problems, and to find healthy ways to deal with issues
- Family involvement and counseling to help develop problem solving and coping skills to strengthen families
- Prevention education to help resolve issues before they become serious problems
- Weekly counseling for youth and families who still need help working through difficulties at home

Methodist Children’s Home Society.....(313) 531-9900

Wolverine Human Services.....(734) 284-9688

Psychiatrists

Dr. Allan Keith Thorburn.....(810) 667-0500

- Location: Lapeer County Community Mental Health Center. 1570 Suncrest Dr. Lapeer, MI 48446
- Accepts Medicaid and Medicare

*Dr. Bruce L Roth.....(810) 309-8989

- Adoption sensitive
- Location: Commerce Psychiatric Services. 55 N Pond Dr. Suite 6. Walled Lake, MI 48390
- Accepts Aetna, Cofinity, Medicare, and Blue Cross/Blue Shield
- Offers sliding scale fees. Accepts Mastercard and Visa

Dr. Gail E Stankee.....(810) 667-0500

- Location: Lapeer County Community Mental Health Center. 1570 Suncrest Dr. Lapeer, MI 48446
- Accepts Blue Cross/Blue Shield, Medicare and Medicaid

Robert Lawrence Lawton.....(810) 678-8807

- Location: North Oakland Ent. 809 W Dryden Rd. Metamora, MI 48455
- Accepts Blue Cross/Blue Shield, Humana, and Medicaid.

Children with Special Needs

Association for Retarded Citizens (ARC) Downriver.....(734) 283-0710

- Various social events including weekly game night, movie night, club night, and sporting events.
- Yearly membership fee of \$30. Small fees (less than \$5) for certain social events.

Updated 10/27/2021

PARC Resource Guide

- Serves adolescents and teenagers.

Children's Special Health Care Services.....(810) 667-0232

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.
- Location: 1800 Inlay City Road. Lapeer, MI 48446
- Coverage and referral for specialty services based on the person's health problems.

Respite

Michigan Department of Human Services, Lapeer County.....(810) 667-0800

- Location: 1505 Suncrest Dr. Lapeer, MI 48446

Post Adoption Services

LDS Family Services.....(248) 553-0902

Faith Based Resources

Northridge.....(734) 414-7777

- Offers support groups and other resources for adoptive families
- Location: 49555 N. Territorial Rd., Plymouth, MI 48170

Lenawee County

Crisis Helpline

*Lenawee CMH Authority.....(517) 261-8905
Or.....(800) 615-1245

Counseling

Anne Costello, LMSW.....(517) 879-5838

- Trauma Informed Therapy, Cognitive Behavior Therapy, Play Therapy, Attachment disorders, PTSD, Sexual abuse
- Location: Creative Counseling Center. 805 S. Maumee St. Tecumseh, MI 49286
- Accepts Medicaid, Private Insurance, Cash/Check
- Website: www.thecreativecounselingcenter.com

PARC Resource Guide

Catholic Charities of Jackson, Lenawee, Hillsdale.....(517) 263-2191

- Individual therapy and family therapy
- Insurance accepted. Sliding scale
- Location: 199 N. Broad St. Adrian, MI 49221

*Cheryl Foster.....(734)276-7906

- Cheryl and many therapists on her staff have experience working in foster care and adoption.
- Accept Blue Cross/Blue Shield and Magellan insurance
- Medical subsidy is the preferred method of payment

Family Counseling & Children's Services.....(517) 265-5352

- Individual and family therapy, parenting skills classes
- Professional-run support group focused on women and trauma

- Accept private insurance, Medicaid and medical subsidy. Payment can also be billed directly to subsidy. A sliding based fee is offered.
- Location: 220 N. Main St. Adrian, MI 49221

Parkside Family Counseling.....(517)266-8880

- Our mission is to provide home-based and community-based services to youth and families with a focus on success through skill development and relationship building.
- Location: 805 W. Maumee St. Adrian, MI 49221
- Email: parkside@parksideforfamilies.com

*Julie A Artinian.....(517) 442-2777

- Trauma informed therapist
- Location: 123 E Maumee St. Adrian, MI 49221
- Accepts a variety of insurances including employee assistance programs.
- Website: <http://www.artiniancounselingmichigan.com/index.asp>

Lenawee Community Mental Health.....(517) 263-8905

- Location: 1040 S. Winter St. Suite 1022 Adrian, MI 49221

*Still Waters Counseling.....(517)266-8500

- Several therapists who are comfortable working with adoptive families
- Accept medical subsidy, but if there is other insurance then that will be billed first.
- Accept most insurance. Check with office manager when scheduling appointment.
- Location: 403 N. Broad Street Adrian, MI, 49221

Support Groups

PARC Resource Guide

Grandparents Raising Grandchildren.....(517) 264-5280

- No formal meeting, call number for special event information
- Contact Britni at the number provided

Families on the Move and North American Council on Adoptable Children

- Contact number: (810) 468-9827

Grief Recovery.....(517) 263-2323

Foster and Adoptive Parent Association

- Meets 2nd Monday of each month from 6:30-9:00 PM
- Location: Human Service Building located at 1040 S. Winter St. in the Cooperative Extension Demo Kitchen Room (2nd floor) in Adrian, Michigan 49221
- Meal provided, childcare not provided
- Contact Sheryl Mohr to RSVP at 517-403-3887

Self Esteem and Domestic Violence Awareness.....(517) 264-5733

Teen Support Group.....(517) 263-2191

Teen Sexual Assault Survivors Group.....(517)266-8880

- Meets every Wednesday from 6-8PM
- The group provides a supportive environment for girls ages 13+ (with some exceptions) who have experiences sexual harm
- Location: 805 W. Maumee St. Adrian, MI 49221
- Email: parkside@parksideforfamilies.com

Women's Sexual Assault Survivors Group.....(517)266-8880

- Meets every Thursday from 6:00-7:30PM
- Group will address a variety of topics related to the lives of the survivors who attend
- Location: 805 W. Maumee St. Adrian, MI 49221
- Email: parkside@parksideforfamilies.com

Psychiatrists

Adrian Counseling & Psychiatric Clinic.....(517) 263-5810

- Location: 142 E. Maumee St. Suite 3 Adrian, MI 49221

Bixby Medical Center.....(517) 423-3887

- Location: 415 E Killbuck St. Tecumseh, MI 49286
- Accepts a variety of insurance plans.

PARC Resource Guide

Ittiara T L MD.....(517) 263-5810
• Location: 142 E Maumee St. Adrian, MI 49221

Children with Special Needs

Children’s Special Health Care Services.....(517) 264-5228
• Family centered services to support you in your role as primary caretaker of your child.
• Community based services to help you care for your child at home and maintain normal routines.
• Culturally competent services which demonstrate awareness of cultural differences.
• Coordinated services to pull together the services of many different providers who work within different agencies.
• Location: 1040 S. Winter St. Suite 2328 Adrian, MI 49221
• Coverage and referral for specialty services based on the person's health problems.

Respite

Michigan Department of Human Services, Lenawee County.....(517) 264-6300
• Location: 1040 S Winter St. Suite 3013 Adrian, MI 49221

Nutrition

Community Action Agency.....(800) 438-1845
Or.....(517) 263-7861

Livingston County

Crisis Helpline

*Livingston CMH Authority.....(517) 546-4126
or (800) 664-5005

Counseling and Therapy

*Ann Arbor Consultation Services.....(734) 996-9111
• Three locations in Ann Arbor and one in Brighton.
• Over 30 therapists and 4 psychiatrists, ranging in specialties.
• Adoption sensitive therapists on staff.
• Insurance acceptance varies depending on therapist. Ask when scheduling appointment.

Brighton Counseling.....(810) 227-5659

Child and Adolescent Services (CMH).....(517) 548-0081

PARC Resource Guide

Ennis Center for Children.....(517) 881-0723

- Individual therapy for children, teens, and adults, family therapy, and marriage counseling.
- Several insurances accepted including: Blue Cross Blue Shield, Blue Care Network, HealthPlus (private and as a Medicaid health plan), McLaren Health Plan (private and as a Medicaid health plan), and Medicare.
- Address: 207 N. Michigan Ave., Howell MI 48843
- Website: <http://www.enniscenter.org/>

*Fran Peters.....(517) 292-0950

- Adoption sensitive
- Location: Advanced Behavioral Medicine. 2901 E Grand River. Howell, MI 48843
- Accepts Blue Care Network, Blue Cross/Blue Shield, Priority Health
- PPO/HMO

Heartland Commerce Center.....(810) 444-2484

Location: 10075 Bergin Rd. Suite C Howell, MI 48843

<https://youthandfamilytherapy.com/>

HELPLINE (Mental Health).....(800) 877-7675

Highfields.....(517)783-4250

- Mental Health Counseling, Family Violence Interventions, Multi-Systemic Therapy, Residential Programs, Parenting Wisely, and Summer Camp.
- A traditional counseling approach is used in providing this service. Counseling services are home & office based and are available to individuals and families of all ages.
- Services consist of an assessment completed during the first appointment, a diagnosis and ongoing counseling sessions developed to address the reason for referral.
- Insurance coverage: Blue Care Network, Great Lakes Health Plan, Health Plan of Michigan, LifeWays (Medicaid), Physician's Health Plan/PHP, PHP Medicaid, McClaren, McClaren Medicaid, Other insurances managed by United Behavioral Health.
- Website: <http://highfields.org/>

*Jewel McGowan.....(517) 618-0933

- Adoption sensitive
- Location: Advanced Behavioral Medicine. 2901 E Grand River. Howell, MI 48843
- Accepts Blue Care Network, Blue Cross/Blue Shield, Medicare, and Priority Health. No sliding scale

Key Development Center.....(810) 220-8192

PARC Resource Guide

- Behavioral Health treatment center that provides outpatient treatment, dual enhanced treatment, women specialty services, medicated assisted treatment, peer recovery support services.
- Services also include screening and assessment, outpatient therapy, group therapy, psychiatric evaluations, medication management, psychological assessment and testing, neuropsych, testing substance abuse assessments MAT, recovery support groups, case management, women’s specialty services, Michigan secretary of state driver’s license evaluation (DLAD).
- Location: 2060 Grand River Annex, Suite 600, Brighton MI 48114
- Website: www.keycenters.org

LACASA/SARA.....(517) 548-1350

- Counseling center, legal services, court advocates, support groups, prevention and education
- 24-hour help line: (866) 522-2725

Livingston County Catholic Social Services.....(517) 545- 5944

- Location: 2020 E. Grand River Ave. #104, Howell, MI 48843

Livingston Community Mental Health.....(517) 546-4126

- Location: 2280 E. Grand River Ave., Howell, MI 48843

Livingston Family Center.....(810) 231-9591

- Location: 4736 East M-36, Pinckney, MI 48169
- Accepts most insurance plans and has a sliding-fee scale based on family income. We are unable to accept Medicaid and Medicare at this time.

Oakbrook Counseling Inc.....(810) 227-0891

Planned Parenthood.....(800) 638-0540

Women’s Resource Center.....(810)-227-9960

- Location: 2895 W. Grand River Ave., Howell, MI 48843

Support Groups

National Alliance of Mental Illness of Livingston.....(517) 546-7449

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- Support Group meets every second and fourth Thursday of the month, 7 – 9 p.m.
- Location: First Methodist Church, 400 East Grand River, Brighton.

PARC Resource Guide

- Family members and consumers are welcome.
- Call Barb at 810-231-6011 for more information.

FASD specific group with Mid-Michigan Project SAFE

- Activities arranged at various locations
- More information on their FaceBook pages at <https://www.facebook.com/groups/MCFARESFASD/> and [\(https://www.facebook.com/groups/mifasd/\)](https://www.facebook.com/groups/mifasd/)
- Contact Brian Hagler at bhagler3@icloud.com or Cathy Mielke at cathymielke1@gmail.com

HUGS Respite Care for Foster & Adoptive Families

- Meets 2nd Saturday of every month from 9:30AM-12:00PM
- FREE respite program for infants – high schoolers
- All care providers are trauma trained and DHHS cleared
- Event includes fun activities with games, quiet room, crafts, music and themed months
- Location: Venture Church, 8457 E. Highland Rd. Howell, MI 48843

Celebrate Recovery at the NAZ.....(810) 227-6600 Ext. 30

- A court accepted 12 step program for anyone struggling with a hurt, habit or hang-up for children ages 5-18 and adults.
- Email: celebraterecovery@thenaz.org
- Website: <http://www.thenaz.org/celebrate-recovery>
- Location: 7669 Brighton Rd, Brighton, MI 48116

Runaway and Homeless Youth Services

Livingston Family Center.....(810) 231-9591

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- Location: 4736 E. M-36, Pinckney, MI 48169
- Website: www.livingstonfamilycenter.org

The Connection Youth Services.....866-440-7233(SAFE)

- 24 hour emergency assistance and referral service
- Safe housing for teens 12-17 years old needing shelter or a break from family problems
- Host home and apartment program for homeless young people 16-21y.o.
- Help with education & employment
- Individual and family counseling
- Support groups for teens and parents
- Location: 616 W. Grand River, Howell, MI 48843
- Website: <http://theconnectionyouthservices.org/>

Youth Volunteer Programs

Livingston Co. Humane Society.....(517)552-8050

- Youth volunteer program for 14 to 17 year olds. There is a cost \$10 cost for the orientation.
- Website: <http://www.humane-livingston.org/Volunteers.htm>.

Howell Nature Center(517)-546-0249

- Summer volunteer program for ages 14 – 17 years old, 4 hours per week. They are responsible for the care of baby ducklings, and also assist the Clinic staff with food preparation, light cleaning, and special projects.
- Contact us early in the calendar year for participation.
- Website: <http://howellnaturecenter.org/about-us-2/volunteers/volunteer-descriptions/>

Psychiatry

Livingston Community Mental Health.....(517) 546-4126

- Adult service resource
- Location: 2280 E. Grand River Ave., Howell, MI 48843

Viken Matossian.....(517) 759-1766

- Specializes in child or adolescent depression and ADD/ADHD
- Location: Advanced Behavioral Medicine. 2901 E Grand River Ave, Howell, Michigan 48843
- Accepts Aetna, Blue Cross/Blue Shield, Cofinity, and Medicare

Children with Special Needs

Children’s Special Health Care Services.....(517) 552-6823

- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.
- Location: 2300 E. Grand River, Suite 102, Howell, MI 48843

Arc of Livingston.....(517) 546-1228

- Special Education and CMH advocacy
- Website: www.arclivingston.org

Physical and Mental Disabilities Services

ADA Information Hotline.....	(800)514-0301
Arc of Livingston.....	(517) 546-1228
Michigan Rehabilitation Services (MRS).....	(734) 677-1125
Michigan Relay Center (Replaces TDD).....	(800) 649-3777
Michigan Special Olympics Area XXVII.....	(517) 546-2930
Special Ministries of Livingston County.....	(810) 229-6661
• Website: www.special-ministries.org	
Therapeutic Recreation, Brighton Community Education.....	(810) 229- 1419
United Way.....	(810) 494- 3000
Work Skills Corporation.....	(810) 227-4868

Foster Care Resources

Foster Care Navigator Program.....	1-855-MICKIDS
• The Foster Care Navigator Program is a support service program dedicated to prospective and current foster parents as well as agencies with the goal of recruiting, retaining and empowering great people to become super foster parents.	
• Location: 24901 Northwestern Hwy., Suite 500 Southfield, MI 48075	
• Website: www.fcnp.org	

Child Care

Child Connect for Family Success.....	(517)548-9112
Livingston County DHHS Child Day Care Services.....	(517)548-0200

Respite

Community Mental Health Services of Livingston County.....	(517) 548-0081
• Location: 622 East Grand River, Howell, MI 48843	

Clothing Assistance

Business Clothing (Women's Resource Center).....	(517) 548-2200
Church of Christ Brighton.....	(810) 229-7051
Howell.....	(517) 546-1931

PARC Resource Guide

Salvation Army, Brighton.....(517) 534-5060

Employment Services

Michigan Rehabilitation Services (MRS).....(734) 677-1125

Livingston County Michigan Works(517) 546-7450

Work Skills Corporation.....(810) 227-4868

- Website: www.wskills.com
- Location: 100 Summit, Brighton, MI 48116

Food Assistance

Commodity Distribution (OLHSA).....(517) 546-8500

- Website: www.olhsa.org

Livingston County Department of Human Services.....(517) 548-0200

Livingston County Personal and Preventative Health Services WIC.....(517) 546-5459

Livingston Community Food Bank.....(517) 548-3710

Salvation Army.....(517) 546-4750

Health Needs

American Red Cross.....(517)546-0326

Ask A Nurse.....(800) 231-2211

Family Home Care.....(248) 229-5683

Livingston County Community Mental Health.....(517) 546-4126

Livingston County Personal and Preventative Health Services..... (517) 546-9850

McPherson Home Care.....(517) 545-6161

McPherson Hospital.....(517) 545-6000

Mental Health Association of Michigan.....(800) 484-9534

OLSHA-Healthy Start.....(517) 546-8500

PARC Resource Guide

Trauma Burn Center- U of M.....	(313) 936-9631
Pregnancy HELPLine.....	(810) 632-5656
U of M TeleCare.....	(800) 742-2300
United Health Organization.....	(248) 616-9105
Whitmore Lake Health Clinic.....	(734) 449-2033
Willowbrook Rehabilitation Services.....	(810) 227-0119

Housing Assistance

Landlord/Tenant Resource Center.....	(517) 337-9795
Livingston County Department of Human Services.....	(517) 548-0200
Rural Development (formerly FHA).....	(517) 548-1550
Michigan State Housing Development Authority (MSHDA).....	(517) 373-8370
Section 8 Housing Agent Howell.....	(517) 548-9611
Lansing.....	(517) 373-9344
OLHSA.....	(517) 546-8500

Legal Services

Legal Services of South Central Michigan.....	(800) 968-0044
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Transportation

Livingston County Essential Transportation (LETS).....	(517) 546-6600
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Macomb County

Crisis Helpline

*Macomb County Community Mental Health Services	(586) 307-9100
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Counseling Services

Stefani Barner, CARE of S.E. Michigan.....	(586)260-8615
• Location: 31900 Utica Road, Fraser, MI 48026	
• Email: sbarner@careofsem.com	
• Website: www.careofsem.com	
BirthRight of Macomb County (crisis pregnancy assistance).....	(586)254-5930
• Location: 45464 Van Dyke. Utica, MI 48317	

PARC Resource Guide

- Website: <http://birthright.org/en/landingpage/lp-utica>
- CARE.....(586)416-2300
- Teen counseling, parent/family education
 - Website: www.careofmacomb.com
- Catholic Services of Macomb.....(586) 416-2300
- Location: 15945 Canal Road. Clinton Township, MI 48038
 - Website: <http://csmacomb.com/>
- Clinton Counseling Center.....(586)468-2266
- Comprehensive Youth Services
 - Location: 2 Crocker Blvd. Suite 101 Mount Clemens, MI 48043
 - Accepts self-payment, Medicaid and a variety of other insurances
- Down River Community Services.....(810)794-4982
- Harbor Oaks Pioneer Counseling Center
- Clinton Township.....(586)263-1234
 - Location: 43900 Garfield, Suite 222 Clinton Township, MI 48038
 - Sterling Heights.....(586)795-0569
 - 36250 Dequindre, Suite 310 Sterling Heights, MI 48310
- *Dr. James F. Zender.....(586) 804-5724
- Trauma informed therapist. Adoption sensitive
 - Location: 117 Cass Avenue Suite 204 Mount Clemens, MI 48043
 - Accepts Blue Cross/Blue Shield, Workers Comp and Auto. No sliding scale
- *Ross Beckley.....(586) 291-9744
- Email: rbeckley@comcast.net
 - Location: 43475 Dalcoma Drive, Suite 210 Clinton Township, MI 48038
- *Judson Center.....(586) 573-1810
- *Lutheran Social Service.....(248)423-2785
- Macomb County Crisis Center (24 hour counseling).....(586)307-9100
- Macomb County CMH.....(586)469-5263
- Location: 22550 Hall Rd. Clinton Township, MI48036
- *Maria Pappas.....(586) 745-1749
- Adoption sensitive therapist for parents
 - Location: Metamorphosis Counseling. 20816 Eleven Mile Road. Suite 107. Saint Clair Shores, MI 48081
 - Accepts Blue Cross/Blue Shield. No sliding scale
- *Marla K Ruhana.....(586) 799-2890

PARC Resource Guide

- Adoption sensitive
- Location: 25490 Little Mack. Saint Clair Shores, MI 48081
- Accepts Aetna, HPOM, United, Blue Cross/Blue Shield, Meridian and ValueOptions
- Offers sliding scale fees. Accepts cash or check

New Haven Community Services.....(586)749-5173

New Oakland(800)395-3223

- Child-Adolescent and Family Center
- Offices in Oakland, Macomb and Wayne counties
- Website: www.newoakland.org

Parent Helpline (24 hour crisis line).....(888)727-5889

Runaway (Runaway Squad, troubled children/teen issues).....(800)RUNAWAY

*Sherry L. Carson.....(586) 330-9909

- Adoption sensitive
- Location: Family & Personal Growth. 37040 Garfield Rd. T-5. Clinton Township, MI 48036
- Accepts a variety of insurance. Offers sliding scale fees. Accepts cash or check

Support Groups

Catholic Services.....(586) 416-2300

Family Adoption Consultants- Utica.....(586) 726-2988

Michigan Association of Single Adoptive Parents.....(586) 758-6909

- A support group for single adoptive parents and meet regularly for dinner.
- No charge for services
- Contact: Janet Way, President, Adoptive Parent
- Location: 7412 Coolidge. Center Line, MI 48015

Michigan Association of Foster, Adoptive and Kinship Parents.....(269) 637-5093

- Retention and empowerment of families to successfully parent all children placed in their care by providing training, advocacy, legislation, and support groups.
- Visit their website at www.mafak.msu.edu

Foster Parent Support Group

- Meets 4th Tuesday of each month from 6:30-8:30PM
- Dinner is provided

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PARC Resource Guide

- Location: Macomb County DHS, Verkuillen Building, Senior Auditorium, 21885 Dunham Road, Clinton Twp., MI 48036
- Contact Tina Orgranaj at OrgranajT@michigan.gov

FASD specific group with Project SAFE

- Meets 2nd Saturday of every month from 5:30-8:30PM
- Potluck dinner followed by play for children and support/information of adults
- Location: Sterling Heights
- Contact Charisse at charisse@mcfares.org or 586-329-6722

Grandparents Raising Grandchildren

- Contact Lisa GRodsky at 248-209-2721 or lisag@olhosa.org

Post Adoptive Support Group Region 7

- Meets 2nd Tuesday of every month from 6:00-8:00PM
- Dinner and childcare provided
- Location: New Life Presbyterian Church 11300 19 Mile Rd., Sterling Heights, MI 48314
- Contact to RSVP, Jennifer Harmon at (248)530-5381 or (313)530-9746

Kinship and Caregivers and Supporters

- For more information go to their Facebook page at <https://www.facebook.com/Kinship-Caregivers-in-Macomb-Oakland-counties-322468928440566/>

National Alliance on Mental Illness, Macomb.....(586) 817-1925

- Support Groups meet on the 4th Tuesday of every month (except July) at 7 p.m.
- Location: St. John Hospital in Warren, MI.
- Contact: Fred (586) 573-7980 for more information.
- Website: www.namimi.org

Runaway and Homeless Youth Services

Comprehensive Youth Services, Inc.- Family Youth Interventions.....(586)465-1212

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- Website: www.familyyouth.com
- Location: 2 Crocker Blvd Suite 103 Mount Clemens, MI 48043

Runaway Assistance Program.....(800)292-4517

Psychiatrists

Eastwood Clinics.....(800) 626-3896

PARC Resource Guide

- Eastwood's services are covered by most managed care health plans (HMO's, PPO's etc.), Blue Cross/Blue Shield and all other commercial insurances. A number of services are supported by funding received from state and local agencies.
- Location: 45660 Schoenherr Rd. Shelby Twp., MI 48315

Children with Special Needs

ARC Services of Macomb, Inc.....(586)469-1600

- (Serving persons with developmental disabilities)
- Website: <http://www.arcservices.org/1701.html>

Autism Society Macomb Chapter.....(586) 447-2235

- Some of the services provided include: Monthly Support Meetings, Informational / Educational Meetings, Private Movie Showings, Holiday Parties, Annual Family Enrichment Camp Weekend, Picnics, walks/runs, walking in parades, etc.
- Website: <http://macombasa.org/>

Children's Hospital of Michigan (ADD Clinic).....(313)745-4878

Children's Special Health Care Services.....(586)466-6855

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.
- Location: 25401 Harper Rd. St. Clair Shores, MI 48081
- Coverage and referral for specialty services based on the person's health problems.

Detroit Institute for Children.....(888)-790-5437

- To care for children with physical or developmental disabilities, neurological or behavioral special needs in a way that is positive, passionate, integrated and family-centered so that the children can maximize their potential within their families and the community.
- Rehabilitation Services - physical therapy, occupational therapy, speech/language pathology,
- Assistive technology services - Activities of Daily Living (ADL) Clinic, Seating and Mobility Clinics, and orthotics.
- School Services: Through our contracted services, we are able to provide direct treatment, consultation and evaluation, as well as staff/teacher in-services on-site to schools and agencies for children with special needs. Our

PARC Resource Guide

staff serves children enrolled in all special education programs from Early Intervention to the high school level throughout Wayne, Oakland and Macomb counties.

- Location: 5447 Woodward Detroit, MI 48202
- Website: <http://www.detroitchildren.org/>

Community Mental Health

ACCESS Center.....(586)948-0222

Child Care Referral

Great Start Connect

- Website: www.greatstartforkids.org

United Way for Southeastern Michigan.....(800)-552-1183

Macomb Family YMCA.....(586)468-1411

Respite

Macomb Oakland Regional Center (MORC).....(586) 263-8909

- Children’s Waiver Program
- This is a federal entitlement program for children with developmental disabilities and complex medical and or behavioral needs.
- For eligible participants, services include family and staff training and specialty services that could include nursing, speech, recreational, and dietary.
- The program also helps with community living supports, transportation, respite care, durable medical equipment and accessibility adaptations.
- This program is not available to children with Medicaid or MICHild insurance.

Financial Assistance

MDHHS Adoption Subsidy Program.....(517) 241-0455

Legal Services

Legal Aid and Defender (LAD)(313)967-5555

- A public law firm for citizens who cannot afford legal services.
- Location: 613 Abbott Street Detroit, MI 48226
- Website: <http://ladadetroit.org/>

Child Neglect and Abuse

Care House.....(586)463-0123

- Care House offers services to help and support families dealing with the trauma of child abuse. If you are a parent or caregiver concerned about possible abuse to your child, Care House is available to assist your family in a variety of ways.

PARC Resource Guide

- We offer: prompt, relevant responses to questions related to child abuse issues, crisis and emotional support, and connections to appropriate investigative agencies.

CPS (Reporting suspected abuse and neglect).....(855)444-3911

Monroe County

Crisis Helpline

*Monroe CMH Authority.....(800) 886-7340
Or (734) 243-7340

Counseling

*Sheryl Foster.....(734)276-7906

- Cheryl and many therapists on her staff have experience working in foster care and adoption.
- Adoption sensitive therapy
- Accept Blue Cross/Blue Shield, Blue Cross Complete, Magellan insurance, Molina, Hap, Meridian, Health Plus, and United Healthcare
- Medical subsidy is the preferred method of payment

Jeanne M Holup.....(734)856-5400

- Specializes in depression, anxiety, mood disorders, and stress management
- Christian counseling
- Location: 6530 Secor Rd., Lambertville, MI 48144
- Email: christiancare@frontier.com

*Paul Amadi.....(734) 494-2642

- Specializes in anger management, anxiety, ADD/ADHD, depression, parenting, and trauma/PTSD.
- Location: Neighborhood Counseling Servs Corp. 1112 E. East Sixth Street Monroe, Michigan 48161
- Accepts most insurance

Michael Boudrie.....(734) 606-0134

- Specializes in addiction, relationship issues, and depression.
- Location: CoVentures. 986 S. Telegraph Rd. Monroe, Michigan 48161
- Accepts a wide range of insurances

Monroe Community Mental Health.....(734) 243-7340

- Location: 1001 South Raisinville Rd., Monroe Charter Township, MI 48161
- Accepts Medicaid.

PARC Resource Guide

Randy H Grodi.....(734)273-9546

- Specializes in personal growth and human potential, life coaching, and depression.
- Location: 22 West Second Street. Monroe, Michigan 48161
- Accepts insurance

Support Groups

Autism Support Group.....(734)847-4408

- For family members, friends, teachers and caregivers of autistic children
- Meets from 7-9 p.m. the first Wednesday of each month
- Location: Bedford Branch Library, 8575 Jackman Rd., Temperance

Resource Family Support Group.....(419)280-1332

- Meets 2nd Saturday of every month at 9:30AM
- Location: Francis Family YMCA, 2000 W. Dean Rd. Temperance MI
- Child care is provided, RSVP preferred
- Contact: Denise Williams at Denise.Williams@mybedford.us

Psychiatrists

John J. Ghesquiere.....(734) 240-1760

- Location: 740 N Macomb St. Monroe, MI 48162
- Accepts Aetna insurance

Children with Special Needs

Children's Special Health Care Services.....(734) 240-7800

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.
- Location: 2353 S. Custer Road. Monroe, MI 48161
- Coverage and referral for specialty services based on the person's health problems.

Respite

Mastrofrancesco AFC Inc.....(734) 243-6140

- Mastrofrancesco is a non-profit organization specializing in residential respite care and community living support for individuals with mental impairments and/or developmental disabilities.

PARC Resource Guide

- Location: 13795 Alton Road. Monroe, MI 48161
- Contact: Kim Emery at Kemery481@aol.com

Nutrition

Monroe County Health Department.....(734) 240-7905
Or..... (888) 354-5500

Volunteering

Salvation Army

- Looking for groups to volunteer and cook for the community (60-100 people)
- One Saturday a month at 6:00pm
- Location: 815 E. First St., Monroe, MI 48162
- Contact : Major Wayne Ruston.....(734) 915-7789

Oakland County

Crisis Helpline

* Oakland County Community Health Network(877) 800-1650

Counseling Services

* Adoption Options Worldwide Inc.....(248) 855-2813

- Offers psychological testing, individual therapy, family therapy and professionally and parent run support groups.
- Doesn't accept insurance. Free counseling (depends on the service) to birth parents. Free training to clients. Counseling services to clients are negotiable
- Location: 5745 W. Maple Road, #214 West Bloomfield, MI 48322
- Contacts: Alyssa Bamard, LMSW; Anne Davis, LMSW; Stacia Miller, LMSW
- Visit their website at www.adoptionoptionsworldwide.com

*Barry Dauphin.....(248) 686-0372

- Adoption sensitive
- Location: 600 N. Old Woodward. Suite 301 Birmingham, MI 48009
- Offers sliding scale fees

*Dr. Carter Schumacher.....(248) 277-5695

- Adoption sensitive
- Location: 237 N Old Woodward Ave. Birmingham, MI 48009
- Accepts Blue Cross/Blue Shield and Medicare. Offers sliding scale fees

PARC Resource Guide

- *Catholic Social Services (Royal Oak).....(248) 548-4044
(Lake Orion).....(248) 693-7526
- Licensed/certified therapists can treat conditions including, but not limited to, anxiety, stress, depression, eating disorders, child and teen behavior issues, marital and relationship issues, family conflict, post-trauma, anger management, grief & loss, and alcohol & drug addiction.
- Childhelp.....(248) 353-0921
- Parenting skills classes, Psychological testing, Individual therapy, Family therapy, professional and parent run support groups
 - Private insurance not accepted. Free for families who work with agency.
 - Location: 30680 Montpelier. Suite 250. Madison Heights, MI 48071
 - Contact Angela Barney, MA (aberney@childhelp.org)
 - Visit their website at www.childhelp.org
- *Child & Parent Services.....(248) 646-7790
- Individual therapy and Family therapy. Full service adoption agency- Domestic Adoption Program. Home study completion for international and interstate adoptions.
 - No insurance or medical subsidy accepted
 - Location: 30600 Telegraph Rd. Suite 2215. Bingham Farms, MI 48025
 - Contacts: Cathy Eisenberg, BSW, Director; Peggy Pisone, BSW; Nancy Bortman, BSW
 - Visit their website at www.childandparentservices.com
- *Christian Family Services.....(248) 557-8390
- Individual and family therapy, professionally and parent run support groups
 - Private insurance and medical subsidy are not accepted
 - Christian Family Services is able to be a resource to children and families who are not placed through their program.
 - Location: 17105 W. Twelve Mile Rd. Southfield, MI 48076
 - Contacts: Julie Grant, MA, LPC (Julie.grunt.cfs@live.com); Audrey Brown, LBSW (Audrey.brown@cfs-michigan.org)
- Commerce Psychiatric Services, PLC.....(248) 669-1900
- Psychological testing, Individual therapy, Family therapy
 - Accepts Private Insurance, and Medicare
 - Location: 55 North Pond Dr., Suite 6 Walled Lake, MI 48390
 - Contact: Dr. Bruce L. Roth, D.O., Psychiatrist (brucerothII@sbcglobal.net)
 - Website: <http://www.drbruceroth.com/>
- Community Network Services.....(800) 615-0411
Or...(248) 745-4900

PARC Resource Guide

Counseling, family support, substance abuse treatment, & supported employment

- Several locations in Oakland County
- Website: <http://www.cnsmi.org>

*Elizabeth Herring.....(248) 236-1365

- Specializes in working with survivors of childhood sexual abuse
- Location: 415 S, West St. Suite 150. Royal Oak, MI 48067
- Accepts Blue Cross/Blue Shield, Humana, Medicare and United
- Offers sliding scale fees
- Cash, Check, American Express, Discover, Mastercard and Visa are accepted for payment

*Elizabeth Shaw-Draves.....(248) 327-0306

- Trauma informed therapist
- Location: 725 South Adams Road. Suite L-125 Birmingham, MI 48009
- Accepts a variety of insurance
- Offers sliding scale fees
- Website: <http://www.elizabethshawdraves.com/index.html>

Ennis Center for Children.....(248) 334-2715

- Individual therapy for children, teens, and adults, family therapy, and marriage counseling.
- Several insurances accepted including: Blue Cross Blue Shield, Blue Care Network, HealthPlus (private and as a Medicaid health plan), McLaren Health Plan (private and as a Medicaid health plan), and Medicare.
- Location: 91 S. Telegraph Rd., Pontiac MI 48341
- Website: <http://www.enniscenter.org/>

Gateway Counseling Center.....(248) 414-3382

- Domestic Violence and Anger Management classes. Intake is required, \$60, and a session fee.
- Location: 1463 E. 12 Mile Rd, Madison Heights, MI 48071

HAVEN.....(248) 334-1274

- HAVEN seeks to eliminate domestic violence and sexual assault across Oakland County and the surrounding communities by empowering survivors through advocacy and social change.
- Website: www.haven-oakland.org

*Heron Ridge Associates.....(248) 243-6646

- Adoption sensitive therapists on staff.
- Location: 3694 Clarkston Road. Suite D. Clarkston, MI 48348
- Accepts a variety of insurance
- Mastercard and Visa are accepted for payment

PARC Resource Guide

- Website: <http://www.heronridgeassocs.com/>
- *Joyce Castro Pearlman.....(248)438-5221
 - Adoption sensitive
 - Office located in Huntington Woods
 - Accepts Behavioral Health Systems, Magellan Behavioral Health, Blue Cross/Blue Shield, Out of Network and ValueOptions
 - Offers sliding scale fees
 - Cash and check are accepted for payment

- * Karol Teetor.....(248) 563-7288
 - Email: karol@attachmentcoalition.org
 - Provides family treatment for those experiencing problems related to adoption, trauma and/or loss. Karol's strength is in assisting parents in building a strong, positive therapeutic team that will enable treatment to reach within the home, a child's school and the family's community.
 - Works in Lake Orion

- *Dr. Kimberly Waldron.....(248) 567-2818
 - Trauma informed therapist
 - Location: Gateway Counseling Center. 2011 Crooks Rd. Royal Oak, MI 48073

- *Lutheran Adoption Service-Southfield.....(248) 423-2770
 - Family Counseling

- New Oakland(800)395-3223
 - Child-Adolescent and Family Center
 - Offices in Oakland, Macomb and Wayne counties
 - Website: www.newoakland.org

- *Dr. Michael Katz.....(248)552-8080
 - He has developed a special therapy program for children with post-traumatic stress disorder caused by physical and emotional abuse and/or loss of or separation from birth parents.
 - Location: 17500 Northland Park Court. Southfield, MI 48075
 - Offers sliding scale fees
 - Accepts a variety of insurance

- *Oakland Psychological Clinic.....(586) 838-1930
 - Adoption sensitive therapists on staff
 - Location: 16664 15 Mile Road. Fraser, MI 48026
 - Accepts a variety of insurances
 - Website: <http://www.oakpsych.com/>

PARC Resource Guide

*Orchards Children's Services.....(248) 530-5390

*PC Milestones.....(248) 335-3891

- Child Play therapist
- Personal experience with Transracial adoption
- Pamela Coin, LMSW, ACSW
- No insurance accepted at this time, may be able to bill medical subsidy
- Email: pam@pcmilestones.com

Perspectives Counseling Center.....(248) 244-8644

- Anger Management Classes for teenagers, \$40 for assessment & a group session fee
- Location: 2690 Crooks Road, Suite 300, Troy, MI 48084

*Psychotherapy Center for Adoptive Families.....(248) 531-9659

* Sharon Byles.....(248) 943-6176

- Adoption Sensitive

Stephanie Williams.....(248) 504-4990

- Trauma informed therapist
- Location: 23647 Woodward Ave. Suite 2. Pleasant Ridge, MI 48069
- Accepts Aetna, Blue Cross/Blue Shield, Messa, Any Medigap Plan, Cofinity, and Medicare
- Offers sliding scale fees
- Cash, check, Discover, Mastercard, Visa and Paypal are accepted forms for payment

Support Groups

Oakland County Adoptive Parent Support Group PARC Region 7

- First Tuesday of each month 5:30-7:30 PM
- Location: 24901 Northwestern Hwy. Ste. 500 Southfield, MI 48075
- Childcare and dinner provided
- RSVP to Jennifer Harmon at (248)530-5381 or gro.sdrahcro@nomrahj

Teen Support Group

- Runs simultaneously with the Parent support Group for ages 12 and up.
- Meets 1st Tuesday of the month.
- Location: 24901 Northwestern Hwy., Southfield, Mi. 48075
- RSVP to Jennifer Harmon at (248)530-5381 or jharmon@orchards.org

Macomb & Oakland County Kinship Caregivers and Supporters

- Facebook page: <https://www.facebook.com/Kinship-Caregivers-in-Macomb-Oakland-counties-322468928440566/>

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PARC Resource Guide

Oakland County Grandparents Raising Grandchildren

- Network with grandparents who are raising grandchildren, learn valuable coping strategies and child-rearing ideas, attend fun field trips, get connected to the community, and so much more!
- Pre-registration is required. Please call Lisa Grodsky at 248-209-2721 or email LisaG@olhsa.org for more information

Adolescent Survivors of Childhood Sexual Abuse, Adult Sexual Assault & Adult Survivors of Childhood Sexual Assault Support Groups.....(248) 334-1274

Adoption Identity Movement of Michigan, Inc.....(248) 548-6291

- Offers education on post adoption issues, peer support for adult adoptees, birth parents, adoptive parents, siblings, and extended family; search assistance; and advocacy
- Contact: Tina Caudill, Founder (caudt@wideopenwest.com)

Advanced Counseling Services.....(734) 285-8282 ext. 2210

- Anger management group for adolescents (ages 14-19).
- Cost: \$40-60
- Location: 29201 Telegraph Rd. Ste. 500 Southfield, MI 48034
- Contact: Sam Gross

Childhelp.....(248) 323-0921

Christian Family Services.....(248) 557-8390

Chosen Kingdom Builders..... (248)894-1607

Michigan Association of Single Adoptive Parents.....(248)547-8893

National Alliance on Mental Illness (NAMI).....(248) 348-7197

- Offers a number of support groups, advocacy, and free education and training opportunities for family members, which covers many areas, such as education, providing support, and fighting stigma.
- Family Support Group
 - Meets on the 2nd Thursday of every month 7 p.m.
 - Location: Brandon Township Library – Conference Room, 304 South Street, Ortonville, MI 48462.
 - Contact: (248) 620-0273 for more information
- NAMI Metro CONNECTION peer led Support Group
 - Meets on the 1st & 3rd Sunday of every month 2 p.m.
 - Location: Crittenton Hospital, 1101 W. University Drive, Rochester Hills
 - Contact: Dave (248) 464-7436 for more information.
- Website: www.nami.org

PARC Resource Guide

- National Resource Center for Special Needs Adoption.....(248)443-7080
- Orchards Adoptive Parent Support Group.....(248) 258-1278
- Support for Parents and Older Adopted Kids.....(248)649-3469
- Spectrum Child & Family Services.....(248) 552-8020
- Group homes for the developmentally disabled, assisted living apartments; employment/career services for adults; outpatient mental health treatment for children, adults and families
 - Website: <http://www.spectrumhuman.org/SHS/Default.aspx>
- Youth Assistance Council.....(248)858-0051
- Youth Assistance's mission is to strengthen youth and families and to reduce the incidence of delinquency, abuse and neglect through community involvement.

Runaway and Homeless Youth Services

- Common Ground.....(248)456-8150
- Crisis based services available to youth between the ages of 12 and 17, their siblings and families. Crisis line is 1-800-231-1127.
 - Location: 1410 South Telegraph, Bloomfield Hills, MI 48302
 - Website: www.commongroundhelps.org

Summer Camp

- Camp Grace Bentley.....(313)962-8242
- Hosts campers with a range of physical and mental challenges, ages 7-16
 - Each session is 9 days long, \$400 per session
 - Location: Camp Grace Bentley. 1877 Maryland. Birmingham, MI 48009
 - Website: www.campgracebentley.org/

Psychiatrists

- *Dr. Michael Colman.....(248) 688-0813
- Has a great deal of experience working with adoption with both children and adults
 - Location: 2725 Endsleigh Dr. Bloomfield Hills, MI 48301
 - Accepts a variety of insurances
 - Offers sliding scale fees

Children with Special Needs

- Abilities Center.....(248) 926-0909

PARC Resource Guide

- Offers enrichment classes, specialty programs, summer support services, occupational therapy, physical therapy, speech language pathology, psychological services, nutritional therapy, and educational tutoring.
- Location: 2075 E. West Maple Road. Suite B-204. Walled Lake, MI 48390
- Website: www.abilitiescenter.com

Amazing Wings Therapeutic Riding Center.....(810) 636-5111

- Equine assisted activities and therapy programs for children with disabilities and special needs
- Occupational therapist on staff
- Year-round programs
- Location: 9500 S. State Road. Goodrich, MI 48438
- Website: www.amazingwingsinc.com

ARC of Oakland County.....(248) 816-1900

- Advocates for the rights and full participation of all children and adults with intellectual and other related developmental disabilities
- Location: 1641 West Big Beaver Road, Troy, MI 48084
- Website: thearcoakland.org

Autism ASK.....(248) 618-1275

- Serving the autism spectrum community through advocacy, support and knowledge
- Year-round services including individual counseling for parents, consultation for families and service providers, workshops, resource provision and community collaboration
- Location: 4345 Meigs Avenue. Suite A. Waterford, MI 48329
- Website: www.autism-ask.com

Autism Society of Oakland County..... (248) 631-4612

- Provides advocacy; support groups; housing and vocational programming
- Website: <http://autismsocietyoaklandcounty.org/>

Banbury Cross Therapeutic Equestrian Center.....(248) 628-7433

- Therapeutic riding classes for children with both physical and mental disabilities
- Programs are offered year round
- Ages 4 and older
- Location: 1223 Brauer Road. Oxford, MI 48371
- Website: <http://banburycrosstec.org/>

Beaumont Children's Hospital Center for Children's Rehabilitation

Royal Oak.....(248) 655-5823

West Bloomfield.....(248) 855-4867

- Adaptive groups for children with special needs

PARC Resource Guide

- Groups facilitated by speech therapists, occupational therapists, physical therapists or social workers
- Multi-disciplinary groups
- Swim, dance, handwriting, social or speech groups
- Ages 3 to 11 years
- Website: www.beaumonthospitals.com

Beaumont Children’s Hospital HOPE Center..... (248) 691-4774

- Year-round Applied Behavior Analysis (ABA) services, intensive center-based behavioral preschool programs, behavioral consultation for concerns such as toileting, feeding, sleeping, anxiety and behavior management, intensive toilet training
- Location: 1695 W. 12 Mile Road. Suite 120 Berkley, MI 48072
- Website: www.beaumontchildrenshospital.com/hope

Beaumont Hospital Childhood Speech and Language Disorders.....(248) 551-2100

- Programs for children with speech and language difficulties
- Children must be screened – call for an appointment
- Ages 3 to 14 years
- Location: 4949 Coolidge Highway. Royal Oak, MI 48073
- Website: www.beaumonthospitals.com

Building Bridges Therapy Center.....(734)454-0866

- Speech and language therapy, occupational therapy, sensory integration, physical therapy, craniosacral therapy, music therapy, social emotional therapy and more
- Individual and group programs available
- Ages 3 and older
- Location: 9357 General Drive. Suite 101. Plymouth, MI 48170
- Website: www.bridgestherapy.com

Children’s Special Health Care Services.....(248) 858-0056

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.
- Location: 1200 N. Telegraph Pontiac, MI 48341
- Coverage and referral for specialty services based on the person's health problems.

Detroit Institute for Children.....(313) 832-1100

PARC Resource Guide

- A comprehensive array of more than 25 services and programs provide a continuum of care for children and young adults with physical, neurological or developmental disabilities
- Providing occupational therapy, physical therapy, and speech and language therapy
- Pediatric Potentials campus
- For children birth to 18 years
- Location: 5447 Woodward Avenue Detroit, MI 48202
- Website: www.detroitchildren.org

Jack's Place.....(248) 443-7427

- Provides families who are affected by Autism services for persons at any age with Autism Spectrum Disorder(ASD) through a comprehensive menu of supportive, educational and referral services.
- Location: 17360 W. 12 Mile Rd., Suite 204, Southfield, MI 48076
- Website: <http://www.jacksplaceforautism.org/>

JARC.....(248) 538-6611

- JARC is a Farmington Hills, Michigan-based nonprofit, nonsectarian agency dedicated to enabling people with developmental disabilities to live full, dignified lives in the community, and to providing support and advocacy for their families.
- Location: 30301 Northwestern Highway, Suite 100, Farmington Hills, MI 48334
- Website: www.jarc.org

Judson Center, Autism Connections.....(248) 549-4339

- Provides these services: Applied Behavior Analysis, social skills, play therapy, facilitated playdates, individual & family counseling, and family support.
- Location: 4410 W. 13 Mile Rd, Royal Oak, MI 48073

Kids in Motion Pediatric Therapy Services.....(248) 684-9610

- Pediatric speech, occupational and physical therapy
- Specific services: craniosacral therapy, sensory integration, interactive metronome, music therapy, therapeutic listening
- Location: Central Office 2636 S. Milford Rd. Highland, MI 48357

Oakland Mediation Center.....(248) 338-4280

- OMC offers a range of services including mediation, conciliation, facilitation and education services to Oakland County residents, organizations, schools and businesses
- Relevant services: Adoption mediation, bullying issues, special education mediation program, victim/offender mediation
- Location: Oakland Mediation Center. 550 Hulet Drive, Suite 102 Bloomfield Hills, MI 48302

OUCARES.....(248) 370-2424

PARC Resource Guide

- Programs for children with an Autism Spectrum Disorder
- Programs for children age 2 years through adulthood
- Pee Wee Summer Day camp for ages 3 to 5 years
- Summer Day camps for ages 6 to 13 years
- Film camp for ages 10 to 20 years
- Location: Oakland University. 2200 N. Squirrel Road. 420B Pawley Hall
Rochester, MI 48309
- Website: www.oakland.edu/oucares

Macomb-Oakland Regional Center.....(248) 276 -8086

- Autism services offered-testing\diagnosis, ABA therapy, social skills groups, therapy, and play therapy
- Location: 1270 Doris Road, Auburn Hills, MI 48326
- Website: <http://www.morcinc.org/about-us>

Rexford Center for Therapeutic Riding.....(586) 727-6661

- Provides therapeutic and recreational horseback riding therapy for the disabled, including both physically and mentally challenged individuals, ages 8 and older
- Location: 29434 32 Mile Road. Lenox, MI 48050
- Website: www.rexfordcenter.com

Speech and Language Pathologist.....(248) 851-6045

- Speech and language evaluations
- Speech and language treatment sessions for all ages
- Specializes in pre-school age children
- Summer and year-round programs
- Facility and home visits available per request
- Location: 5551 Lakeview Drive. Bloomfield Hills, MI 48302

United Cerebral Palsy of Michigan, Metro Detroit.....(248) 557-5070

- Connects people with disabilities to the opportunities and resources needed to live productive and independent lives.
- Location: 23077 Greenfield Rd., Suite 205, Southfield, MI 48075
- Website: www.ucpdetroit.org

The Autism Society

- Website: <http://autismsocietyoaklandcounty.org/>

Legal Services

Legal Aid and Defender (LAD)(313)967-5555

- A public law firm for citizens of metro Detroit, Wayne, Macomb, and Oakland Counties who cannot afford legal services.
- Location: 613 Abbott Street Detroit, MI 48226
- Website: <http://ladadetroit.org/>

Updated 10/27/2021

Parent Resources

Beaumont Parenting Program.....Grosse Pointe.....(313) 473-1705
Royal Oak.....(248) 898-3230
Troy.....(248) 964-3995

- Provides information and emotional support to parents
- Provides parenting classes and support groups
- Postpartum adjustment support groups
- The Happiest Baby on the Block class
- Baby Sign Language class
- Discipline – the Toddler Years class
- Financial planning for Your Child’s Future class
- The Goodness of Homemade Baby Food class
- Website: www.beaumontchildrenshospital.com/parenting-program

Bethany Christian Services.....(248) 414-4080

- Trauma Informed Parenting: a 6 week parent training course. Free. Open to all adoptive families, both domestic and international.
- Location: 30685 Barrington. Ste.140. Madison Heights, MI 48071
- Contacts: Pamela Oberry, LMSW; Kevin Arndt, MA, Older Child Adoption Supervisor
- Visit their website at www.bethany.org/madisonheights

Child Safe Michigan.....(248)353-0921

- Provides foster care, adoption and mentoring services to abused, neglected and at-risk children.
- Location: 30680 Montpelier Suite 250 Madison Heights, MI 48071
- Website: <http://childsafemichigan.org/>

FAST (Families and Schools Together).....(248) 334-3595

- Family Education and Support Services provides services to at-risk and/or disadvantaged families and youth. The common thread of this department’s services include:
 - Parents as primary teachers of their children
 - Literacy as a critical element of success
 - Understanding that behaviors are directly linked to how a person thinks and feels
 - Linkages to community resources

MDNS – Oakland County DHS.....(248) 975-5400

- Information and referral, assistance to families seeking medical subsidy
- No charge for services
- Contact: Kim DuBiesz, direct phone line 248.975.5299

PARC Resource Guide

Oakland County Health Division.....(800) 848-5533

- Parenting skills classes, home-based services, nurturing parenting program.
- No charge for services
- Contact: Andrea Agboka, RN MPH
- Visit their website at oakgov.com/health

Orchards Children's Service.....(248) 593-1588

- Individual therapy, Family therapy, Home-based services.
- Contact: Watisha Sims, MS, LLPC (wsims@orchards.org)
- Location: 30215 Southfield Road, Southfield, MI 48076

Housing

Training and Treatment Innovations Inc.....(800) 741-1682

- Hillsdale/Jackson and Oakland Counties
- Housing services include: Outreach, housing search, counseling, training, tenant/landlord mediation, transitional housing (only Oakland), and subsidized support
- 1225 E. Big Beaver Rd. Troy, MI 48083

Saginaw County

Counseling

*Child and Family Services.....(989) 790-7500

- Location: 2806 Davenport. Saginaw, MI 48602
- Offers therapy on a broad range of issues.
- Therapists who specialize in childhood trauma, abuse, and neglect, work with families, and are adoption sensitive.
- Services are billable to most insurances
- United Way of Saginaw subsidies are available to eligible customers.

*Ennis Center for Children.....(989) 558-0020

- Individual therapy for children, teens, and adults, family therapy, and marriage counseling.
- Several insurances accepted including: Blue Cross Blue Shield, Blue Care Network, HealthPlus (private and as a Medicaid health plan), McLaren Health Plan (private and as a Medicaid health plan), and Medicare.
- Location: 3095 Cabaret Trail South, Saginaw, MI 48603
- Website: <http://www.enniscenter.org/>

*Hope Christian Counseling.....(989) 399-9233

- Psychological testing, Individual therapy, Family therapy, Trauma and Loss
- Accepts Medicaid, Private Insurance, Medical Subsidy

PARC Resource Guide

- Location: 1711 Court St., Saginaw, MI 48602
- Contact: Randall R. Mey, President, MPA, MSW, CAADC, LMFT, LMSW/BCD
- Website: <http://www.hopechristiancounseling.com/index.htm>

*Dr. Lorraine LaFerriere.....(989) 581-2229

- Specializes in family conflict
- Location: 6321 Normandy Dr., Suite 4. Saginaw, MI 48638
- Accepts Aetna, Cigna, Magellan Behavioral Health, Blue Cross/Blue Shield, Cofinity, Medicare and Out of Network
- Offers sliding scale fees
- Cash and Check are accepted for payment

Support Groups

A.D.O.P.T.....(517) 781-2089

Birth Through 5.....(989) 399-6850

- Parent support groups
- Hours: Monday- Friday, 8:00 AM- 4:30PM
- Location: 1903 N. Niagra, Saginaw, MI 48602

National Alliance of Mental Illness Saginaw.....(989)799-1467

- NAMI offers an array of support and education programs that help build better lives for the millions of Americans affected by mental illness
- Please call for more information about the support groups and programs offered in the county.
- Location: 592 Foxboro Saginaw, MI, 48603
- Website: <http://www.namimi.org/>

Foundational Truth Family Services.....(810)280-0952

- Sexual assault survivors support groups for children 6-10 years old.
- Meets every Thursday from 6pm-7:30pm
- Cost: \$30
- Location: 3144 Davenport Ave., Saginaw, Michigan 48602

Kinship Care

- 1st and 3rd Thursday of each month from 12:30pm-2:00pm
- Saginaw County Commission On Aging
- Location: 2355 Schust Rd., Saginaw, MI 48603
- Contact: Carolyn (989)797-7564

PARC Resource Guide

(FASD Specific group) Mid-Michigan Project SAFE (Supportive Activities for Everyone)

- Activities arranged at various locations.
- Information shared on Facebook (<https://www.facebook.com/groups/MCFARESFASD/>) and (<https://www.facebook.com/groups/mifasd/>)
- Contact: Brian Hagler - bhagler3@icloud.com; or Cathy Mielke - cathymielke1@gmail.com; for more information.

Saginaw County Commission on Aging.....(989)797-7564

- Kinship support group
- Meeting Location: 2355 Schust Rd., Saginaw, MI 48603
- Time: 1st and 3rd Thursday of each month from 12:30pm-2:00pm
- Contact: Carolyn

Runaway and Homeless Youth Services

Saginaw County Youth Protection Council.....(989)793-1995

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- Location: 1226 N Michigan Ave. Saginaw, MI 48602
- Website: www.scypc.org

Children with Special Needs

Children's Special Health Care Services.....(989) 758-3845

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.
- Location: 1600 North Michigan Ave. Saginaw, MI 48602
- Coverage and referral for specialty services based on the person's health problems.

Sanilac County

Crisis Helpline

*Sanilac County CMH Authority.....(888) 224-4447

Counseling

- Jeff Thompson.....(810) 404-8524
- Specialize in children and anger management
 - Location: 119 E. Sanilac Rd. Ste #8 Sandusky, MI 48471
 - Accepts insurance
- Sanilac County Community Mental Health.....(810) 648-0330
- Therapy, Psychiatry, Wraparound, Peer Supports
 - Location: 227 E. Sanilac Ave. Sandusky, MI 48471
 - Website: <http://www.sanilacmh.org/>
- *Tammy L McPherson.....(989) 269-5180
- Location: 1240 W Sanilac Rd, Sandusky, MI 48471
- *Thumb Area Counseling Center.....(810) 648-4303
- Individual and Family Social Services
 - Location: 119 E Sanilac Rd #3, Sandusky, MI 48471

Support Groups

- Caregivers Support Meeting.....(810) 990-4676
Or (810) 348-7431
- Location: County Building, Conference Room B, 200 Grand River Ave, Port Huron, MI 48060
- Community Counseling and Mentoring Services.....(810) 648-9548
- Parent Education Group: This 8-week course offers two-hours weekly of direct parenting education in a group setting. Referral to the group also includes an outreach worker who provides in-home instruction and follow-up to the concepts presented in class.
 - Location: 6 Lexington St. Sandusky, MI 48471

Psychiatrists

- Sanilac County Community Mental Health.....(810) 648-0330

Shiawassee County

Crisis Helpline

- Shiawassee County CMH(989) 723-6791

Counseling Services

- Catholic Charities.....(989) 723-8239

- Colleen Jewell, MA, LLP.....(517) 204-2433

PARC Resource Guide

Family Counseling Services/ Teen Ranch.....(989) 723-9315

David Bird, MSW, ACSW.....(989) 723-5678

Family Psychiatric Consultants.....(517) 337-9971

- Therapists: Michael Barnes, DO; James Bowen, DO; Valerie Guemsey, DO; Michael Vandewalle, DO

Kathleen Koepele.....(989)725-8581

REACH & Traverse Place.....(810)233-8700

- Services for families include crisis intervention, counseling, safe shelter, family counseling to reunite young people and their parents, and resource assistance to find other programs that may offer additional help.
- If a home situation is dangerous, a "cooling off" period is needed, or a young person has already run from home, they offer placement in their licensed shelter.
- Available 24 hours a day, 7 days a week, to offer immediate assistance to young people and their families. Licensed REACH facility is open all day and night to offer shelter for youth 10 to 17 years old who need a safe place to stay.
- Website: <http://www.reach-traverseplace.org/>

Sharon Hobbs, PhD.....(517)351-4237

Shiawassee County Community Mental Health.....(989)723-6791
Or 1-800-448-5498

Terrence Johnson, PhD, PC.....(989)723-1120

- Clinical Psychologist
- Location: 802 W. King St., Suite P. Owosso, MI 48867

Trinity Counseling Services.....(989) 723-0330

- Offers traditional or faith based therapy for children, adolescents, and families.
- Location: 123 S. Washington. Owosso, MI 48867

Support Groups

Adult and Child Bereavement Support Group.....(989)725-6454
Ext. 1431/1723

(FASD Specific group) Mid-Michigan Project SAFE (Supportive Activities for Everyone)

- Activities arranged at various locations.

PARC Resource Guide

- Information shared on Facebook (<https://www.facebook.com/groups/MCFARESFASD/>) and (<https://www.facebook.com/groups/mifasd/>)
- Contact: Brian Hagler - bhagler3@icloud.com ; or Cathy Mielke - cathymielke1@gmail.com ; for more information.

National Alliance of Mental Illness Shiawassee.....(517) 881-1796

- NAMI offers an array of support and education programs that help build better lives for the millions of Americans affected by mental illness
- Please call for more information about the support groups and programs offered in the county
- Website: <http://www.namimi.org/>

Caregiver Support Group.....(989)725-1127

Community Education Programs & Community Centers

Corunna Community Education.....(989) 743-4151

Laingsburg Community Education.....(989) 651-2067

Family Support

Big Brothers/Big Sisters.....(989)729-6655

Capital Area Community Services, Inc. (CACS).....(989)723-3115

Christ Episcopal Church Outreach Center.....(989)723-2495

Community Kitchen.....(989)723-7485

Cornerstone Church of God.....(989)723-7603

REACH & Traverse Place.....(810)233-8700

Women, Infants and Children (WIC).....(989)743-2383

Child Care Financial Assistance & Resources

DHS (FIA) Child Day Care Services.....(989) 725-3200

Clinics/ Hospitals

Child Health Clinic.....(989) 743-2375

St. Clair County

Updated 10/27/2021

Counseling

- *Catholic Social Services of St. Clair County.....(810) 987-9100
- Most insurance accepted
 - Family, Individual and Children’s Therapy Services, Pregnancy Counseling, Mental Health and Addiction Counseling and Services
 - 2601 13th St. Port Huron, MI 48060
 - <http://ccsem.org/>
- Colonial Woods Christian Counseling Center.....(810) 375-7471
- Most insurance accepted
 - Offers sliding scale fees
 - 1101 Military Street
Port Huron, Michigan 48060
 - <http://www.colonialwoodsmc.com/>
- Community Counseling and Mentoring Service.....(810) 987-2681
- Parenting skills classes, Individual therapy, Family therapy, Home-based services, Youth Mentor services, Child of Divorce group, Parenting Time assessment, Life skills program, Independent Living Skills, Anger Management Group and Supervised Visitation
 - 312 Superior Mall, Port Huron, MI 48060
- *Lutheran Social Services.....(810) 479-9932
- Location: 3790 W Water St, Port Huron, MI 48060
 - Website: <https://www.lssm.org/>
- *NorServ Group, Ltd.(810) 329-4798
- Parenting Skills classes, Individual Therapy, Family Therapy, Home-based services, Pre-and Post-adoption services-individual and family counseling
 - Accepts Medicare, Medicaid, Private insurance. All insurances accepted are listed on their website (www.norserv.com). They accept medical subsidy and bill directly.
 - Location: 1322 River Rd. St Clair, MI 48079
 - Website: <http://norserv.com>
- Professional Counseling Center.....(810) 984-4204
- Individual, couple, family and group Therapy. Psychiatric and Medication Evaluations and Treatment. Psychological Evaluations and Testing. Child Custody/Parenting Time Evaluations. Evaluations and Treatment for Attention Deficit Disorders for Children. Adolescents and Adults. Specialized Play Therapy For Children. Substance Abuse Treatment.
 - Insurances: Medicaid, State Insurance (Other than Medicaid), Military Insurance, Access to Recovery (ATR) Voucher, and No Payment Accepted
 - Location: 520 Superior Street, Port Huron, Michigan 48060
 - Website: <http://www.pccporthuron.com/>

PARC Resource Guide

Renewal Christian Counseling Center.....(810) 966-0099

- Location: 3847 Pine Grove Ave, Suite B, Fort Gratiot Twp, MI 48059
- Website: <http://www.renewalcenter.org/>

St. Clair County Community Mental Health.....(810) 985-8900

- Individual therapy, family therapy, and home-based services. Psychological testing and psychiatric evaluation and medication evaluation. Provide in home services for children and their families with severe emotional disturbances, developmentally disabled, or adults & children with substance use disorders.
- Insurances: Medicaid or other public insurance plans.
- Location: 3111 Electric Avenue, Port Huron, Michigan 48060
- Website: <http://www.scccmh.org/>

Support Groups

Al-Anon.....(989) 823-3243 or (989)670-1605

- Various locations and meetings throughout Port Huron are opened to those who know or think that their life is or may have been affected by someone else's excessive drinking

Anger Management for Children.....(989) 635-7137

Autism Society of America.....(810) 357-1679
Or (586) 447-8835

Autism Support..... mamaonamissionforautism@yahoo.com

Children's Domestic Violence Support Group.....(810) 985-4950

Children's Special Health Care Services.....(810) 987-6102

Domestic Violence Support Group.....(810) 667-4175

National Alliance on Mental Illness Blue Water.....(810) 300-4948

- NAMI Connection, NAMI in Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- Website: www.nami.org

RAINN (National Sexual Assault Hotline).....(800) 656-HOPE

Safe Horizons/DARES.....(810) 985-5538

- Sexual assault group for adolescents

Sexual Assault Support Group.....(810) 985-4950 ext. 214

Runaway and Youth Shelters

The Harbor.....(810) 982-8584

- Provides shelter, street-based community outreach, counseling, crisis intervention, and supportive services.
- All services are free of charge and confidential.
- Location: 929 Pine Street Port Huron, MI 48060
- Website: <http://www.harboryouth.com/>

Children with Special Needs

Children's Special Health Care Services.....(810) 987-6102

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.
- Location: 3415 28th Street, Port Huron, MI 48060
- Coverage and referral for specialty services based on the person's health problems.

Respite

Michigan Department of Human Services.....(810) 966-2000

- Location: 220 Fort Street, Port Huron, MI 48060

St. Clair County Community Mental Health.....(810) 985-8900

- See clients with Medicaid, but also clients with no insurance or who have exhausted other options.
- Contract respite services out to other agencies, but client must first go through CMH to be referred.
- Location: 3111 Electric Avenue, Port Huron, Michigan 48060
- Website: <http://www.scccmh.org/>

St. Joseph County

Counseling

Community Mental Health.....(269) 467-1000

- Location: 677 E. Main Suite A Centreville, MI 49032

PARC Resource Guide

Ms. Angela Landrum.....(517) 798-3878

- Experienced in child behavior, family communication, anxiety and mood disorders. Offers in-home therapy
- Blue Cross, McLaren, and Medicaid accepted, sliding scale.\
- Location: A Brighter Tomorrow Counseling Sturgis, Michigan 49091

Support Groups

Domestic and Sexual Abuse Services.....(269) 273-6154

- Support Groups: Groups meet weekly for survivors or family members to help with the healing process and receive support from DASAS staff and other survivors—childcare is available.

Centreville Grandparents Raising Grandchildren

- When: 3rd Thursday of each month, 6:00 PM to 8:00 PM
- Where: Firm Foundations Ministries, Bldg. 2 651 E. Main St., Centreville, MI 49032
- Contact: 269-506-8195 or 269-279-9904
- Onsite child care and dinner will be provided.

Constantine Grandparents Raising Grandchildren

- When: Every 3rd Tuesday of the month, 6:00 PM to 8:00 PM
- Where: Messiah Lutheran Church 185 West 5th Street Constantine, MI 49042
- Contact: Phone: 269-506-8195 or 269-279-9904
- Onsite child care and dinner will be provided

National Alliance of Mental Illness of Kalamazoo, MI.....(269)349-8444

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- Website: <http://www.namikalamazoo.org/>

Psychiatrists

Katherine Jawor.....(231) 728-4950

- Location: 1700 Clinton St. Muskegon, MI 49442-5502

Children with Special Needs

Children's Special Health Care Services.....(269) 273-2161

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.

PARC Resource Guide

- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.
- Location: 1110 Hill Street Three Rivers, MI 49093
- Coverage and referral for specialty services based on the person's health problems.

Respite

Michigan Department of Human Services.....(269) 467-1200

- Location: 692 E Main St. Centreville, MI 49032

Parents Again.....(269) 506-8195

- A resource for grandparents raising grandchildren and other kinship care providers
- Email: parentsagain@hotmail.com
- Website: www.parentsagain.org
- By attending the monthly support meeting (third Thursday of each month), each grandparent raising grandchildren and other respite care givers will be entitled to free respite time. Contact organization for details

Nutrition

Branch-Hillsdale-St. Joseph District Health Department.....(517) 279-9561

Or..... (800)258-1093

Or..... (800)258-1092

Tuscola County

Crisis Helpline

*Tuscola Behavioral Health Systems.....(989) 673-6191

Or (800) 462-6814

Counseling

New Light Child & Family Institute.....(989) 871-6695

- Family and individual counseling
- Location: 8511 State St. Millington, MI 48746
- Website: <http://www.newlightonline.net/>

*Rebecca Ducham.....(989) 673-5700

- She has extensive experience in work with children and families as both a private practice therapist and a School Social Worker. She also provides

PARC Resource Guide

treatment for groups with specialization in Parenting with Love and Logic, Pain and Stress Management and symptoms management.

- Location: 467 N. State St. Caro, Michigan 48723
- Accepts many insurances including Aetna, Blue Care Network, Blue Cross Blue Shield, Health Plus, and Health Alliance Plan.
- Website: <http://www.listpsych.com/services.htm>

Tuscola Behavioral Health Systems.....(989) 673-6191

- Location: 323 N State St. Caro, MI 48723

Support Groups

Thumb Area Assault Crisis Center.....(517)673-4121

- Abuse/violence related support groups
- Location: 429 Montague Avenue. Caro, MI 48723

Foster Parent Support

- Periodic meetings or events
- Contact: Pamela Smith 989-673-9131

Tuscola Autism Support Group

- When: 2nd Thursday of every month, 6:30 PM to 8:00 PM
- Where: Millington United Methodist Church Fellowship Hall 9020 State Rd. (M15) near Barnes Road Millington, MI
- Description: Childcare is provided by trained ISD childcare students. If childcare is needed, call Kara or post on the ASGTC Facebook page. Please indicate how many children need care, and provide their ages.
- Contact: Kara at 989-615-6218 or Andrea at 989-871-5652

Born in My Heart: Adoption and Foster Care Support Group

- We want to offer a non-judgmental, supportive network of families who all have adoption in common. We will be able to create a group of friends, bring in special speakers, have group outings, and offer other support services. Childcare is available with RSVP.
- 3rd Tuesday of each month
- Location: Millington United Methodist Church, 9020 State Rd, Millington, MI 48746
- Contact Danielle Dickson at 810-252-1368 or Danimooore1978@aol.com or Patricia Squires at 810-348-3699.

Psychiatrists

Jafferany Psychiatric Services(989) 673-6191

- Location: 323 N State St, Caro, MI 48723
- Accepts Aetna, Blue Cross and Blue Shield, CIGNA, Medicaid, Medicare, Molina, MultiPlan, United HealthCare

Children with Special Needs

PARC Resource Guide

Children's Special Health Care Services.....(989) 673-8114 ext. 145

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.
- Location: 1309 Cleaver Caro, MI 48723
- Coverage and referral for specialty services based on the person's health problems.

Respite

Tuscola Behavioral Health Systems.....(989) 673-6191

- Location: 323 N State St. Caro, MI 48723

Van Buren County

Crisis Helpline

*Van Buren Mental Health Authority(269) 657-5574

Counselors

Community Mental Health Paw Family Resource Center.....(269) 657-5574

Margo Runkle.....(269) 245-0409

- Specializes in anger management, anxiety, and depression.
- Location: Peace of Mind Counseling Center. Saint Joseph, Michigan 49085
- Accepts a wide variety of insurances.

Sue Muinch.....(269) 409-1980

- Specializes in child and adolescent trauma/PTSD
- Location: Kalamazoo Psychology, LLC. 122 W. South Street. Kalamazoo, Michigan 49007
- Accepts Aetna, Blue Cross/Blue Shield. Cofinity, Medicaid, and TRICARE insurance

Susan M Carter.....(269) 795-6825

- Specializes in child or adolescent behavioral issues and parenting.
- Location: Center for Change & Growth PLC. 816 E Michigan Ave Ste 101 Paw, Michigan 49079
- Accepts a wide range of insurance

Support Groups

Autism Society of Kalamazoo.....(269) 342-6421 x202

- Support meetings for parents
- Location: 814 South Westnedge Ave Suite 1 Kalamazoo MI 49008
- Website: <http://www.asa-kal.org>

CHADD.....(269) 626-5651

- Support groups for parents of children with ADD/ADHD
- Meetings are held the 2nd Tuesday of every month from 7-8:30 pm and are free
- Location: Kalamazoo Regional Educational Service Agency. 1819 E. Milham Ave. Portage, MI 49002

National Alliance of Mental Illness of Kalamazoo, MI.....(269)349-8444

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- Website: <http://www.namikalamazoo.org/>

Psychiatrists

Nadeem M Mirza.....(269) 657-1595

- Location: Bronson Lakeview Hospital. 404 Hazen St. Paw, MI 49079

Children with Special Needs

Children's Special Health Care Services.....(269) 621-3143

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.
- Location: 57418 County Rd. 681, Suite A Hartford, MI 49057
- Coverage and referral for specialty services based on the person's health problems.

Respite

County-Wide Respite.....(269) 445-6222

- When funds are not available from other service providers, this Lewis Cass ISD program offers respite services to overburdened families. As a "payer of

PARC Resource Guide

last resort," it reduces stress on caregivers in order to prevent child abuse and neglect.

Nutrition

InterCare Community Health Network.....(269) 427-7914

- Accepts Blue Cross/Blue Shield, Aetna, and Medicaid insurance.

Rachel Ellen Kaufman.....(269) 657-5574

- Location: Van Buren Community Mental Health Authority. 801 Hazen St Ste. C, Paw Paw, MI 49079
- Accepts Medicaid

Verle L Bell.....(269) 343-6700

- Location: Pine Rest Christian Mental Health Services. 1530 Nichols Rd Kalamazoo, MI 49006
- Accepts Blue Cross/Blue Shield, Aetna, and Humana insurance

Crisis Intervention

The Link.....927-1422

24 Hour Hotline.....(800) 310-5454

- Youth crisis center.
- Location: 2480 M139 Benton Harbor

Washtenaw County

Crisis Helpline

Washtenaw County CMH.....(734) 544-3050

Or (800) 440-7548

Counselors/Therapists

ACCESS.....(734)544-3050

- Health Services Access is the central entry point for all Medicaid eligible and indigent (uninsured) adults and children requesting Mental Health, Public Health and or Substance Abuse information and services in Washtenaw County.
- Website: www.ewashtenaw.org

Active Resilience Training at Georgia Rose Farm.....(734)604-2651

- Individual therapy for all ages
- Building resilience skills to handle life's challenges through a calm, natural setting (wooded area, walking trails, farm house and barn)
- Location: 2565 W. Ellsworth Rd. Ann Arbor, MI 48108
- Contact Greta Furlong, LMSW, gretafurlong@gmail.com

Ann Arbor Center for Developmental and Behavioral Pediatrics.....(734) 997-9088

PARC Resource Guide

- Specialize in diagnosing and treating behavioral and developmental concerns, including autism, ADHD, aggressive behavior, sleep disorders, and developmental delays.
- Location: 1601 Briarwood Circle, Suite 500
Ann Arbor, MI 48108
- Do not bill insurance companies. Families receive coded receipts to submit for reimbursement
- Licensed child psychiatrist on staff

Ann Arbor Center for the Family.....(734) 995 5181

- Psychological Testing, Individual therapy, Family therapy, Support groups for ADD
- Accepts private insurance, Medicare, and Medical Subsidy
- Contact Person: Douglas Ensor, Ph.D
- Visit their website at www.annarborcenter.com
- Location: 2395 Oak Valley Drive Ann Arbor, MI 48103

*Ann Arbor Consultation Services.....(734) 996-9111

- Over 30 therapists and 4 psychiatrists, ranging in specialties.
- Adoption sensitive therapists on staff.
- Insurance acceptance varies depending on therapist. Ask when scheduling appointment.

*Anne Solomon.....(734) 629-4234

- Adoption sensitive
- Location: 1785 West Stadium. Suite 203. Ann Arbor, MI 48103
- Sliding Scale
- Accepts Aetna, Blue Cross/Blue Shield, Medicare, Alliance, CIGNA, University of Michigan Premier Care, BCN
- Accepts Mastercard and Visa

*Dr. Barbara J. LaHood.....(734) 506-6704

- Adoption sensitive
- Location: 400 Maynard St. Suite 806 Ann Arbor, MI 48104
- No sliding scale
- Accepts Aetna, Blue Cross/Blue Shield, Integrated Health Plan

*Catholic Social Services.....(734) 971-9781

- Location: 4925 Packard St. Ann Arbor, MI 48108
- Website: www.csswashtenaw.org

* Carla Hines, Inc.....(734) 788-0344

- Parenting skills classes, Individual therapy, Family therapy, and Home-based services

PARC Resource Guide

- Insurance not accepted. Medical subsidy accepted. Reduced Fee based on financial aid
 - Location: 2048 Washtenaw Upper Level Ypsilanti, MI 48197
- *Cheryl Foster.....(734)276-7906
- Cheryl and many therapists on her staff have experience working in foster care and adoption.
 - Adoption sensitive therapy
 - Accepts some Medicaid plans
 - Medical subsidy is the preferred method of payment
- *Coryanna Ku, LPC.....(734)-984-3518
- Specializes in counseling and marriage and family therapy.
 - Location: 521 Forestbrooke Ct., Saline, MI 48176
 - Coryanna offers “In the Field” counseling. / Saline
 - Offer sliding scale fees
- Community Mental Health.....(734)544-3000
- CARES program focuses on severe mental health patients
 - Location: 555 Towner Street Ypsilanti, MI 49079
- *Dr. Deborah Kraus.....(734) 335-1589
- Trauma informed therapist
 - Location: 333 Maynard. Suite 402. Ann Arbor, MI 48104
 - Accepts Blue Cross/Blue Shield PPO
- Elizabeth Mitchell, MS, LLP(734)741-1331
- Behavioral Psychologist / Certified AT NHA Consultant
- *Emily Jornburg.....(734) 995-5181
- Location: 2300 Washington Ave, Suite 203. Ann Arbor, MI 48104
- Fostering Futures.....(734) 481 8999
- Specific individual and family therapy
 - Professionally run parent, attachment focused, and jewelry making, self-esteem-enhancing group for girls ages 8-18 on weekends.
 - No charge for services
- *Glen Kagan.....(734)494-2655
- Adoption sensitive
 - Location: 117 N 1st St. Suite 106. Ann Arbor, Michigan 48104
 - Sliding Scale
 - Accepts APS Healthcare, Health Net, MHN, Blue Cross/Blue Shield, MESSA and United.

PARC Resource Guide

- Also accepts Mastercard and Visa
 - Website: <http://www.glennkagan.com/>
- *Hands Across the Water.....(734)-477-0135
- Location: 781 Avis Drive, Suite 200 Ann Arbor, MI 48108
- *Howard Lerner.....(734) 403-3848
- Trauma informed therapist.
 - Location: 555 E William St. Suite 20L. Ann Arbor, MI 48104
 - Sliding Scale
 - Accepts Blue Cross/Blue Shield, Medicaid and Medicare.
- *Janet Okagbue-Reaves.....(734) 606-0435
- Trauma informed therapist
 - Location: Ypsilanti Center for the Family. 32 N. Washington. Suite #2. Ypsilanti, Michigan 48197
 - Accepts Aetna, Blue Cross/Blue Shield, Blue Care Network, and Magellan Behavioral Health.
- *Jane York Bornstein.....(734)799-0452
- Specializes in adoption related adjustment issues including transracial families.
 - Location: 360 Consultations. 101 West Liberty St., Suite 360. Ann Arbor, MI 48104
 - Accepts Blue Cross/Blue Shield. Also accepts Mastercard and Visa. Sliding Scale
- *Jennifer DeVivo.....(734) 417-4287
- Individual therapy, Family therapy. Specializes in trauma recovery for children, teens, and adults and children adopted through foster care and internationally
 - Private Insurance and medical subsidy accepted
- *Jennifer Jenks, MD, PhD.....(734) 531-6933
- Child, Adolescent, and Adult Psychiatry
 - Location: 101 W. Liberty St., Ann Arbor, MI 48104
- *Julie Frick.....(734)273-9366
- Trauma informed therapist
 - Office located in Ann Arbor
 - Website: <http://www.juliefrick.com/>
- *Kimberly McCrea.....(734)681-3374 x80
- Adoption sensitive

PARC Resource Guide

- Location: Heron Ridge Associates. 1785 West Stadium Blvd. Suite 203. Ann Arbor, MI 48103
- Accepts Aetna, Blue Cross/Blue Shield, HAP, Medicare, Priority Health, Out of Network, BCN, Cofinity, Magellan Behavioral Health, Premiere Care and TRICARE.
- Also accepts Mastercard and Visa
- Sliding Scale

*Kristine Freeark.....kfreeark@umich.edu

- Kristine Freeark is a clinical psychologist with both intervention and research interests in adoptive family relationships and their impact on children's well-being
- Dr. Freeark developed the Inquisitive Minds Workshop for adoptive parents of young children to translate developmental knowledge and an understanding of normative adoptive family dynamics into information and activities for parents. The workshop prepares parents to assist their children in communicating constructively about adoption to enhance family belonging and a positive adoptive identity. The workshop is offered in both 8 week and intensive weekend formats
- Location: 1029 NW. Ann Arbor, MI 48109
- Accepts BCBL Illinois and Blue Cross/Blue Shield

Leah Marcus, MA, LPC (Ohio)(734) 926-8506

- Counselor / Certified AT NHA Consultant

Jennifer Simoneau, LMSW, Family Therapist.....(734) 956-0051

- Location: 2385 S. Huron Parkway. Ann Arbor, MI 48104
- Accepts Aetna, Blue Care Network HMO Plans, Blue Cross Blue Shield PPO (BCBS), Blue Cross Complete, Cofinity, Health Spending Accounts, McLaren, Meridian

*Lisa Inoue.....(734) 996-9111

- Email: lisa@attachmentcoalition.org
- Specializes in treating adults and children with trauma and attachment disorders.

*Samaritas.....(734) 971-1944

- Outpatient or Outreach counseling services in an individual, family or group capacity
- Therapeutic Parent Coaching to enhance parenting skills
- Gain Understanding of Life Experiences within the Child Welfare System
- Assist with Emotion Regulation
- Decrease Negative Behaviors
- Meet Mental Health Needs of Children and Adults involved with CPS, Protect Mi Families, Foster Care, SIL, Voluntary Young Adult Foster Care, and Post Adoption or Guardianship

PARC Resource Guide

- Accepts Medicaid and Medical Subsidy
- Location: 2770 Carpenter Rd. #200 Ann Arbor, MI 48108

*Matruka Sherman.....(734) 681-3352

- Trauma informed therapist
- Location: 2345 S. Huron Pkwy. Suite 2. Ann Arbor, MI 48104
- Accepts Aetna, Cigna, Medicare, Blue Cross/Blue Shield, Magellan Behavior Health and ValueOptions

*Paula Meyer.....(734) 769-7299

- Location: 321 S. Main St. Suite 203. Ann Arbor, MI 48104
- Accepts Blue Cross/Blue Shield
- Offers sliding scale fees

*Patricia Fero(734)-956-0908

- Clinical Social Worker in Ann Arbor
- Offer sliding scale fees
- Accepts Mastercard and Visa
- Accepts Aetna, Blue Cross/Blue Shield, Horizon Healthcare, Medicare, United, Behavioral Health Systems, Cigna, Magellan Behavior Health and Priority

* Still Waters Counseling.....(734)944-3446

- Several therapists who are comfortable working with adoptive families. To look at staff profiles
- Website: www.still-waters-counseling.com
- Accept medical subsidy, but if there is other insurance then that will be billed first.
- Accept most insurance. Check with office manager when scheduling appointment.
- Location: 2376 Wildwood Trail. Saline, MI 48176

The Corner Health Center.....(734)484-3600

- Counseling services geared towards adolescents and young adults ages 12-21
- Services are free
- Location: 47 N. Huron Street. Ypsilanti, MI 48197

Thrive Counseling.....(734)436-4249

- Counseling for individuals, families and couples
- Location: 2245 S. State Street, Suite 1100. Ann Arbor, MI 48104
- Email: hello@thrivecounselinga2.com

University Center for Children & Family(734) 764-9466

PARC Resource Guide

- Counseling, therapy, and mental health services to children and families in the following areas: Parenting, Emotional and Behavioral Concerns, Social Skills Grief and Loss, Learning Disabilities, Relationship Issues for Marriage and Couples.
- Accepted insurance include: Aetna, Blue Care Network, BlueCross, BlueShield Medicaid.
- Website: <http://iha.umich.edu/university-center-child-family>

Equine Therapy

Amber Burkhardt-Sidebottom.....(734)276-2765

- Location: 8139 Ernst Road, Manchester, MI
- Email: amber@bridgewatersupportiveservices.com

Support Groups

Fabulous Foster & Adoptive Parent Support Group.....(517)937-7580

- Open to all foster and adoptive parents and their children. Separate group just for teens included.
- First Monday of the month, 6:00-8:00pm
- Location: 2065 S. Wagner Rd, Ann Arbor, MI 48103
- Contact person: Jane_Argiero@judsoncenter.org

Adoptive and Guardian Parents.....(734)545-3831

- Open to all adoptive, guardian and pre-adoptive parents. Sorry, childcare is not available.
- Third Wednesday of each month, 6:30 to 8:00pm
- Location: Dexter United Methodist Church, 7643 Huron River Rd., Dexter, MI 48130
- Contact: Tracy_Kapusansky@judsoncenter.org

Catholic Social Services of Washtenaw County.....(734) 971-9781

- Professionally run groups for birth parents, adult adoptees, and adoptive parents.
- Free of charge
- Contact people: Elly Falit, MSW, LMSW, ACSW; Julie Payne, MSW, LMSW; Holly Nicewander, MSW, LLMSW
- Visit their website at www.csswashtenaw.org
- Location: 4925 Packard, Ann Arbor, MI, 48108

CHADD..... washtenaw-county@chadd.net

- Presentations and support group meetings for both Parents/Caregivers of Children with ADHD and Adults with ADHD living in the Washtenaw County area
- Location: WISD Building. 1819 S. Wagner Rd., Ann Arbor, MI 48106
- Meets 4th Tuesday of each month at 7:00 pm - 9:00 pm

PARC Resource Guide

Hands Across the Water.....(734) 477-0135

- Professionally and parent run parent, children, LGBTQ support groups.
- No private insurance or medical subsidy accepted

Grandparents as Parents Support Group.....(734) 712-3774

- Contact person: Christine Rockwood
- Four locations: St. Joseph Hospital in Ann Arbor, Chelsea First United Methodist Church, Ypsilanti at the Senior Center, and Whitmore Lake at the elementary school.
- Call for more information.
- Location: 5361 McAuley Dr., Ypsilanti, Michigan

Mindful Parenting..... a2mindfulparenting@gmail.com

- Mindful Parenting groups are held on Saturdays from 1:00-2:30 pm throughout the year at Ann Arbor Consultation Services (www.a2consultation.com). Groups are six weeks in length and take place at our office at 3055 Plymouth Rd. in the basement conference room.
- Website: <http://a2mindfulparenting.com/>

National Alliance of Mental Illness Washtenaw.....(734) 994-6611

- NAMI members provide support, education, and advocacy for consumers, their friends, and their families during all phases of their mental illness journey.
- NAMI Connection, NAMI In Our Own Voice, Hearts & Minds, NAMI Basics Education Program, Family to Family, NAMI Smarts, and NAMI Family Support are the programs are offered at the various NAMI Chapters throughout Michigan.
- Location: 1100 North Main St., Ann Arbor, MI, 48104
- Website: <http://www.namiwc.org/>

Foster Parent/Adoptive Parent support group, hosted by Fostering Futures.

- 1st Wednesday of every month from 6:15- 8:15 pm. Pizza Dinner provided for adults and children.
- Childcare for any children brought by the families (bio or foster or adoptive). We cover the issues presented by the families who come that night and offer two training hours for their attendance.
- Location: 3300 Washtenaw Avenue, Suite 260, Ann Arbor, MI 48104
- Contact: Jennifer DeVivo at 734-481-8999 or gro.sdikff@ovivednej

Raising Kids Affected by Trauma

- Contact: Tammy Talvitie at tammy.talvitie@gmail.com or (734)657-7172; Join us on Facebook at www.facebook.com/groups/RKATsupport/

Strengthening Myself <http://www.strengtheningmyself.wordpress.com>

PARC Resource Guide

- This is a group for adopted young people between the ages of 12 and 15. It takes place on Tuesdays from 4:45-6 p.m. in Ann Arbor.
- The format of strengthening Myself addresses the need many young people have to decide on their own goals and learn how to accomplish those goals independently. Group members learn about goal-setting, shaping positive habits and managing emotions that might derail them from their goals. Working as a team we are able to do this in a fun and creative format that strengthens their self-awareness and mastery. The group cheers one another on toward success.

FASD Ann Arbor Support Group

- Meets 4th Wednesday of every month from 7:00PM -9:00PM, except for November which meets the 3rd Wednesday and December when there is no meeting.
- Location: St. Joseph Mercy Hospital, Education Center, Classroom #5 5305 East Huron Dr., Ann Arbor
- Contact: Betsy Soden for more information at betsysoden@juno.com

Runaway and Homeless Youth Services

Ozone House.....(734)662-2222

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- Location: 1705 Washtenaw. Ann Arbor, MI 48104
- Website: www.ozonehouse.org

Teen Resources

Ozone House.....(734) 662-2265

- Ozone House is a community-based non-profit agency that helps young people (who have experienced foster care) lead safe, healthy and productive lives through intensive prevention and intervention services.
- Services offered include: 24-Hour crisis hotline (662-2222), individual and family therapy, case management, LGBTQ youth support, community education and outreach, drop-in center, street outreach, project SpeakOUT, QueerZone, nightly hot meals and activities, and various emergency housing options.
- Location: 111 S. Wallace Blvd., Ypsilanti, MI 48197
- Website: www.ourhousemi.org

Psychiatrists

Marnie Burkman.....(734) 237-6610

- Specializes in depression, anxiety, and trauma/PTSD
- Location: Michigan Integrative Psychiatry, PC. 107 April Drive. Suite 4. Ann Arbor, Michigan 48103
- Accepts Aetna, Blue Cross/Blue shield, and Cigna insurance

PARC Resource Guide

Sara Dumas.....(734) 864-2650

- Specializes in child and adolescent psychiatry
- Location: 101 W Liberty St. # 360 Ann Arbor, MI 48104
- Accepts Blue Cross/Blue Shield and First Health (Coventry Health Care) PPO

Ellen Grosh.....(734) 971-0200

- Specializes in Child and Adolescent Psychiatry
- Location: 2020 Hogback Rd. Ste 15. Ann Arbor, MI 48105
- Accepts private payments or insurance
- Accepts Blue Cross Blue Shield PPO plans, Priority Health, Health Alliance Plan (HAP) and Aetna

Joe Harvey.....(734) 593-5250

- Specializes in Child and Adolescent Psychiatry
- Location: 775 S Main St. Chelsea, MI 48118
- Accepts Aetna, Blue Cross/Blue Shield, Humana, Priority Health

Moina Hassan.....(734) 944-8300

- Location: 1235 Industrial Dr. Ste 4. Saline, MI 48176
- Specializes in Pediatric Psychiatry
- Accepts Medicaid, Blue Cross/Blue Shield, Humana, Priority Health, HAP insurance, Medical Mutual of Ohio

Craig Lemmen.....(734) 996-9111

- Specializes in Child Psychiatry
- Location: 5331 Plymouth Rd. Ann Arbor, MI 48105
- Accepts Aetna and Blue Cross/ Blue Shield

Jean-Paul Pegeron.....(734) 931-6257

- Specializes in depression, loss or grief, and relationship issues
- Location: 1785 W. Stadium Blvd. Suite 201-D. Ann Arbor, Michigan 48103
- Accepts several types of insurance

Dwarakanath Rao.....(734) 329-5251

- Specializes in relationship issues, self-esteem, and depression
- Location: 555 East William. Suite 24-1. Ann Arbor, MI 48104
- Accepts several types of insurance.

*Albert Sayad.....(734)677-4770

- Location: 2020 Hogback Rd. Ann Arbor, MI 48105

*Pamela V. Sohoni.....(734)677-5900

- Location: 2020 Hogback Rd Suite 19. Ann Arbor, MI 48105

Updated 10/27/2021

PARC Resource Guide

- Accepts Aetna and Principal Financial insurance

Linda Speck.....(248) 324-0337

- Specializes in Psychiatry as well as child and adolescent psychiatry
- Location: 37875 W 12 Mile Rd. Suite 220. Farmington Hills, MI 48331
- Accepts several types of insurance

Children with Special Needs

Association for Children’s Mental Health.....(517) 336-7222

Association for Community Advocacy.....(734) 484-4177

- Family support subsidy
- State of Michigan financial assistance for families with low income and child disability

Children’s Special Health Care Services.....(734)544-6700

- Coverage and referral for specialty services based on the person's health problems.
- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.

Sunfield Center.....(734) 222-9277

- Offers many clinical services for the following: Autism Spectrum Disorders Service, ADHD & Disruptive Behavior Disorder Service, and Anxiety Disorders Service
- Website: <http://sunfieldcenter.com/>

Educational Services

Boys and Girls Club of Southeast Michigan.....(248) 473-1400

- Website: www.bgcsm.org
- Open to ages 6-18 (Grades 1-12)
- Youth development and enrichment programs
- \$50 annual membership per child

Brightmont Academy.....(734) 316- 8651

- 1 to 1 alternative middle school and high school

PARC Resource Guide

- Location: 1315 E. Michigan Ave. Saline, MI 48176
- Website: <http://www.brightmontacademy.com/>

Eastern Michigan University MAGIC.....(734) 487-0899

- Mentorship Access Guidance In College exists to increase the graduation rates among students who have experienced foster care or homelessness by removing barriers that interfere with academic success and the process of becoming an interdependent adult.

University of Michigan Blavens Scholar.....(734) 764-7420

- Each Blavin scholar is matched with a mentor selected from U of M's faculty and staff. Our mentors have similar interests to our scholars and are academically relevant, though they also provide emotional and social support.

Washtenaw Area Council for Children.....(734) 434-4215

- Promoting child safety and well-being and to prevent child maltreatment, abuse and neglect through educational services and programs to children, parents, community members and youth-serving professionals throughout Washtenaw County.

Washtenaw Community College REACH(734) 973-3572

- The REACH (realizing educational achievement can happen) program is designed to support students who have experienced foster care. Students will have access to a Campus Coach who will provide support and guidance and connections to valuable community and college resources vital in meeting their educational and career goals.

School Help

The Dispute Resolution Center.....(734) 794-2125

- Helps to resolve conflicts in schools when a student has harmed another student or staff member.
- Assists parents in working with the schools to resolve conflicts surrounding IEPs, special education, school attendance, and other issues the family may be encountering.

FASD Resources

Fetal Alcohol Spectrum Disorders Clinic.....(734)232-1530

- Accepts most insurances
- Each appointment includes a review of the child's history and a physical exam with an emphasis on the phenotypic characteristics that can result from prenatal alcohol exposure.
- Children will receive a neuropsychological evaluation to evaluate the neurocognitive and behavioral profile of children with suspected FASD.

PARC Resource Guide

- Patients will also have a coordinated assessment with Pediatric Genetics on the same day to evaluate potential genetic factors that may contribute to the child's developmental and behavioral presentation.
- The appointment will take approximately five hours total with a break in between the different parts.
- Email: fas-clinic@med.umich.edu
- Location: University of Michigan Hospitals. 1500 E Medical Center Dr. 1924 Taubman Center SPC 5318. Ann Arbor, MI 48109

Child Care

Ann Arbor YMCA Child Care.....(734) 663-0536

- Website: www.annarborymca.org
- A safe environment for all children to learn and grow.

Child Care Network/Washtenaw Regional 4C.....(734) 975-1840

- Website: www.childcarenetwork.org
- Referrals to all licensed child care settings and preschools serving children with and without special needs; training for child care providers; limited number of scholarships available.

Respite

CSTS.....(734)973-4887

- Provides support to families with emotionally disturbed children and adolescents and serves families where a parent has a mental illness. Program works to match families with trained respite providers or may use family friends to assist. Vouchers for community activities are also sometimes available

Nutrition

The Corner Health Center.....(734) 484-3600

Washtenaw County Health Department.....(734)544-6800

Health Care Services

Corner Health Center..... (734)484-3600

- Geared towards adolescents and young adults ages 12-21
- Offers a full range of medical services.
- Location: 47 N. Huron St. Ypsilanti, MI 48197

Hope Medical Clinic.....(734) 481-0111

- Primary care for patients without insurance or the ability to pay for health care.
- For children and adults.

PARC Resource Guide

- \$5 donation for services requested but not required.

Packard Health.....(734)971-1073

- Primary medical care for adults and children.
- Nutritional counseling.
- Diabetes education.
- Assistance applying for health coverage for the uninsured
- Offers sliding scale fee

Regional Alliance for Healthy Schools

- Services include treatment of childhood illness and physical exams/immunizations.
- For school age children and their siblings.
- Most insurance is accepted. Will also see the uninsured.

Family Services

The Dispute Resolution Center.....(734)794-2125

- Help mediate familial conflict in a safe space.
- Location: Washtenaw County Sheriff's Office. 2201 Hogback Rd. Ann Arbor, MI 48105
- Service price is negotiable.

SOS community Service.....(734)485-8730

- Shelters for homeless families as well as food assistance through food pantry
- Location: 114 North River, Ypsilanti, MI 48198
- Website: <http://www.soscs.org/>

Wayne County

Crisis Helpline

Detroit Wayne Mental Health Authority(877) 800-1650

Counseling

Branches Counseling.....(734)799-5367

- Adoption sensitive therapists on staff
- Location: 16801 Newburgh Road. Suite 109. Livonia, MI 48154
- Offers sliding scale fees
- Accepts Out of Network plans
- Cash, check, Mastercard and Visa are accepted for payment

Cheryl Foster.....(734) 276-7906

PARC Resource Guide

- Cheryl and many therapists on her staff have experience working in foster care and adoption.
- Adoption sensitive therapy
- Accept Blue Cross/Blue Shield and Magellan insurance
- Medical subsidy is the preferred method of payment

CSS of Wayne County- Detroit.....(313) 883-7681

- Family Counseling
- Website: <http://www.csswayne.org/>

Ennis Center for Children.....(313) 342-2699

- Individual therapy for children, teens, and adults, family therapy, and marriage counseling.
- Several insurances accepted including: Blue Cross Blue Shield, Blue Care Network, HealthPlus (private and as a Medicaid health plan), McLaren Health Plan (private and as a Medicaid health plan), and Medicare.
- Location: 20100 Greenfield St., Detroit, MI 48235
- Website: <http://www.enniscenter.org/>

Dr. Elissa Fronczak.....(734) 237-6228

- Experience helping adolescents and teenagers recover from childhood trauma/abuse
- Website: 550 Forest Avenue. Suite 15-3. Plymouth, MI 48170
- Accepts Blue Cross/Blue Shield and Out of Network
- Cash and Check are accepted for payment
- No sliding scale

HAVEN.....(248)334-1274

- Location: 30400 Telegraph Rd #101, Bingham Farms, MI 48025

Inner Wisdom Counseling.....(248)348-1270

- Specializes in family and adolescent counseling.
- David Connell, PhD
- Location: 224 South Main St. Northville, MI 48167

Julie Kimball-Kubiak.....(248)345-2410

- Email: kjkubiak44@yahoo.com
- Specializes in family therapy with a focus on trauma, attachment and adoption using *Dyadic Developmental Psychotherapy* (DDP) as her primary treatment approach & *Beyond Consequences* as her therapeutic parenting paradigm. Julie offers an adopted teen support group based on the seven core issues of adoption and leads an adoptive parent support group
- Location: 34441 8 Mile Rd., Suite 108. Livonia, MI 48152

PARC Resource Guide

- Website: <http://www.attachmentcoalition.org/>

Karol Teetor.....(248) 345-2410

- Parenting skills classes, Individual therapy, Family therapy
- Professionally run Parent, and Teen support groups
- Insurance accepted and MI adoption medical subsidy
- Location: 34441 8 Mile Rd., Suite 108. Livonia, MI 48152
- <http://www.attachmentcoalition.org/>

Dr. Kim Logan-Nowlin.....(313)486-4592

- Specialties include adoption, family conflict, and relationship issues
- Location: 3011 W. Grand Blvd. (Fisher Building) Suite 423. Detroit, MI 48202
- Accepts a wide range of insurance and a sliding scale for payment is available

Linda Lhost-Catal, PhD.....(734) 646-6162

- Email: linda@attachmentcoalition.org
- The *Coalition's* diagnostician and neurofeedback treatment specialist. Cognitive, academic and/or psycho-social evaluations include objective and projective testing and an attachment assessment, a specialty that is paramount when determining the overall functioning of an attachment challenged child.
- Location: 34441 8 Mile Rd., Suite 108 Livonia, MI 48152
- Website: <http://www.attachmentcoalition.org/>*

Linda Jones.....(734) 634-9363

- Email: jones@attachmentcoalition.org
- Specializes in the attachment of infants and children using *Dyadic Developmental Psychotherapy (DDP)* as her primary treatment approach. She has extensive experience working with trauma often using *EMDR* and/or *Mindfulness* as adjunctive treatments to DDP. Linda offers therapy, parental support, consultation for IEP's (Individualized Educational Plan) and consultations for siblings & extended family members.
- Location: 34441 8 Mile Rd., Suite 108. Livonia, MI 48152
- Website: <http://www.attachmentcoalition.org/>*

Lutheran Adoption Service.....(248) 423-2770

- Individual therapy, family therapy, home-based services
- Medical subsidy or private pay
- Contact person: Carol J. Schiller, LBSW, MA, LPC (cschi@lssm.org)

PARC Resource Guide

New Oakland(800)395-3223

- Child-Adolescent and Family Center
- Offices in Oakland, Macomb and Wayne counties
- Website: www.newoakland.org

Orchards Children’s Services.....(313) 340-0497 x259

- Parenting skills classes, Psychological testing, Individual therapy, Family therapy, Home-based services. Provide in-home services to families who adopted children out of the foster care system. Link families up with needed services in order to stabilize “crisis” situations.

Pam’s Place Counseling Center (PPCC).....(313) 894-8088

- Parenting skills classes, Individual therapy, Family Therapy
- Parent run support groups
- Private Pay
- Contact: James T. Edgar, Jr., Master Degree Direct #:313.894.2088
- Location: 2441 W. Grand Blvd., Suite 202. Detroit, MI 48208

Spaulding for Children.....(248) 443-7080

- Individual therapy, Family Therapy, Home-based services
- Parent, Children, Teen support groups, professionally and parent run.
- No charge for services
- Location: 16250 Northland Dr., Suite 100. Southfield, MI 48075
- Website: <http://spaulding.org/>

Terri G Hunter-Powell.....(313) 731-2934

- Adoption sensitive
- Location: Choices and Changes Counseling Services. 5555 Conner Ave. Suite 2079 Detroit, MI 48213
- Accepts a variety of insurance including Medicaid
- Offers sliding scale fees

Support Groups

Families on the Move

- Provides support for foster/adoptive caregivers, trainings, advocacy, family events and support groups for parents and youth
- Website: <http://supportfotm.wix.com/supportfotm>

Methodist Children’s Home Society – Foster Parent Support Group

- This is only open to families working with Methodist Children’s Home
- When: This group meets the 3rd Tuesday of the month at 6:00pm.
- Where: Methodist Children’s Home Society, 26645 W. Six Mile Road Redford Township, MI 48240

Updated 10/27/2021

PARC Resource Guide

- Please contact Stephanie Robbins at 313-531-9946 for further information.

Grandparents Raising Grandchildren

- When: Every 3rd Wednesday, 10:00 AM to 12:00 PM
- Where: Detroit Area Agency on Aging 1333 Brewery Park Blvd., Detroit, MI 48207
- Contact: Veronica Padmos 313-446-4444 x. 5828

Adoption Support for Michigan Moms

- Meets the 1st Thursday from 7-9PM
- A place to make connections, share your story, gather ideas and uplift other moms. Informal group, anyone can come weather your adoption is finalized or you're waiting to bring a child home.
- Location: Bigby Coffee, 44601 Five Mile Rd. Plymouth.

Northridge Church Foster / Adoption Support Group

- Northridge Church Plymouth, MI www.northridgechurch.com
- Meets the 3rd Monday each month from 6:30-8:30pm; childcare provided for small fee. Note: No meetings in July and August 2019.
- Contact Karen at moc.oohay@momretsof.nerak

Wayne County Adoptive Parent Support Group- PARC Region 8

- 2nd Thursday of each month 5:00-8:00 PM
- Location: Wayne County Community College/General Arts Building 8200 W. Outer Dr. Detroit, MI 48219
- Childcare and dinner provided
- RSVP to (248)530-5381 or email Jennifer Harmon at gro.sdrahcro@nomrahj

National Alliance on Mental Illness (NAMI)..... (313) 584-3072

- Offers a number of support groups, advocacy, and free education and training opportunities for family members, which covers many areas, such as education, providing support, and fighting stigma.
- NAMI Dearborn Family Support Group
 - Meets on the 2nd & 4th Monday of every month 7 p.m.
 - Location: the First Presbyterian Church, 600 N. Brady St., Dearborn
 - Contact: (313) 563-1245 or (313) 359-0253.
- NAMI Metro Downtown Detroit Family Support Group
 - Meets on the 2nd Saturday of every month 1 p.m.
 - Location: the VA Hospital Room B1314, (Use Canfield entrance), 4646 John R., Detroit.
 - Contact: (313) 873-9019 or (313) 867-623.
- NAMI Metro Eastside Family Support Group
 - Meets on the 1st & 3rd Monday of every month 7 p.m.

PARC Resource Guide

- Location: Cottage Hospital Conference Room 1 (1st Floor)159 Kercheval, Grosse Pointe.
- Contact: Barb (313) 886-8004.
- NAMI Suburban West Family Support Group
 - Meets on the 1st & 3rd Tuesday of every month 5:30 p.m.
 - Location: the Redford Community Center, 12121 Hemmingway, Redford, MI 48239.
 - Contact: Jill (313) 670-6333.
- Website: <http://namimetro.org/resources/family-support-groups/>
- Location: 33919 Fountain Blvd. Westland, MI, 48185

Homeless Youth Services

Alternatives for Girls.....(313)361-4000

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families.
- Website: www.alternativesforgirls.org
- Location: 903 W Grand Blvd. Detroit, MI 48208-2365

Matrix Human Services.....(313)831-1000

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- Website: www.matrixhumanservices.org
- Location: 120 Parsons St. Detroit, MI 48202

Starfish Family Services.....(313)563-5005

- Crisis based services available to youth between the ages of 12 and 17, their siblings and families
- Website: www.sfish.org
- Location: 30000 Hiveley, Inkster, MI 48141

Covenant House.....(313)463-2000

- Covenant House Michigan is a place for young people who have nowhere else to go. Most are victims of abuse and neglect.
- Location: 2959 Martin Luther King, Jr. Blvd. Detroit, Michigan 48208

Federation of Youth.....(313)267-4465

- Provides residential treatment for young men and women through transitional living/ supervised independent living program, teen parent housing & employability skills
- Website: <http://www.thearcww.org>

Children with Special Needs

Arc of Western Wayne County.....(734) 729-9100

- Available to facilitate plans for people receiving services through the Detroit Wayne County Community Mental Health Agency.

PARC Resource Guide

Association for Retarded Citizens.....(313)831-0202

- Social events for individuals of all ages with developmental disabilities.
- Location: 51 W Hancock Street. Detroit, MI 48201-1303

Children's Special Health Care Services

- Family centered services to support you in your role as primary caretaker of your child.
- Community based services to help you care for your child at home and maintain normal routines.
- Culturally competent services which demonstrate awareness of cultural differences.
- Coordinated services to pull together the services of many different providers who work within different agencies.
- Coverage and referral for specialty services based on the person's health problems.

(Outside Detroit).....(734)727-7088

- Location: 33030 Van Born Rd. Wayne, MI 48184

(Detroit).....(313)-876-0180

- Location: 1151 Taylor Street. Room 307 C. Detroit, MI 48202

Detroit Institute for Children.....(888)-790-5437

- To care for children with physical or developmental disabilities, neurological or behavioral special needs in a way that is positive, passionate, integrated and family-centered so that the children can maximize their potential within their families and the community.
- Rehabilitation Services - physical therapy, occupational therapy, speech/language pathology,
- Assistive technology services - Activities of Daily Living (ADL) Clinic, Seating and Mobility Clinics, and orthotics.
- School Services: Through our contracted services, we are able to provide direct treatment, consultation and evaluation, as well as staff/teacher in-services on-site to schools and agencies for children with special needs.
- Location: 5447 Woodward. Detroit, MI 48202
- Website: <http://www.detroitchildren.org/>

Employment Services

Job Corps.....(313) 852-0300

- Free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job.
- Must be 16 years of age or older that qualify as low income
- Location: 11801 Woodrow Wilson Street, Detroit, MI 48206
- Website: <http://detroit.jobcorps.gov/>

Health Services

PARC Resource Guide

- Institute for Population Health (IPH).....(313)324-9482
- Offers various health services including WIC, dental, vision and hearing, immunizations, substance abuse services and family planning services.]’
 - Location: 1151 Taylor St. Detroit, MI 48202
 - Website: <http://www.ipophealth.org/#>
- Coventry Cares of Michigan.....(313)465-1510 / 1-866-316-3784
- A Medicaid Health Plan, services include family planning, doctor visits, lab and x-ray, prescription coverage, dental and many other services.
 - Location: 1333 Gratiot Avenue, Suite 400. Detroit, MI 48207
 - Website: <http://chcmedicaid-michigan.coventryhealthcare.com/>
- Children’s Special Health Care Services.....1(800)359-3722
- Location: Family Center for CYSHCN. Cadillac Place, Suite 3-350. Detroit, MI 48202
 - Email: CSHCSFC@michigan.gov for additional information.
- Wayne Children’s Healthcare Access Program.....(313)863-CHAP (2427)
- A Medical Home implementation model, improving quality, access and child health outcomes. Services provided include care coordination, transportation, Medicaid outreach, community linkages, and behavioral health coordination.
 - Location: Westminster Church of Detroit. 17567 Hubbell. Detroit, MI 48235
 - Website: <http://wchap.org/>

Family Services

- Spectrum Child and Family Services.....(734)458-8736
- A child welfare, family preservation and mental health human services organization. Services include foster care, adoption, family preservation, mental health treatment services, substance abuse treatment, employment/career training, and programs for adjudicated youth, and group homes for developmentally disabled adults.
 - Location: 28303 Joy Road. Westland, MI 48185
 - Website: <http://www.spectrumhuman.org/SHS/Default.aspx>

Legal Services

- Legal Aid and Defender (LAD)(313)967-5555
- A public law firm for citizens of metro Detroit, Wayne, Macomb, and Oakland Counties who cannot afford legal services.
 - Location: 613 Abbott Street. Detroit, MI 48226
 - Website: <http://ladadetroit.org/>

Educational Services

PARC Resource Guide

Brightmont Academy.....(734) 548-8740

- 1 to 1 alternative middle school and high school
- Location: 15374 N. Haggerty Rd. Plymouth, MI 48170
- Website: <http://www.brightmontacademy.com/>

New School High.....(734) 386-6601

- Tuition free, public school with small classes
- Project based learning, and dedicated teachers focused on the students
- Location: 46250 Ann Arbor Rd, Plymouth, MI 48170
- Website: <http://www.newschoolhigh.org/>

State and National Resources

Camps

Academy of the Sacred Heart.....(248) 646-8900

- Location: 1250 Kensington Road. Bloomfield Hills, MI 48304
- Offers day camps, extended care, and enrichment classes.
- A mom and tot program for ages 18 months to 2 ½ years
- Camps for children ages 2 ½ through 18 years
- Website: www.ashmi.org

B.A.S.E. Camp.....(231)832-7298

- Ages 10-13
- June 15-22 and June 25-July 2
- A 7-day camp experience for pre-teens for early intervention. This program is for youth beginning to have difficulty managing their anger and emotions, struggling to transition into a place of personal responsibility, and lacking respect for others.
- Able to bill/invoice adoption subsidy as long as parents are able to provide approval from the subsidy office
- Scholarship fund
- Website: Camp site is at Eagle Village. 4507 170th Avenue. Hersey, MI.

Birmingham Community House Program Department.....(248) 644-5832

- Location: 380 S. Bates Street. Birmingham, MI 48009
- Provides a variety of enrichment camps, developmentally appropriate classes, and an Early Childhood Center emphasizing learning through play, discovery, creativity and exploration
- Website: www.communityhouse.com

PARC Resource Guide

Boys and Girls Club of Southeast Michigan.....(248) 473-1400

- Summer programming 10am-6pm Monday through Friday
- Youth ages 6-18 (Grades 1-12)
- \$50/kid for the summer
- Youth Enrichment Activities (YEA) promote learning in the summer through self-directed programs that foster the children’s long-term motivation for learning

Camp Tall Tree – Chasing Summer Inc.(734)-657-0057

Contact Scott Arizala.....(443)-907-8288

- Location: 10407 North Fenton Rd. Fenton, MI 48430
- Weeklong camps for kids with Autism ages 7-18 years old
- 2:1 Ratio

Camp Zip.....(313) 405-7041

- Special Needs
- Camp opportunities for youth 16 and up
- Focusing on daily living skills
- Location: 5840 North Canton Center Suite 290. Canton, MI 48187

Franklin Athletic Club.....(248) 352-8000

- Location: 29350 Northwestern Highway. Southfield, MI 48034
- Parent and tot camps, kids sports summer camps, extended care available, playgroups, ages 3 and up welcome
- Website: www.franklinclub.com

Fowler Center.....(989) 673-2050

- Location: 2315 Harmon Lake Road, Mayville, MI 48744
- The Fowler Center has been providing year-round camping experiences for children and adults with developmental disabilities and special needs since 1957. This includes individuals with cognitive and physical impairments, autism spectrum disorders, traumatic brain injuries, and sensory and communication challenges.
- Situated on over 200-acres in Mayville, Michigan, in the thumb of the state (Tuscola County)
- Website: <http://thefowlercenter.org/home.htm>

The Fowler Center.....(989)-673-2050

Contact: Kyle Middleton

- Programs for children, teens and adults
- Weeklong camps and day camps
- Location: 2315 Harmon Lake Rd. Marysville, M I 48744

PARC Resource Guide

Highfields.....(517)-628-2287

- Highfields is a Michigan "adventure" camp for at-risk teen boys and their families.
- The camp stresses the importance of relationship building and behavior responsibility, offering various types of counseling.
- Open to boys ages 12 to 17. (Other camps through Highfields Breakthrough program are open to boys 10 to 16.)
- Highfields takes a goal-oriented approach with its adventure campers. Those who visit the main
- The adventure camp lasts between 3 to 5 days. Groups are charged a fee, which varies based on the size of the group.
- Website: <http://highfields.org/>

Indian Trails Summer Camp.....(616)- 677.5251

- Location: O-1859 Lake Michigan Drive. Grand Rapids, MI 49534
- Indian Trails is a remarkable facility that brings adaptive recreation to the lives of each camper.
- Indian Trails offers a barrier-free camp setting in which those with disabilities can participate in all manner of activities the outside world is ill-equipped to provide.
- Website: http://indiantrailscamp.org/summer_camps

Michign International Prep School.....(248) 289-5521

- On-line alternative program and career development
- Public Charter School, which is 100% free
- World-Class online curriculum, MIPS chromebook, and WiFi device or internet package provided
- 24/7 internet access
- Michigan Department of Education accredited
- NCAA & NAIA approved

Midcourse Direction.....(810)-227-0243

- Midcourse Correction (Covenant Hills Camp) is a military-style boot camp located in Otisville, Michigan, just northeast of Flint.
- The program operates as an outdoor challenge camp and is designed to help what Midcourse Correction describes as "incorrigible" teens.
- All the activities at the camp are designed to give teens a "wake-up call" that their choices or lifestyles are harmful to themselves or others.
- Open to any youth ages 11 to 17 years or who is still in school, is very short (only 46 hours).
- Campers learn about the impact of jail, how choices influence life outcomes and what a teen's actions say about them.
- The camp includes 2 hours of parenting seminars at no extra charge. Cost is approximately \$425 per camper per weekend, as of 2010.

New Directions.....(248) 476-9550

PARC Resource Guide

- The Farmington Hills Campus is a residential facility that provides a safe, therapeutic environment for adolescents ages 12 to 18, who are experiencing cognitive impairments and emotional disorders.

Oakland Livingston Human Service Agency (Ferndale).....(248) 542-5860
(Pontiac).....(248) 209-2600

- Camps and enrichment programs
- Elementary age children
- Website: www.olhsa.org

Project Survive, at Eagle Village.....(231)832-7298

- Ages 13-17
- July 7-16 and July 21-July 30
- A 10-day, intensive wilderness experience for adolescent youth. Teens who are first-time offenders, struggle behaviorally at school and in the community or who may be in need of additional support services would be ideal participants.
- Able to bill/invoice adoption subsidy as long as parents are able to provide approval from the subsidy office
- Scholarship fund

Summer Impressions.....(248) 661-3630

- Location: 4150 Middlebelt Road. West Bloomfield, MI 48323
- Summer day camp is designed for children ages 3-13
- Cool Kids camp for ages 3 to 4 years
- Awesome Adventures camp for ages 5 to 6 years
- Energetic Explorers camp for ages 7 to 10 years
- Extended care available
- Website: www.summerimpressions.com

The Airborne Challenge.....(810)-623-5308

- The Airborne Challenge is a rigorous 48 hour experience designed to draw a clear distinction between productive and non-productive thinking patterns, between effective and ineffective problem-solving strategies, between constructive and destructive attitudes, between relationships that enhance growth and relationships that impede growth, and between persevering effort and the “try once and quit” approach.
- For youth 11-18

The Indian Trail Camp dba IKUS Enrichment Centers.....(616)-677-5251

- Serves adults and children ages 5- 80+
- Serves clients with a wide variety of abilities

The Fowler Center.....(989)-673-2050

Contact: Kyle Middleton

- Programs for children, teens and adults
- Weeklong camps and day camps

PARC Resource Guide

- Location: 2315 Harmon Lake Rd. Marysville, MI 48744

Washtenaw Camp Placement Association.....(734) 971-4537

- E-mail: CampPlacement@sbcglobal.net
- Awards scholarships for one or two weeks of expense-paid summer resident camp, plus supportive services. Services may include clothing and gear, medical examinations, an orientation session with representatives of participating camps, and transportation to and from camp. In addition, a Reunion Picnic is held each autumn for campers and their families
- Visit <http://www.washtenawcampplacement.org/> for more information

Youth Haven.....(517)-569-3631

- Youth Haven is a Christian-centered camp for any disadvantaged teen ages 7 to 13.
- Youth Haven defines "disadvantaged" as a teen having economic, family, social or emotional difficulties.
- This camp is a ranch-style camp on 390 acres in Rives Junction, Michigan. Youth Haven is not a correctional camp, but rather is preventative--its goals are to use Christian principles and activities to provide support and spiritual guidance to young people so that they make good choices.
- A typical day at the camp involves music, outdoor activities, exploring the on-campus petting farm and chapel.
- Campers have to be referred, but the camp is unique in that it is absolutely free to campers, as sponsors cover costs. The camp is NOT denominational.
- Website: <http://www.youthhaven.org/>

Summer Camps for Children with Special Needs

Camp Skyline.....(810)798-8240

- Website: www.campskyline.org
- Location: 5650 Sandhill Road. Almont MI 48003
- Camp FAR Away (June 15-20):
 - Camp Far Away is a week of activities and fun for youth, ages 13-19, with special needs. Join a supportive camp community, make new friends, build social skills & self-reliance in a safe and loving environment. Enjoy traditional outdoor camp activities like swimming, archery, canoeing, fishing, campfires, sports, hiking & hayrides.
 - Cultivate your creative side in the garden, drum circles, yoga, arts and crafts, cooking and singing. Look forward to the Skyline Talent show and the big dance.
- Camp for Us (July 4-July 6):
 - Camp for Us welcomes all families, especially those with special needs children. Come and celebrate the 4th of July Skyline style:

around the campfire with songs, s'mores, games, and family. Saturday morning will include yoga, games, storytelling, music & crafts for children ages 6-18 with our counselors and optional free time for adults. Afternoon programs include swimming, archery, crafts, hammocking, and visits with our Nigerian Dwarf goats & their kids. Back again, the Family Dance with DJ Dazzle Do Time on Saturday Night. Lodging in Focus, cabins or tents. Camp program begins Friday with a BBQ at 5:30pm, finishing Sunday morning after breakfast. All meals are provided over the weekend, including evening snacks.

- Step Up Camp (July 21-25):
 - Step Up Camp is making its debut this year, in partnership with the Down Syndrome Guild of Southeast Michigan: a three day overnight camping experience for middle and high school adolescents with Down Syndrome. Each camper will be paired with a peer for support and consistent positive social interaction. Look forward to new friends, games, hayrides, swimming, campfires, crafts, music, therapeutic horseback riding, canoeing, fishing, group building on our low ropes challenge course, delicious camp food, community living and much more! Lodging in Focus Hall.

Camp Casey.....www.camp-casey.org

- Location: 333 W. 7th Street. Suite 230. Royal Oak, MI 48067
- Horseback riding program for children with cancer, cowboy camp outs, horsey house calls, outlaw outings
- Website: www.camp-casey.org

Camp Michi-MAC.....(734) 259-8180

- Location: 39694 Suzan Court. Plymouth, MI 48170
- Summer camps and programs for children who have significant asthma and are taking medication daily
- For children who will be in grades 3 to 10
- Website: <http://www.campmichimac.org>

Kids in Motion Pediatric Therapy Services.....(248) 684-9610

- Location: 2636 S. Milford Road. Highland, MI 48357
- Summer special needs day camp

PARC Resource Guide

- Physical, occupational, speech, sensory, aquatic, music, massage, craniosacral therapies and more
- Ages birth to 18 years
- Website: www.kimpediatrics.com

SCAMP (Bloomfield Hills).....(248) 433-0885
(Clarkston).....(248) 623-8089
(Rochester).....(248) 656-8308

- Summer camp programs for children and young adults with special needs
- Programs include games, music, art, motor skill activities, field trips and special on-site visits by groups for educational and entertainment purposes

Adoptee Supports

Michigan Adoptee Collaborative

- Website: <https://www.miadopteecollab.org/>

Adoption Subsidy

Adoption Subsidy Office..... 1-800-589-6273

- Support and medical reimbursement programs for eligible children adopted from the Michigan child welfare system. Contact information includes access to all adoption subsidy office staff
- Location: Adoption Subsidy Office. Suite 412 PO Box 30037, Lansing, MI 48909
- Website: <http://www.michigan.gov/dhs>

Adoption Tax Credit

- IRS: <http://www.irs.gov/taxtopics/tc607.html>
- NACAC: <http://www.nacac.org/taxcredit/taxcredit.html>

Advocacy

Michigan Adoption Resource Exchange (MARE)..... (800) 589-6273

- Provides information for families after adoption including helpful links to educational resources.
- Location: 3840 Packard Rd, Ste. 170, Ann Arbor, MI 48108
- Website: <http://www.mare.org/>

Michigan Protection and Advocacy Service, Inc.1-800-288-5923

- Experience in the following areas: discrimination in education, employment, housing, and public places; abuse and neglect; Social Security benefits; Medicaid, Medicare and other insurance; housing; Vocational Rehabilitation; HIV/AIDS issues; and many other disability-related topics

PARC Resource Guide

- Website:
<http://www.mpas.org/WhoWeAre.asp?WhoWeAre.x=82&WhoWeAre.y=18>

The Easter Seals.....(248)475-6400

- Easter Seals provides exceptional services, education, outreach, and advocacy for people living with autism and other disabilities, Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals
- Location: Waterford, Auburn Hills, Flint, Grand Rapids, Southfield, Royal Oak and Center Line
- Website: <http://www.easterseals.com/connect-locally/affiliate-locations/michigan.html>

Michigan Special Education Mediation Program (MSEMP).....1-800-8RESOLVE

- MSEMP provides free conflict resolution services for parents/guardians of students who receive special education services, and the schools that serve them
- We provide trained, experienced, neutral mediators and facilitators for parents/guardians and schools who may have ineffective communication at IEPs, or who have identified disputes about special education services
- Website: msemp.cenmi.org

Children with Special Needs

Michigan Alliance for Families.....(800) 552-4821

- Provides assistance to all families that have a child with any type of disability.

Children's Special Health Care

- Website: http://www.michigan.gov/mdch/0,1607,7-132-2942_4911_35698---.00.html

Disability Network of Southwest Michigan.....(269) 985-0111

- We provide services to people who have a variety of disabilities, including physical, neurological, psychiatric, learning, cognitive, and sensory disabilities. Our philosophy has always been that people who live the disability experience are experts on disability issues, and that services we provide should be created with the direct input of those they will impact.
- Location: 517 E. Crosstown Parkway, Kalamazoo, MI 49001
- Website: <http://www.dnswm.org/home>

Counseling/ Mental Health

SED Waiver

- The SEDW enables Medicaid to fund necessary home and community-based services for children with serious emotional disturbance who meet the criteria for

admission to the state inpatient psychiatric hospital and are at risk of hospitalization without waiver services.

- Website: http://www.michigan.gov/mdch/0,4612,7-132-2941_4868_7145-168285--,00.html

Day Care Assistance

Child Development and Care Application

- Eligible for services if you are a family with low income, a member of a DHS protective services case participating in a treatment plan, a FIP/EFIP of Supplemental Security Income (SSI) recipient, or a FIP applicant doing a required work participation program activity
- You must have a child care need because of work, high school completion classes, approved education or training, or approved treatment activities for a health or social condition.
- The child care must be provided in Michigan by a licensed child care center, licensed group child care home, registered family child care home, or DHS enrolled unlicensed child care provider who has completed the Great Start to Quality Orientation and provides child care in the child's home or provides care in his/her own home and is related by blood, marriage or adoption as a grandparent, great-grandparent, aunt/great-aunt, uncle/great-uncle, or sibling and must **not** live in the same home as the child.
- FIP/EFIP, SSI recipients, and children's protective services families are eligible without an income determination.
- DHS child care rates are based on the type of provider you chose, the child's age, and the provider's training if the provider is an unlicensed child care provider. If you are eligible because you are a low-income family, DHS pays 70-100% of child care costs. The percentage depends on your gross monthly income and eligibility. You are responsible for any child care costs not paid by DHS.
- Website: www.michigan.gov/childcare

Day Care Provider Search

- Website: <http://greatstartforkids.org/connect>

Foster Care Resources

Foster Care Navigator Program.....1-855-MICKIDS

- The Foster Care Navigator Program is a support service program dedicated to prospective and current foster parents as well as agencies with the goal of recruiting, retaining and empowering great people to become super foster parents.

PARC Resource Guide

- Website: <http://www.fcnp.org/>

Michigan Youth Opportunities Initiative – Fact Sheet.....517-241-8904

- The program was created to improve outcomes for youths transitioning from foster care to adulthood. The program can assist with: Education, Employment, Housing, Physical and mental health, Permanency, Social and community engagement.
- Website: http://www.michigan.gov/documents/dhs/myoi-factsheet_311521_7.pdf

Youth in Transition – Fact Sheet

- Youth in Transition, (Michigan's name for Chafee) is a funding source available to cover expenses NOT covered by other government or community resources, or to augment or supplement services from other funding sources. A wide range of expenses can be covered for eligible youth.
- Website: <http://michigan.gov/fyit/0,1607,7-240-44524-161180--,00.html>

Health Care

MIChild.....1-800-432-4121

- MIChild is health insurance coverage for uninsured children ages 0-19. Doctor visits, immunizations, prescriptions, dental, vision, and hospital care are all covered.
- Website: <http://www.nwhealth.org/doiqualify.html>

Legal

Michigan Legal Aid

- Provides help with legal problems to low income residents of Michigan.
- Website: <http://www.michiganlegalaid.org/>

Mental Health and Counseling

Mental Health.....www.Nami.org

Substance Abuse and Mental Health Search.....www.samhsa.gov/

Therapist search..... <http://therapists.psychologytoday.com/rms/state/Michigan.html>

Mentoring

Foster Youth Alumni Services.....shorttsa@msu.edu

- Contact Person: Sarah Shortt Williams
- Mentoring Program:
 - The mentoring program is available to current or former foster care youth who have a desire to pursue post-secondary education at Michigan State University. The formal relationship between the mentor and mentee should last for no less than a year allowing time for an ongoing relationship to develop the mentee's personal and professional skills. Mentors and mentees form a relationship for a minimum of one year- averaging four hours of time commitment each month. The mentoring relationship consists of face-to-face meetings, in addition to telephone, e-mail, and other social media mediums.
- Other Information and Referral Services:
<http://www.finaid.msu.edu/fyas/AppMain.asp>

Mentor Michigan.....<http://www.michigan.gov/mentormichigan>

- Supports more than 250 mentoring organizations that match caring adults with young people in need of role models

Military-Based Programs

Michigan Youth Challenge Academy.....1-800-372-0523

- A voluntary, no-cost, quasi-military 22-week residential program geared toward Michigan's at-risk youth, ages 16-18, who have dropped out of school or are at risk of dropping out. Provides purpose and direction for the future of Michigan's youth through education and structure.
- Website: <http://www.ngycp.org/site/state/mi/node/2262>
- Location: 5500 Armstrong Rd, Bldg. 13. Battle Creek, MI 49037

School

Ally Learning.....(248) 303-2957

- Location: 24634 Five Mile Rd, Suite 36, Redford, MI 48239
- Empowering young mind through the power of knowledge
- Tutors, counselors, mentors for both student and parents

PARC Resource Guide

- The Ally Learning facility functions as a library, classroom, and resource center as it provides: free Wi-Fi, laptops, books, printing, & more
- Programs include one on one tutoring, homework help club and college prep courses

Early On.....(800) 327-5966

- A system of early intervention services for infants and toddlers, birth to three years of age, with developmental delays and/or disabilities and their families.

Head Start.....<http://michheadstart.org/locator>

- A uniquely organized and comprehensive early childhood program. Provides a preschool experience to children, including children with special needs, to creatively challenge and develop their competency skills. Goal is to help children build self-confidence needed to become lifelong learners.
- Children must be 3 or 4 years of age on or before December 1st of the beginning of the program year

The Fostering Futures Scholarship

- a new scholarship opportunity for youth who have experienced foster care in the State of Michigan. It is available for student awards beginning the current semester
- Student must have been in foster care on or after their 13th birthday
- There is no upper age limit.
- Student must be attending a Michigan public or private 4-year college/university or a community college.
- Funding can be used only for the following: Tuition, fees, room/board, books, and supplies/equipment required for enrollment.
- This funding can be used along with ETV.
- There is no maximum amount, but must be for a specific unmet need for the following: Tuition, fees, room/board, books, and supplies/equipment required for enrollment.
- Website: <http://www.michigan.gov/setwithmet/0,4666,7-237-61346-331411--.00.html>

Michigan Education and Training Voucher – Fact Sheet.....1 (877) 660-METV.

- The ETV program allows Michigan to provide up to \$4,000 per year to a student in an accredited programs such as: College /Trade School /University
- Website: <http://michigan.gov/fyit/0,1607,7-240-44289-160381--.00.html>
- Location: Lutheran Social Services of Michigan. 209 E. Washington Suite 284. Jackson, MI 49201

Support Groups

Adoptive Family Support Network(616) 458-7945

Updated 10/27/2021

PARC Resource Guide

- Adoptive Family Support Network offers support to adoptive families in western Michigan.
- Location: 233 Fulton St E #124, Grand Rapids, MI 49503
- Website: <https://dabsj.org/what-we-do/adoption/post-adoption-support/adoption-support-groups>

Nationwide Organizations

AdoptUSKids

- Website: <https://www.childwelfare.gov/adoption>

Attachment and Trauma Network, Inc.

- Website: <http://www.attachmenttraumanetwork.com/index.html>

Children and Adults with Attention Deficit/ Hyperactivity Disorder

- Website: chadd.org

National Foundation for Depressive Illness

- Phone Number: (800)248-4344

National Child Traumatic Stress Network

- Website: <http://www.nctsn.org/>

National Infertility and Adoption Education Organization

- Website: Creatingafamily.org

North American Council on Adoptable Children

- Website: <http://www.nacac.org/>

P.A.T.C.H.E.S

- P.A.T.C.H.E.S Family Foundation holds a database of families and individuals in various locations internationally who have experience of Reactive Attachment Disorder.
- Website: <http://www.patches-ff.org/#/connect-with-families/4572418588>

The Post Institute

- Reactive Attachment Disorder, Oppositional-Defiant Disorder, Post-Traumatic Stress Disorder, Bi-Polar, Depression, Attention Deficit Hyperactivity Disorder are all behaviors that bring parents to The Post Institute
- Website: <http://postinstitute.com/>

Books

Adopting the Older Child	Claudia L. Jewett
All About Adoption	Marc Nemiroff
Attachment-Focused Parenting	Daniel A. Hughes
Beyond Consequences, Logic, and Control (Vol. 1 and 2)	H. Forbes, B. Post
Building the Bonds of Attachment	Daniel A. Hughes
Bully Me?...NO MORE	Patricia Lee
Connection Parenting	Pam Leo
Dare to Love	Heather T. Forbes
Fostering Changes	Richard Delaney
Helping Children Cope With Separation and Loss	Claudia Jewett Jarrat
“How Does Your Engine Run?”	Mary Sue Williams/Sherry Shellenberger
Lifebooks: Creating a Treasure for the Adopted Child	Beth O’Malley
No-Drama Discipline	Daniel Siegel
Nurturing Adoptions	Deborah D. Gray
Peter’s Lullaby	Brenda Nieves
Playful Parenting	Lawrence J. Cohen
Seven Core Issues In Adoption and Permanency	Sharon Kaplan Roszia/Allison Davis Maxon
Telling the Truth to Your Adopted or Foster Child	B. Keefer, J. Schooler
The Boy Who Was Raised As A Dog	Bruce Perry
The C.A.T. Project	Philip Kendal/Muniya
The C.A.T. Project Manual for the Cognitive Behavioral	Choudhury/Jennifer
Treatment of Anxious Adolescents	Hudson/Alicia Webb -
The Coping C.A.T. Workbook – Second Edition	Temple University
The Connected Child	Karyn Purvis/David Cross/Wendy Lyons Sunshine
The Connected Parent	Karyn Purvis/Lisa Qualls with Emmelie Pickett
The Explosive Child	Ross W. Greene
The Five Love Languages	Gary Chapman
The Handbook for Help Kids With Anxiety and Stress	Kim “Tip” Frank
The Out of Sync Child	Carol Stock Kranowitz
The Sensory Connection Program – Activities for Mental Health Treatment	Karen M. Moore
The Whole-Brain Child	Daniel Siegel

The Zones of Regulation	Mary Sue Williams/Sherry Shellenberger
Treating Traumatic Stress in Children and Adolescents (2 nd Edition)	Margaret Blaustein/Kristine Kinniburgh
Twenty Things Adopted Kids Wish Their Adoptive Parents Knew	S. Eldridge

General Online Resources for Parents

Adoption Learning Partners	adoptionlearningpartners.org
Adoptive Families Magazine	adoptivefamily.com
Autism Alliance of Michigan	autismallianceofmichigan.org
Beyond Consequences Institute (Heather Forbes)	beyondconsequences.com
Child Trauma Academy (Bruce Perry)	childtrauma.org
EMK Press, Books and Resources	emkpress.com
Grandparents Raising Grandchildren	raisingyourgrandchildren.com
Great Start	greatstartforkids.org
Nutrition	adoptionnutrition.org
Post Institute (Bryan Post)	postinstitute.com
Tapestry Book Catalog	tapestrybooks.com
The Connected Child (Karyn Purvis)	empoweredtoconnect.org
The Project Bond	theprojectbond.com
Women's Law Initiative	womenslaw.org
Alcohol Effects, Addiction Treatment, and Resources	https://www.addictiongroup.org/rehab/

Online Articles

Montgomery Media

- Article about children looking for birth parents online
- Link: http://www.montgomerynews.com/articles/2013/05/09/parents_express/columns/doc518c1fd1d2668023649256.txt

Creating a Family

- Article on social media for adoptive families: Top Ten Adoptive Parenting Tips for Facebook and Internet
- Link: <http://www.creatingafamily.org/adoption-resources/top-ten-adoptive-parenting-tips-for-facebook-and-the-internet>